



# **HMFSK Club Ice Etiquette and Safety Protocol Policy**

At Heart Mountain Figure Skating Club (HMFSK), we are committed to maintaining a safe, respectful, and productive training environment for all skaters. This protocol outlines expectations for conduct on shared freestyle sessions, whether on club-sponsored ice or community freestyle sessions.

## **1. General Conduct and Safety**

- **Right of Way:** Skaters performing their program to music (with belt or vest marker if used) always have the right of way. All other skaters must yield.
- **Awareness:** All skaters are expected to skate with spatial awareness. This includes looking before skating across the ice, checking behind when entering the flow, and being attentive to other skaters' patterns.
- **Avoid Standing Still:** Standing in the middle of the ice is not permitted. Skaters should use the boards or leave the ice when not actively skating.
- **Yield to Less Experienced Skaters:** Advanced skaters must exercise extra care around younger or less experienced skaters, offering grace and space to encourage safety and learning.
- **No Horseplay or Social Blocking:** Excessive socializing, blocking areas of the ice, or creating hazards through group clustering is not allowed.

## **2. Music Use**

- **Headphones:** For safety reasons, skaters may only use one earbud during practice. Headphones or earbuds covering both ears are not permitted.
- **Program Music Priority:** A fair rotation system for program music must be followed. Music may not be played on repeat unless the ice is empty.

## **3. Ice Monitors and Enforcement**

- If an ice monitor is present (volunteer, coach, or board-approved supervisor), their instructions must be followed.
- The ice monitor is responsible for upholding safety, ensuring fair music rotation, and maintaining a positive training environment.



#### **4. Consequences**

Failure to follow this protocol may result in:

- A verbal warning;
- Temporary removal from the ice;
- Written incident report filed with the HMFSC Board;
- Possible restriction from future club sessions at the discretion of the Board.