

# Treatment fact sheets

NATURAL BREAST ENHANCEMENT.



Experts in non-surgical cosmetic treatments

## Nutrition and treatments for the way you look and feel

### LUSCIOUS fuller lips



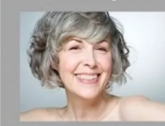
ADVANCED NON-SURGICAL COSMETIC TREATMENTS 21

### FULLER & FIRMER natural nutrition for your bust



ADVANCED NON-SURGICAL COSMETIC TREATMENTS 21

### HOT FLUSH cool down Natural nutrition to relieve the symptoms of the menopause



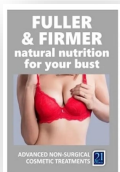
ADVANCED NON-SURGICAL COSMETIC TREATMENTS 21

### HAIR restoration



ADVANCED NON-SURGICAL COSMETIC TREATMENTS 21

This fact sheet explains how you can improve your bust with the latest alternative non-surgical and non-invasive way to enhance your bust. A problems that was typically only resolved by surgery or other risky procedures.



## 1. NATURAL BREAST ENHANCEMENT.

The risk and cost of breast implants has been a worry but with all the recent reports about bust implant illness it is clear implants cause problems there are seriously concerning for your health. Now It is time to find a safer solution.

## NATURAL PUSH UP—THE NATURAL WAY YO ENHANCE YOUR BUST.

Well known across Europe for the over 25 years, Natural Push up are safe, all natural food tablets. The are not only good for your bust but also general health. The healthy foods in these tablets are carefully selected vegetables. They have been proven to increase the size of a smaller bust or where the bust has reduced and sagged after pregnancy or with age, they can restore the bust to its fuller firmer shape

It's benefits have been widely reported by the press and since NPU was first introduced in the UK in 1998. Until now only sold by mail order, they are now available from 21 Clinics where your 21 therapist will provide a free consultation to assess your personal needs, explain how NPU will help you and if appropriate suggest additional 21 treatments to lift and improve the shape and look of your bust.



For more information about Natural Push Up™, please read the answers to the most commonly asked questions about Natural Push Up on the next two pages and watch women discuss the benefits at <https://www.youtube.com/watch?v=ft4jkaiWACY>

# What to expect...

## CONSULTATION

Your initial consultation is free of any charge. It is strictly confidential . The objective is to determine the problem you wish to resolve and to advise the possible course of treatment s to meet your needs and your budget.

## TREATMENT

You may only require nutritional supplements and or skin care products. You may also require the advanced treatments offered by 21 Clinic will assist in resolving your problem.

## RESULTS

21 nutrition progressively prove their benefits for you over a period of 3 to 8 weeks depending on how quickly your body responds. Many 21 Treatments produce immediately visible results and so help prove just how well your body responds.

## COST

21 Clinic Nutrition products are very affordable and provide essential nutritional supplements that we all need.

## APPOINTMENT BOOKING AND CANCELLATIONS

Should you have to cancel any appointment please give 48 hours notice. If you do not without good reason, we reserve the right to charge you for a missed appointment.

## ADVICE AND EVERYDAY SUPPORT

Your 21 Clinic therapist will keep in contact and will continue to provide advice to help you to improve your diet and lifestyle and achieving and maintaining your results.

# Fuller, firmer, healthier breasts the natural way...

WORRIED ABOUT BREAST IMPLANT SICKNESS?

## There is a better way to improve your bust

Take charge of your health and talk to us now about your options



IF YOU'RE CONCERNED ABOUT  
BREAST IMPLANTS - SPEAK TO US

visit [www.21clinic.co.uk](http://www.21clinic.co.uk)



An all natural food supplement that can restore or increase the bust without risking implants.

Healthy nutrition, nature's way to improve the way you look and feel.



## What can Natural Push Up do for my bust?

NPU food tablets provides foods that can either help increase a small bust or refill lift a larger bust that sags or has shrunk.

A small bust can typically increase by one or two cup sizes. A larger bust that has deflated is not likely to grow any larger. It will refill and recover its fullness, firmness and restore shape.

## Will NPU help me?

You will know something is occurring within 4 to 8 weeks and then it will progressively continue to improve in the following months.

However, not if you have any physiological problem preventing normal bust development.

Provided your bust increased a little during puberty or during a pregnancy then there should be no problem and NPU will help you. This should be discussed during your consultation in person or by phone before purchasing.

## Just how much can NPU help my bust?

This depends on your physiology and the cause.

A small bust can increase by at least a cup size or two.

A large bust that has lost volume can lift, fill and firm without growing any more than you would like, unless you want it to.

## How does NPU improve the bust naturally?

The female breast develops as the milk glands develop. Oestrogen does this. Sometimes the body produces too little oestrogen. Nature provides support. There are vegetables with the nutrients that mimic the activity of oestrogen – this is the phytoestrogen named 8-PN.

