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Kimberly Giles is the President of Claritypoint Coaching and 12 Shapes Inc. She is an international human behavior expert. Her groundbreaking personal development programs, articles, books and podcasts have already reached over 5 million people around the world. She is a Master Coach who trains and certifies coaches and therapists in her amazing coaching process. She appears regularly on local and national TV and radio, and ABC's Good Morning America named her one of the top 20 advice gurus in the country in 2010. She has had over 550 articles published in newspapers and magazines and has written a weekly syndicated advice column for 11 years. She is also the author of 3 books on human behavior and fearlessness, Choosing Clarity, The People Guidebook for Great Relationships and The Forgiveness Practice Journal.