

 Bible Study Lesson: Strengthened in Love, Filled with God's Fullness – 12/24/2025

 Focus Scripture (NIV – Ephesians 3:14–21)

14 For this reason I kneel before the Father,
15 from whom every family in heaven and on earth derives its name.
16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being,
17 so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love,
18 may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ,
19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.
20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us,
21 to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

 Lesson Objectives

- Understand Paul's prayer for believers to be strengthened by the Spirit.
- Explore the depth of Christ's love and its transforming power.
- Recognize what it means to be filled with the fullness of God.
- Connect this prayer to the Spirit's role in Romans 8:12–17, 26–27.

 Verse Breakdown and Insights

- Verses 14–15: Paul kneels before the Father, source of all families—our identity flows from Him.
- Verse 16: Strength comes from God's glorious riches, through the Spirit, in our inner being.
- Verse 17: Christ dwells in our hearts by faith; love is the foundation of our spiritual life.
- Verses 18–19: The love of Christ is immeasurable—beyond knowledge—yet we are invited to experience it.

- Verse 20: God's power exceeds our imagination; He works within us to accomplish His purposes.
- Verse 21: Glory belongs to God forever, through Christ and His church.

Discussion Questions

1. Why does Paul emphasize kneeling before the Father in prayer?
2. What does it mean to be strengthened “in your inner being” by the Spirit?
3. How can we practically root and establish our lives in love?
4. What does it mean to grasp the dimensions of Christ’s love?
5. How does verse 20 encourage us when we face challenges or limitations?

Memory Verse

Ephesians 3:20 (NIV): **20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us,**

Why This Lesson Prepares Us for Romans 8:12–17, 26–27

- Romans 8:12–17 teaches that we are children of God, led by the Spirit, crying “Abba, Father.”
- Romans 8:26–27 shows the Spirit interceding for us when we don’t know how to pray.
- Ephesians 3:14–21 complements these truths: Paul kneels before the Father, prays for Spirit-strength, and highlights Christ’s indwelling love.
- Together, these passages prepare us to see the Spirit’s role in empowering, guiding, and interceding, while grounding us in God’s immeasurable love.

Closing Prayer

Heavenly Father, we thank You for the riches of Your glory and the strength You give through Your Spirit. Root us in Your love, help us to grasp its immeasurable depth, and fill us with Your fullness. Remind us that You are able to do more than we can ask or imagine. As we prepare for the lesson in Romans, teach us to live as Your children, led by Your Spirit, and confident in Your love. In Jesus’ name, Amen.

Fill-in-the-Blank Worksheet (Participant Version)

Bible Study Worksheet: Ephesians 3:14–21 (NIV)

Focus Scripture

“For this reason I _____ before the Father, from whom every _____ in heaven and on earth derives its name.” (vv.14–15)

Lesson Objectives

1. Understand Paul’s prayer for believers to be _____ by the Spirit.
2. Explore the depth of Christ’s _____ and its transforming power.
3. Recognize what it means to be filled with the _____ of God.

Verse Breakdown

- Verse 16: Strength comes from God’s _____ riches, through the Spirit, in our _____ being.
- Verse 17: Christ dwells in our _____ by faith; love is the _____ of our spiritual life.
- Verses 18–19: The love of Christ is _____—beyond _____—yet we are invited to experience it.
- Verse 20: God’s power exceeds our _____; He works within us to accomplish His _____.
- Verse 21: Glory belongs to God _____, through Christ and His _____.

Discussion Questions

1. Why does Paul emphasize _____ before the Father in prayer?
2. What does it mean to be strengthened “in your _____ being” by the Spirit?
3. How can we practically root and establish our lives in _____?

Memory Verse

Fill in the blanks:

“Now to him who is able to do _____ more than all we ask or _____, according to his _____ that is at work within us.” (Eph. 3:20)

Connection to Romans 8

- Romans 8:12–17: We are _____ of God, led by the Spirit, crying “Abba, _____.”
- Romans 8:26–27: The Spirit _____ for us when we don’t know how to pray.
- Ephesians 3:14–21: Paul prays for Spirit-_____ and highlights Christ’s immeasurable _____.