



HEART MOUNTAIN FIGURE SKATING CLUB NOVEMBER NEWSLETTER



October highlights

Bowling was a blast. We discovered some of our members were closet experts.

HMFSK completed our fall Highway cleanup and are excited to be a part of beautifying our community!



The Champion Series Clinic with Coach Michael Chack hosted both in and out of town skaters, from Aspire all the way to Gold.

HMFSK skaters are tough!

We are building comradery at the 6:30 am freestyles on Wednesdays. The more the merrier. Come out for an early morning skate and start the day right!



Skater Spotlight: Rain Liuska

How I got started:

I wanted to skate since I was a kid, but never had the financial means to do so. A new nurse, who I was training, happened to be an ice skating coach and she started teaching me basic moves.



Favorite skating move

Outside Spiral

Fun fact:

I always bring my good luck charm "Sparkles" (as pictured) to all of my competitions and skating skills tests.

Check the Riley Arena schedule for HMFSK Club ice and freestyles as they may change weekly!

Coach Michael Take 2!

Thank you Coach Michael! We had so much fun and learned so much in a short time. Aspire and Advanced skaters teamed up to create a program for our Winter Show.



Coming up:

Yoga with Breathe and Balance: Now in person at the studio and on line! Mondays at 4:00.

Read-a-loud and crafts: November 7th 2:00 Park Co Library

HMFSK Winter Show: December 27th at 5:30 at the Riley Arena. Refreshments will be served.

Fun Fact: Did you know the following elements were named after the people who invented them?

Lutz, Salchow, Biellmann, Fratianne, Charlotte, Axel



Diamonds On Ice Raffle

HMFSK is raffling a set of 2 ct. TW brilliant cut diamond earrings, valued at \$1,850. Visit our website for details including photos. Scan the QR code to purchase.



Winner announced December 27th at our Winter Show



www.heartmountainfsc.org