# GRADE 1

### AT-HOME EDITION

Multimedia for each lesson are accessed by scanning the QR code on the Children's Book page. If you don't have access to a QR code digital device, contact your child's catechist for assistance.

UNIT 4

# Sacraments, Our Way of Life

#### Unit Opener: Pages 128-129

- ▶ Invite your child to talk about how he or she feels when someone says yes to him or her. Then say: We have talked about how Mary said yes to God. Now we're going to learn about a saint who also said yes to God.
- ► Have your child look at the picture of Saint Thérèse on page 128 while you read aloud the unit title and first paragraph on page 129. Ask: What did Thérèse want to do for God? (everything) Say: We can always try to do our best in all we do. Thérèse wanted to show her love for God every day. Explain that even as a young child, everything Thérèse said and did was to please God.
- ► Read aloud the next two paragraphs and say: We can be little flowers of Jesus too. We can show how much we love God by doing little things.

  Ask: What little things can you do to please God? (Possible answers: love others, be my best self, be a good friend) Say: As Thérèse showed us, even the littlest things we do can honor God when we do them with love.
- Read aloud the Be Inspired feature. Ask your child how Saint Thérèse did good on earth.
- ► With your child, add Thérèse's feast day, October 1, to your calendar. Plan events together to honor the ways of Saint Thérèse of the Child Jesus.



## AT-HOME EDITION

UNIT 4 SESSION 1

#### **Unit Opener: Page 130**

- Ask your child to name things he or she did today and write the actions on a sheet of paper. Say: We do many little things each day. Ask: How might we make these simple actions show our love for God? (do them with love and gratitude, try our best, share our joy)
- ► Tell your child that Saint Thérèse always tried to show her love for Jesus. Say: Thérèse offered Jesus simple prayers. Even her everyday actions became prayers because she loved Jesus so much.
- Read aloud the title and two paragraphs. Tell your child that Saint Thérèse shows us one way to love God. Say: Thérèse said yes to God through all the little things she did each day. We can show God love with our everyday actions too.
- ► Read aloud the activity title and directions and help your child complete the activity.
- ➤ Say: We praise God through our words and actions. Read aloud the psalm in the Reading God's Word feature. Then have your child pray it together with you. Close by praying together the Sign of the Cross and Amen.

