FEBRUARY 5, 2023 FIFTH SUNDAY IN ORDINARY TIME

Reflection from Fr. Bernard Doré

The common theme of all three readings today is our mission to the world as salt and light.

In our First Reading, the prophet Isaiah gives examples of how we are to allow the light of God to shine through us. "Share your bread with the hungry, sheltering the oppressed and the homeless; clothing the naked when you see them, and not turning your back on your own.

St. Paul, in the Second Reading, tells us that our proclamation of faith will carry the Spirit and His power when we rely on the power and wisdom of God.

Using two simple metaphors of salt and light in today's Gospel, Jesus outlines the role of Christians in this world. Salt lends flavor to food items and is used to season and preserve food. A light is something which is meant to be seen. A lamp or light is a guide to make clear the way. A light serves also as a warning (e.g., red traffic lights which tell us to halt when there is danger ahead. Finally, light, particularly the sun's, gives warmth and heat.

We need to be the salt of the earth: a). As the salt of the earth, the Christian must be an example of purity in speech, in conduct, and even in thought. b) As the salt of the earth, the Christian must have a certain antiseptic influence on life and society, c) As salt preserves foods, we have to preserve the religious faith, Christian cultural values and moral principles. As the salt of the earth, we also have to add flavor to the lives of desperate people through outreach programs, to give meaning to the lives of people and boosting their morale, to offer them occasions to help others, and finally to give hope where there is no hope.

We need to be the light of the world: The second role of Christians is to receive the light of Christ and radiate it to people all around us in the form of love, kindness, mercy, forgiveness and humble service.

Let us sincerely pray for the grace to be the salt of the earth and the light of the world.



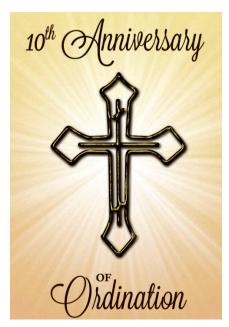
Rev. M. J. Bernard Doré, Pastor Deacon Fernando Botelho, Deacon Assistant 116A Danielson Pike • Foster, Rhode Island 02825 phone (401) 647-3664 Email: church@stpaulsfoster.org **StPaulsFoster.org**

OFFICE HOURS	9:00 AM – 2:00 PM (MON, WED, THU, FRI)
WEEKDAY MASSES	9:00 AM (MON, WED, FRI)
SATURDAY VIGIL MASS	5:00 PM
SUNDAY MASSES	8:00 AM 10:00 AM
HOLY DAY MASSES	9:00 AM 7:00 PM
CONFESSIONS	4:00-4:30 PM, SATURDAY OR BY APPOINTMENT

ST. PAUL'S UPCOMING SCHEDULE

Saturday	February 4
8:30 AM	Men's Bible Group
5:00 PM	Mass: Living & Deceased Parishioners
Sunday	February 5
8:00 AM	Mass: Jennifer Bianco (RIP)
9:15 AM	Rosary
10:00 AM	Mass: In Thanksgiving for Deacon Fernando 10 year Anniversary of Diaconate Ordination
Monday	February 6
8:35 AM	Rosary
9:00 AM	Mass: Intentions of the Dunn Family
Wednesday	February 8
8:35 AM	Rosary
9:00 AM	Mass: Living & Deceased Members of the Wodziak & Tarsa Families
Friday	February 10
8:35 AM	Rosary
9:00 AM	Mass: Souls in Purgatory
Ne	xt weekend's Mass Intentions
5:00 PM	Mass: Open for Your Intentions
8:00 AM	Mass: For the Intentions of Fr. Dore and Deacon Fernando
10:00 AM	Mass: Michael Troffi (RIP)

PLEASE CONSIDER COMMEMORATING A LOVED ONE AT THE EUCHARIST



Congratulations Deacon Fernando We invite you to join us downstairs after the 10AM Mass for refreshments.

