

Multimedia for each lesson are accessed by scanning the QR code on the Children's Book page. If you don't have access to a QR code digital device, contact your child's catechist for assistance.

# Sacraments, Our Way of Life

## Unit Opener: Pages 128–130

- ▶ Say: *Think about things you do well.* Ask: *What is one of your strengths?* Share your own strengths with your child. Say: *Our strengths are gifts from God.* Invite your child to turn to page 128. Read aloud the unit title. Say: *In this unit, we'll learn about people whose strength was following God and leading others to do the same. We will also learn how we encounter Jesus today through the sacraments.*
- ▶ Discuss the image of Saint Ignatius. Ask: *How is Saint Ignatius portrayed?* (humble, repentant) Say: *Saint Ignatius lived 500 years ago, but he still has followers today—about 20,000, and they work in 112 countries. They are called Jesuits.*
- ▶ Ask your child read aloud the paragraph on page 129. Ask: *What first inspired Ignatius to follow God's call?* (He read about the lives of Jesus and the saints.) Say: *Saint Ignatius's dedication to service to others made a difference to people in need. We will read about several Old Testament leaders—prophets—who also made a difference. They encouraged people when life was difficult and reminded them to follow God's laws.*
- ▶ Read aloud the Be Inspired feature. Ask: *To whom is this litany directed.* (the Holy Trinity)
- ▶ With your child, add Ignatius's feast day, July 31, to your calendar. Plan an event together to celebrate the work of Saint Ignatius of Loyola.
- ▶ Ask your child to think about when they most feel God's love. Ask: *What do you do to connect with God?* Discuss his or her response. Offer examples of your own. *How does this help you when you face challenges?* (Discuss how God's grace and love give us fortitude.)
- ▶ Have your child read aloud Focusing on the Eucharist on page 130. Say: *Saint Ignatius centered his spiritual life on prayer and reflection. His devotion to prayer gave him the grace to glorify God in all that he did.*

- ▶ Read aloud the introduction and directions for Litany of Service. Invite your child to take a few moments to think of people in need in their parish and ways they can serve those people. Then have them complete the activity. Point out that each line should contain one item.
- ▶ Ask your child to read aloud the Reading God's Word feature. Say: *Praying the psalms is a good way to focus on God and keep him first in our lives.*