



Become a VOLUNTEER MENTOR

Ordinary people like YOU can make an extraordinary difference!

Young people from care have faced difficult life challenges. If you live in East Anglia and can give just a few hours a fortnight, you could have a positive impact on their future.

What we're looking for:

- Our young people have told us a good sense of humour is top of their list!
- Enjoys nurturing potential.
- Calm, friendly and a good listener.
- Empathic and non-judgemental.

Sound familiar? You could change young lives!

See overleaf to get involved.

break

How does mentoring work?

Each of our mentoring relationships are unique. You could support a child in care, a young person leaving care, a young person with a disability - or a young parent. The contact you will have will vary depending on the young person's unique needs and story, but may include going out for lunch, walks, helping access local activities, or supporting them in finding employment or educational opportunities.

After you've applied, we will:

- Invite you for an interview.
- Provide you with training and support to develop your mentoring skills.
- Conduct reference and an enhanced criminal records check.
- Be there for your first sessions with the young person to get the relationship off to a good start.
- Continue to provide support, training and guidance throughout your mentoring journey.
- Invite you to social events with other mentors and cover expenses and mileage.



Register:
break-charity.org/mentor

Please get in touch if you have any questions:
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