

Bible Study Lesson: Rooted in Christ, Growing in Faith – 01/22/2026

Focus Scripture (NIV – Colossians 2:1–7)

2 I want you to know how hard I am contending for you and for those at Laodicea, and for all who have not met me personally. ²My goal is that they may be encouraged in heart and united in love, so that they may have the full riches of complete understanding, in order that they may know the mystery of God, namely, Christ, ³in whom are hidden all the treasures of wisdom and knowledge. ⁴I tell you this so that no one may deceive you by fine-sounding arguments. ⁵For though I am absent from you in body, I am present with you in spirit and delight to see how disciplined you are and how firm your faith in Christ is.

Spiritual Fullness in Christ

⁶So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

Lesson Objectives

- Understand Paul's desire for believers to be encouraged, united, and rooted in Christ.
- Recognize Christ as the source of wisdom and knowledge.
- Learn the importance of guarding against deception and false teaching.
- Reflect on what it means to live a life rooted, built up, and overflowing with thankfulness.
- Prepare hearts for Sunday School lessons on discipleship, confession of Christ, love for Him, and growth in grace.

Verse Breakdown and Insights

- Verses 1–2: Paul's pastoral heart—he contends for believers to be encouraged and united in love.
- Verse 3: Christ is the treasure chest of wisdom and knowledge; true understanding is found in Him.
- Verse 4: Warning against deception—faith must be grounded in truth, not persuasive words.


- Verse 5: Paul rejoices in their discipline and firm faith, showing that steadfastness brings joy to leaders and to God.
- Verses 6–7: The Christian life is a journey—receiving Christ is the beginning, but we must continue rooted, built up, strengthened, and thankful.

Discussion Questions

1. What does it mean to be “encouraged in heart and united in love”?
2. How does knowing Christ as the source of wisdom and knowledge shape our daily decisions?
3. What are some modern “fine-sounding arguments” that can deceive believers today?
4. How can we practically live “rooted and built up in Christ”?
5. Why is thankfulness an essential part of spiritual growth?

Memory Verse

Colossians 2:6–7 (NIV): ⁶So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

 Why This Lesson Prepares Us for Matthew 4:18–20, 16:16–18, John 21:15–18, and 2 Peter 3:14–15, 18

- Matthew 4:18–20: The disciples immediately followed Jesus—living “rooted in Him” begins with obedience to His call.
- Matthew 16:16–18: Peter’s confession shows the foundation of faith in Christ, echoing Paul’s call to be “firm in faith.”
- John 21:15–18: Jesus restores Peter and commissions him to feed His sheep—growth in Christ leads to service.
- 2 Peter 3:14–15, 18: Believers are urged to be spotless, at peace, and to grow in grace and knowledge—directly connected to Colossians 2:7’s call to be strengthened and thankful.
- Together, these passages highlight discipleship, confession, restoration, and growth—all rooted in Christ.

Closing Prayer

Heavenly Father, thank You for calling us to be rooted and built up in Christ. Strengthen our faith, guard us against deception, and help us to overflow with thankfulness. As we prepare for lessons on discipleship and growth, remind us that all wisdom and knowledge are found in Jesus. May our lives reflect His love and truth. In His name we pray, Amen.

Fill-in-the-Blank Worksheet (Participant Version)

Bible Study Worksheet: Colossians 2:1–7 (NIV)

Focus Scripture

“My goal is that they may be _____ in heart and _____ in love...” (v.2)

“...in whom are hidden all the _____ of _____ and _____.” (v.3)

Lesson Objectives

1. Understand Paul’s desire for believers to be _____ and _____ in Christ.
2. Recognize Christ as the source of _____ and _____.
3. Learn the importance of guarding against _____.
4. Reflect on what it means to live _____ and built up in Christ.

Verse Breakdown

- Verses 1–2: Paul contends for believers to be _____ and _____ in love.
- Verse 3: Christ is the treasure chest of _____ and _____.
- Verse 4: Warning against _____.
- Verse 5: Paul rejoices in their _____ and firm faith.
- Verses 6–7: Continue to live in Christ—rooted, built up, _____ in faith, and _____ with thankfulness.

Discussion Questions

1. What does it mean to be “encouraged in _____ and united in _____”?

2. How does knowing Christ as the source of _____ shape our daily decisions?
3. What are some modern “fine-sounding _____” that can deceive believers today?

Memory Verse

Fill in the blanks:

“So then, just as you received _____ as Lord, continue to live your lives in him, _____ and built up in him, _____ in the faith as you were taught, and _____ with thankfulness.” (Colossians 2:6–7)

Connection to Matthew, John, and 2 Peter

- Matthew 4:18–20: The disciples immediately _____ Jesus.
- Matthew 16:16–18: Peter’s _____ shows the foundation of faith.
- John 21:15–18: Jesus restores Peter and commissions him to _____ His sheep.
- 2 Peter 3: Believers are urged to grow in _____ and _____.