

JULY 5, 2020
**FOURTEENTH SUNDAY
 IN ORDINARY TIME**

Reflection from Fr. Bernard Doré

The Gospel gives the message in a more powerful way:
 "Take my yoke . . . and you will find rest."

In the first reading, the prophet Zechariah consoles the Jews living in Palestine under Greek rule, promising them a "meek" Messianic King of peace riding on a donkey, who will give them rest and liberty. The responsorial psalm praises and thanks a kind and compassionate God who "raises up those who are bowed down" under heavy yokes.

In the second reading, Paul tells the first-century Roman Christian community about two yokes, namely, the "flesh" and the "Spirit," and challenges them to reject the heavy and fatal yoke of the flesh and accept the light yoke of the Spirit of Jesus. Christian spirituality, according to Paul, proceeds from the initiative of the Holy Spirit and means living in the realm of the "Spirit" as opposed to the "flesh."

In the Gospel, Jesus offers rest to those "who labor and are burdened" if they will accept his "easy yoke and light burden." By declaring that his "yoke is light," Jesus means that whatever God sends us is made to fit our needs and our abilities exactly. The second part of Jesus' claim is: "My burden is light." Jesus does not mean that the burden is easy to carry, but that it is laid on us in love and is meant to be carried in love, and that love makes even the heaviest burden light.

We need to unload our burdens on the Lord. This is the main purpose of our personal and family prayers and one of the functions of Divine Worship in the Church.

We need to be freed from unnecessary burdens: Jesus lays the light burden of his commandment of love on us and yokes us with himself, giving us his strength through the Holy Spirit. Jesus is also interested in lifting off our backs the burdens that suck the life out of us, so that he can place around our necks his own yoke that brings to us and to others through us, new life, new energy, and new joy.

We are called, not only to find peace, refreshment and rest for ourselves, but also to live the kind of life through which others, too, may find God's peace, God's refreshing grace, and the joy of placing their lives in God's hands. .

**I will praise your name for
 ever, my king and my God**
 Psalm 145



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OFFICE HOURS	9:00 AM – 2:00 PM (MON, WED, THU, FRI)
WEEKDAY MASSES	9:00 AM (MON, WED, FRI)
SATURDAY VIGIL MASS	5:00 PM
SUNDAY MASSES	8:00 AM 10:00 AM

ST. PAUL'S UPCOMING SCHEDULE

Saturday	July 4
5:00 PM	Mass:
Sunday	July 5
8:00 AM	Mass: Kenneth C. Baris, Sr. (RIP)
9:30 AM	Rosary
10:00 AM	Mass: Rita Palombo (RIP)
Monday	July 6
8:35 AM	Rosary
9:00 AM	Mass: Intentions of the Dunn Family
Wednesday	July 8
8:35 AM	Rosary
9:00 AM	Mass: Wodziak & Tarsa Families
Friday	July 10
8:35 AM	Rosary
9:00 AM	Mass: Souls in Purgatory

NEXT WEEKEND'S MASS INTENTIONS

5:00 PM	Open for your Intentions
8:00 AM	Open for your Intentions
10:00 AM	Open for your Intentions

PLEASE CONSIDER COMMEMORATING
 A LOVED ONE AT THE EUCHARIST

The Christmas Bazaar Raffle

The Christmas Bazaar Committee will be discussing options for the Annual Bazaar in December. Ultimately no matter what is decided, we would like to have the Main Raffle. Prizes will be listed soon. Thus, as in years past, we are asking for 40 parishioners who are willing to donate \$25. If you would be able to donate please contact the office or sign up on the bulletin board. Thank you for your support!

July Birthdays

Happy Birthday to all parishioners who will Celebrate a birthday in the month of July. May your Birthday be touched with His presence, and your heart be filled with His love and joy!

Help with Altar Flowers & Garden

We are in need of a few people to help with altar flowers, not only for the special occasions but during ordinary time as well. A small commitment once/twice a month would be helpful. We are also looking for help weeding around the prayer garden and along the walkways. An hour or two a week would be all that is needed. Thank you!

Second Collection- July 4/5

This weekend's second collection will be used to help with the **cost of air conditioning**.

Commitment to Sunday Offertory

To help the parish to meet its financial obligations through the summer months, and to give us a strong start to the new fiscal year, we ask that you remain committed to the weekly offertory through the summer.

Please consider using the parish envelopes and mailing your weekly/monthly offertory contribution while you are away, before or after your vacation. Or consider the convenient option of setting up an automatic contribution online. Details below:

Support St. Paul's

Set up a reoccurring donation (or make a gift at anytime) using our secure, online giving tool by ParishSOFT.

Visit our website at stpaulsfoster.org, and click the "Donate Now" button.

Thank you!

Justice, Peace & Mutual Respect

A Message from Bishop Tobin

Dear brothers and sisters, as our nation celebrates its Independence Day we do well to rejoice in and thank God for all the blessings of freedom, justice, peace and prosperity he has bestowed upon us. Indeed, our country is "America the Beautiful." But it will be even more beautiful when "God mends our every flaw," and the American dream becomes a reality for all of our brothers and sisters.

In recent weeks we have been reminded, very powerfully, that the promise of a nation of peace and justice has not yet been perfectly realized, particularly for African Americans and other minorities. Members of the Black community, even now, often experience unjust discrimination, exclusion and unwarranted violence. For them, the American dream is a work in progress; it remains a "task for today and a promise for tomorrow." Mindful of that reality, I wish to invite all members of the Catholic Church in the Diocese of Providence to spend some time [this weekend] in personal and communal reflection and prayer for the promotion of justice and peace and mutual respect for all the people of our nation.

This moment can be an occasion for an honest examination of conscience: What is my attitude about people of other races or ethnic groups? Am I committed to racial justice and equal opportunity for all? Have I failed, in my thoughts, words or deeds, to live these virtues? Do I have any blind spots in this regard? How can I do better in the future?

Let us pray for God's guidance.

— Bishop Thomas Tobin.

Let's Stay Connected

We've been emailing a weekly parish update to help us stay informed and to share resources. Please add your name and email to the list via our website:

www.stpaulsfoster.org

Your information is never shared with anyone else and is only used to communicate with you about the parish.

Reopening Guidelines

We have reopened the church for public worship based on guidelines from the Diocese, developed in collaboration with public health officials. For details, visit stpaulsfoster.org.

Stay home if need be

The elderly and those with weakened health conditions are encouraged to stay home. If you are ill or are just not feeling well, you must stay home.

Livestreamed Mass

The 10:00 AM Sunday Mass will be livestreamed on Facebook at facebook.com/foster.catholic

Limited inside seating

Seating at each Mass will be limited to 66% of our fire code capacity.

Listen from your car

We will broadcast the Mass on 107.90 FM on car radios. Those who participate from the outside will be brought Communion if they choose to receive.

Wear a face mask

A face mask helps limit the potential spread of infection and provides fellow parishioners with a sign of assurance, we care for each other.

Maintain social distance

Keep a distance at least 6-feet from one another unless you are with members of your household.

Holy Communion

Father and Deacon will sanitize their hands before distributing Holy Communion.

Ushers will guide the procession lines to and from the two Communion stations at the side aisles.

Coming forward with your face mask on, when presented with the Body of Christ, respond "Amen."

Remove your face mask; receive and consume the Host; and replace your face mask.

You may choose to not receive Holy Communion and make an act of spiritual communion instead.

GIFTS RECEIVED

Offertory Collection - June 27/28
\$2,950.00

Thank you for your support!