



# HEART MOUNTAIN FIGURE SKATING CLUB OCTOBER NEWSLETTER



## September highlights

In September, Michael Chack made his debut and won the hearts of the HMFSC skaters. We look forward to his return!

We had a Pizza and Bingo night at Cody Craft Brewing.

Beginner lessons with Coach Liz on Tuesdays have been a hit!

We launched the formation of our Young Ambassadors program.

## Coming up:

Yoga with Breathe and Balance: Now in person at the studio and on line!

Ballet with CCPA weekly. Details to be announced

Sunday October 19<sup>th</sup>: HMFSC Bowling in Cody.  
Meet at the Super Bowl at 2:00

Fall Highway cleanup day: TBA

## **Skater Spotlight: Evelynn Owens**

### **Favorite skating moment:**

Doing the worm on the ice to my showcase performance "Happy".

### **How did you start skating?**

I decided to try the free trial of LTS.

**Fun fact:** I love doing front flips on the trampoline, snorkeling, and riding my bike.



## **HMFSC Club ice and freestyles**



**As hockey season picks up, please check the Riley Arena schedule, as ice times may change week to week. We will post on Slack with updates as we get them from the rink.**

Members: We use Slack for communication, so check your app for updates!



Visit us on social media:



## **Register for Michael Chack October 25-26**

Clinic is open to Aspire through Senior/Gold



**Scan here for details and to register**

**5 hours of on ice and one hour of off ice per level**

**Day 1: Edges and Turns, Jumps and Spins**

**Day 2: Choreography, Body Movement, Musicality and Performance Quality**

Significant discounts available to Members and Associate Members. Visit our website to register for membership.



[www.heartmountainfsc.org](http://www.heartmountainfsc.org)