



Mindfulness and Internal Family Systems (IFS): Tools for Growth & Coping Skills for Life

Offered by David J. Burkhard, M.A.
LMFT, LCSW, LMHC and Certified IFS Therapist
David is a therapist in private practice in Indianapolis since 1989. He offers special events at The Green House Indy including workshops for adults and training for therapists.

When: Sat., March 3, 2018

Time: 10:30a.m. to 4p.m.
(lunch break: 12:30p.m.-1:30p.m.
lunch not provided)

Who: Adults only. Limited to 30
participants – couples/adults only

Where: The Green House Indy
447 E. 38th Street
Indianapolis, IN 46205

Cost: \$55.00 per person \$45.00 if
registered by Feb. 28

Register: Visit
www.burkhardcounseling.com or
fill out registration below and mail
with check to David J. Burkhard,
7110 S. East Street, Indpls, IN
46227

Questions: Email David at
djburkhard@sbcglobal.net

***Come learn new approaches to life's challenges that promote
calmness, curiosity, compassion, creativity, connection, confidence,
courage, clarity in an environment of safety and nonjudgment!***

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Name: _____

Email Address: _____

Phone Number: _____