🔭 Bible Study Lesson: "Rooted in Trust"

Scripture: Jeremiah 17:5–10 (NIV)

Theme: Where we place our trust determines whether we wither or thrive.

Key Passage (NIV) - Jeremiah 17:5-10

- "Cursed is the one who trusts in man, who draws strength from mere flesh and whose heart turns away from the Lord. ⁶That person will be like a bush in the wastelands;
- they will not see prosperity when it comes.

 They will dwell in the parched places of the desert, in a salt land where no one lives.
- ⁷ "But blessed is the one who trusts in the Lord, whose confidence is in him.
- 8 They will be like a tree planted by the water that sends out its roots by the stream.

It does not fear when heat comes; its leaves are always green.

It has no worries in a year of drought and never fails to bear fruit."

The heart is deceitful above all things and beyond cure.
Who can understand it?

10 "I the Lord search the heart and examine the mind, to reward each person according to their conduct, according to what their deeds deserve."

6 Lesson Objectives

By the end of this study, participants will:

- Understand the spiritual consequences of misplaced trust.
- Reflect on the imagery of the tree and the desert.

⁵This is what the Lord says:

- Examine the condition of their own hearts in light of God's Word.
- Verse Breakdown & Insights
- v.5 Trusting in human strength leads to spiritual dryness and separation from God.
- v.6 The person who trusts in man is like a bush in the wastelands—isolated, unfruitful, and blind to blessing.
- v.7–8 Trusting in the Lord brings stability, fruitfulness, and resilience—even in heat and drought.
- v.9 The heart is deceitful and beyond human understanding—our emotions and instincts can mislead us.
- v.10 God alone searches the heart and mind, rewarding each person according to their true motives and actions.
- Discussion Questions
- 1. What does it mean to "trust in man" versus "trust in the Lord" in your daily life?
- 2. How does the imagery of the tree and the bush help you understand spiritual health?
- 3. What are some signs that your trust may be misplaced?
- 4. Why is it important to let God examine your heart?
- 5. How can you deepen your spiritual "roots" in God?

X Life Application

- Personal Reflection: Write down one area of life where you've been tempted to rely on human strength. Then write a prayer asking God to help you trust Him instead.
- Group Activity: Create two posters—one showing the "bush in the wastelands" and one showing the "tree by the water." Invite participants to add sticky notes with examples of misplaced trust and God-centered trust.
- Outreach Idea: Host a "Rooted in Hope" workshop for youth or new believers, using Jeremiah 17:7–8 as the theme.
- Memory Verse "But blessed is the one who trusts in the Lord, whose confidence is in him." Jeremiah 17:7 (NIV)

🙏 Closing Prayer: "Rooted in You, Lord"

Gracious and faithful God,

We thank You for Your Word today—a reminder that our trust belongs in You alone.

Forgive us for the times we've leaned on our own strength or placed our confidence in things that cannot sustain us.

Help us to be like the tree planted by the water, rooted deeply in Your truth, nourished by Your Spirit, and unwavering in every season.

Search our hearts, Lord.

Reveal what is hidden, heal what is broken, and guide us in paths of righteousness.

May our lives bear fruit that blesses others, even in times of drought or difficulty.

Let our confidence be in Your promises, our hope anchored in Your presence, and our hearts fully surrendered to Your will.

We leave this study renewed, rooted, and ready to trust You more.

In Jesus' name we pray,

Amen.