We rarely eat the vegetables that contain the phytoestrogen 8-PN as they are hard to find these days and so it is rarely eaten in the quantity needed.

The hop plant provides the richest source of the phytoestrogen 8-PN.

Hops are a very safe vegetable, they are still eaten as a vegetable in some countries and they are used to give the bitter flavour for all beers.

## Isn't just easier to have bust implants?

Yes, easier but often painful and very expensive. The risks of infections make any surgical procedure a worry and now that the risk of breast implant illness is proven, a safe natural way is the best solution. (search "breast implant illness" for more details)

Extracts from customer letters

*"Thank you for NPU. I have been taking the tablets for 4 months now, but only after 4 weeks I started to realise that my breasts were getting firmer and fuller, better shape. I am a dancer and it's very important that my bust looks good. The difference is really amazing!"*

*"My bust has lifted and so has my confidence! NPU is not only good for my breasts, my hair is thicker and shinier and my nails grow faster and stronger. It has also improved my irregular menstrual cycle and it seems to have helped my PMS moodiness and relieved period pains."*

*"When in week 4 I began to notice my bust was firmer and looked more pert. Imagine how I felt when the tape measured me and I have not put on any weight - my waist line has remained the same."*

My bust is improving and at the time of this e-mail, I have gained a total of 2 1/2 inches on my bust. Thanks for the results! I have gone from AA cup to B cup and spilling over! It is fantastic".

Watch women discuss the benefits they found with NPU on YouTube  
<https://youtu.be/ft4jkaiWACY>

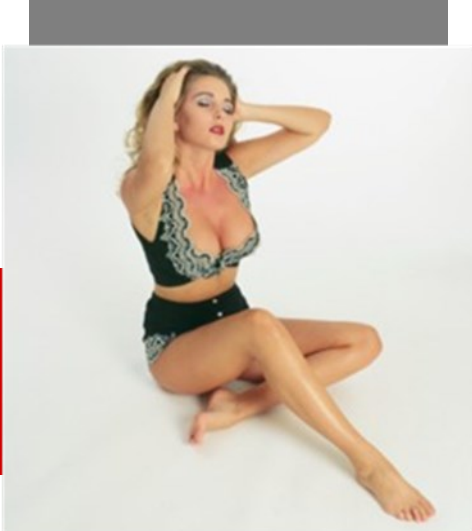
## Natural Push Up, food tablets that restored my bust after baby...

"The inset picture on the left shows my shrunk, flat, sagging bust and fatter body after my pregnancy.

The picture on the right shows just how my bust and body have recovered. I have no need to risk implants.

It has lifted, is fuller and much firmer and I have lost 2 stone in weight. It is so much cheaper than breast implants and is made simply with foods that we know are completely safe!  
Thank you - Angelique





### Will NPU make me fat?

No, the few food tablets you will need each day are no more fattening than a digestive biscuit. Your bust does not increase by adding fat. NPU is simply food, nutrition that feeds the milk glands to build a healthier more beautiful bust in the way nature intended.

**Scientific clinical studies have demonstrated how the foods in NPU can promote a fuller, firmer and healthier bust naturally.**

### For how long has NPU been available?

NPU has been sold in Europe since 1994 and the UK since 1998.

There has never been any complaint about NPU. Many other tablets claim to be effective but we have not found one that has proved to be as effective or as safe without any adverse side effect.

### Can everyone take NPU?

Not men, it is well known that because beer is flavoured with hops flowers drinking far too much can develop a bust. As with any food, NPU will not be suitable if you have allergies to any one of the ingredients (hops, wheat, oats, barley and malt).

NPU is not advised if you are pregnant or breast feeding or under 18 as your bust will be changing size. Also, if your bust did not develop at all in puberty or pregnancy, NPU will be very unlikely to help.

NPU will also relieve menopause symptoms but are even more effective if taken together with two Phase 2 tablets each day. If you are taking HRT, or any other medication, you must check with your Doctor before including NPU in your diet.

“Improving the look of my bust changed my life.

I feel and look more confident and so much more feminine.

Thank you, NPU really helped me to achieve the look I needed”

Ingrid



**Natural food tablets to improve your bust and push up your health.**

# Now book your first, free private consultation and prove exactly what Natural Push Up could do for you

Finding a natural alternative to breast implants is now considered to be essential for all women.

Why consider risking your health and so much money for any surgical procedure, especially now the news about breast implant sickness has been published and confirmed by the medical profession

Call, text or email now to book your first, free private consultation, either by 'phone or in person.

We will answer all of your questions and assess your likely benefit and then plan the best treatment programme to suit you,

**Call 07707 860883 or email [liz@21clinc.co.uk](mailto:liz@21clinc.co.uk)**

Experts in non-surgical cosmetic treatments



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