



**Are you 16 – 30,
unemployed or not
in education?**

**Do you live in either
West Norfolk or
Breckland?**

**Do you want support
to help you get into
employment?**

Boost

BOOST offers one-to-one support, whether you need help finding a job, building confidence or developing new skills, we are here for you.

- Career advice and guidance
- Access to local support services
- Free employment support
- Training

If you would like to know more and to check to see if this is for you, please contact the friendly Boost team by emailing **boost@norfolk.gov.uk**



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