

# SEPTEMBER 2025 NEWSLETTER

## Check out all our clinics, workshops and ice times!

Make sure to vist our new website heartmountainfsc.org for information on registration, club ice, and upcoming events, such as clinics, fundraising, office, and social events.

## HMFSC ice time for September

Tuesdays: 5:15-6:15 pm

Saturday Sept. 6<sup>th</sup>: 8:00am-9:30 Saturday Sept 20: 8:00am-10:00

## Beginner/basic lessons

Beginner lessons are offered on Tuesdays and Saturdays. Check the upcoming events on our website for detials.

What we did in August on the ice: **Introductory lessons for beginners on Tuesday** afternoon HMFSC ice

Tuesday 9/2: Getting in the Groove workshop Saturday skill-builder workshops for beginners through advanced.

Glide and Shine Saturday morning beginner series.



Be sure to follow us!

# was so much fun! Besides climbing the rock wall, we got to meet new potential skaters, and even welcome a few of them to the Riley for our Saturday lessons



**Social Life** 







### In September:

Yoga with Breathe and Balence: Mondays from

4:00-5:00

Off ice at the rink: Saturdays at 7:30 Skater Scrapbooking: Starting soon!

#### **UPCOMING CLINICS**

#### September 20-21

Michael Chack, Champion Series Pre-Preliminary through Gold Private lessons available for all levels Scan the QR code or click here to register



Inspirational Series for Aspire and up Details to be annouced. Check our website.for details





Favorite skating moment: Landing my Axel for the first time.

How I got started: A friend suggested I try it.

Fun fact: I love travelling, especially cruises! I'm saving money to go on the Icon of the Seas.



Heart Mountian Figure Skating Club's mission is to provide qualilty coaching, consistent clinics and outreach, and Complete Skater Development to the community.

For more information or to register for an event, visit <u>heartmountainfsc.org</u>