Saturday Morning Coffee & Gospel

Join other men on Saturday mornings to share coffee and their take on that weekend's Sunday Gospel. Come earlier for silent prayer with the exposed Blessed Sacrament at 8:00 AM. Saturdays / 8:30 – 9:30 AM

Women's Bible Group

We're planning on starting a regular Bible reflection for women. If you're interested in learning more or taking part in this please let Deacon Fernando know or return the questionnaire from last weekend.

Upcoming Catechism Classes

Families— Sun. Feb 12 @ 9AM Confirmation—Sun. Feb 26 @ 9AM First Communion -Sun. Feb 26 @9AM

Second Collection—February 4/5 This weekend's second collection will be used to help with cost of **utilities.**

End of Year Statements

2022 End of Year Statements were mailed out last week. Please let us know if you haven't received one or if there's any discrepancies. Thank you!

GIFTS RECEIVED

Offertory Collection – Jan 28/29 \$2,498.00 Church in Latin America – Jan 28/29 \$ 374.00 Thank you for your support!

2023 Catholic Charity Appeal

Dear Parishioners,

Next weekend is our parish's Catholic Charity Appeal in-pew weekend.

Christian stewards recognize Christ as the giver of all our many gifts. We are grateful for these gifts and are eager to give back and return some of these gifts in appreciation to show our love for Christ and for one another.

This year the diocesan goal is \$7,000,000 and our 2023 Goal at St. Paul's is \$15,813.

As a parish family, we have an opportunity to make our pledge in support of those less fortunate. Won't you be a part of your larger family?

Thanking you and God Bless,

Rev. Bernard Doré

May 2023 Calendar Raffle

St. Paul's is once again having a Calendar Raffle FUNdraiser.

During the month of April we will be selling Calendar Raffle Tickets for \$10 each. There will be a drawing every day during the month of May. All winning tickets will go back into the pot for another chance to **WIN!** To make this fundraiser a success we are asking for \$25 gift card donations to help fill the calendar.

If anyone:

- has a gift card to a restaurant or store you are willing to donate,
- •knows a restaurant/company that would donate
- or if you are able to purchase one, that would be *appreciated*.
- Thank you for your support.



St. Paul's Lancaster Show Trip

We are planning a motorcoach bus trip to Lancaster to see the show "Moses" at Sight and Sound Millenium Theatre. The trip will be September 26—28, 2023. It is 3day/ 2 night for \$399 double occupancy. Flyers available in entrance with more info.

The Holy Eucharist Our All

Looking at the Sacred Host

Keeping the head bowed low during the Elevation at Mass is almost a universal custom. Many are scrupulously conscientious not to look at the Sacred Host or the Chalice., lest thereby they might fail in reverence toward God. This practice originates in a good will, but is nevertheless not praiseworthy. Some people are under the impression that it is wrong to gaze at our Eucharistic God. This custom is a remnant of the unhappy age of Jansenism.

Holy Church holds an entirely different view: **she desires that we devoutly look at the Blessed Sacrament**. Otherwise, what signification would there be in the precept of the Church which obliges priests to elevate the Sacred Host after the Consecration high enough to be seen by the Faithful?

How pleasing to God is the desire to gaze at Him, even though He is veiled by the Eucharistic species, can be judged from the revelations of **St. Gertrude**. This Saint received from Our Lord the assurance that for every look of love and devotion which we turn to the Sacred Host, we merit an increase of glory in Heaven.; and when once we behold God face to face, we shall participate in as many special joys as we shall have directed loving looks toward the Blessed Sacrament, or even shall have desired to when prevented. What a glorious promise!

An indulgence was granted by **St. Piux X** to all the faithful who gaze at the Sacred Host with faith, devotion and love, either at the Elevation of the Mass or when it is solemnly exposed in the monstrance, saying at the same time, "My Lord and my God!"

Is not this gazing upon the Eucharistic Saviour a magnificent profession of our faith in the Divinity of Christ, such as was made by the incredulous **Thomas**? When St. Thomas said, "My Lord and my God!" we may be sure he did not keep his eyes cast down , but looked with open and sincere gaze into the eyes of his Master.

How admirable it would be if the practice desired by St. Pius X were everywhere adopted, and if priests and teachers would train the young to observe it.

~ Fr. Lukas Etlin, O.S.B.