

Multimedia for each lesson are accessed by scanning the QR code on the Children's Book page. If you don't have access to a QR code digital device, contact your child's catechist for assistance.

# Sacraments, Our Way of Life

## Unit Opener: Pages 128–130

- ▶ Say: ***In this unit, we are going to learn more about how Jesus enters our lives through his presence in the sacraments.*** Draw your child's attention to the picture on page 128. Point out how young Saint Bernadette looks. Say: ***We can have encounters with God in many ways, including through the sacraments. In Saint Bernadette's case, she received a vision that changed her life forever.***
- ▶ Invite your child to read silently the paragraphs on page 129 and to underline two interesting facts. When your child is finished, invite him or her to share what he or she underlined. Ask: ***What do you admire most about Bernadette?*** (Answers will vary.) Emphasize that Bernadette demonstrated great faith and courage by never wavering about her visions of Mary. Point out that today Lourdes is a famous pilgrimage site and a place for healing. Then say: ***We remember Saint Bernadette as a humble person who exemplified what it means to follow Jesus.***
- ▶ Invite your child to read aloud the Be Inspired feature. Discuss what Bernadette meant by praying that Jesus would be her "everything."
- ▶ Ask your child to think about a time when he or she encountered someone who made fun of another person for that person's beliefs. Ask: ***How did you respond? Why?*** (Accept reasonable responses.) Invite your child to read aloud Patience and Understanding on page 130. Say: ***People may doubt the beliefs of others for many different reasons. If we react angrily or impatiently to this doubt and opposition, our behavior can communicate just as clearly as the words we say. When we share our faith with others, we must remember to be patient and kind.***
- ▶ Read aloud the activity directions. Give your child time to think about the life of Saint Bernadette, then invite him or her to complete the activity. Discuss his or her response.
- ▶ Invite your child to read aloud the Reading God's Word feature. Say: ***Just like Bernadette, we are called to share what we believe with others—with gentleness, patience, and love.***