

Three proven supplements that every woman needs, two products you can offer without investing in stock, plus

Here is a helpful first - a new option for you to prove demand for bust enhancing and menopause relief food supplements without holding any stock.

- It is always difficult to know how quickly any new product will sell and how much stock you will need. Here are 4 new products, genuine proven solutions to problems that so many people are desperate to resolve.
- For the first time, you can test the market for our nutrition products simply by displaying our leaflets (Natural Push Up and MenoCool) these can be seen on the following pages). In return, when a customer of yours buys, you receive a referral fee. We arrange delivery to you for customer to collect. You take payment from your customers and we invoice you for the amount less your referral fee.
- Our nutrition leaflets explain how these products work and include our number for customers to speak with us. This support will save your staff's time. We take time to fully explain the products, answer any customer's questions, check their suitability and persuade them to call you to confirm their purchase. These supplements are not cures, they replace lost nutrition and so customers come back to you to re-purchase for many years.
- The only exception is Phase 2 vitamin D3 and Biotin tablets and UVsafe natural germicide as you will want to stock them. Due to the current pandemic demand is currently very significant due to the awareness of the importance of good hygiene to prevent the spread of infection.
- We arrange delivery to you for customer to collect. You take payment from your customers and we invoice you for the amount less your referral fee. Please note that these nutritional products are not cures, they put back nutrition that is lacking in a modern diet and typically your customers will purchase them for many years.

To learn more and for a copy of our trade price list, email your contact details to Liz Hirst liz@21clinic.co.uk and we will call you

Phase 2 vitamins - all the benefits of sunshine without sun damage.

Enjoy the healthy benefits of sunshine without risking sun damage.

HELLO sunshine

Just ask for Phase 2 the sunshine vitamin tablets to boost your health.

- The only vitamin tablets to contain both D3 and the B vitamin Biotin.
- Boost bone strength, improve skin, nails, and hair condition.
- Enhances efficacy of Natural Push Up and essential for those taking DVE MenoCool.

SPREAD THE WORD to help fight viruses
The vitamins in Phase 2 and the hops in DVE NPU & DVE MenoCool are all reported to have antiviral properties to boost the immunity and keep safe.

DVE Natural Push Up the natural way to increase or to restore and firm a sagging bust.

WORRIED ABOUT BREAST IMPLANT SICKNESS?
There is a better way to improve your bust
Take charge of your health and talk to us now about your options.

IF YOU'RE CONCERNED ABOUT BREAST IMPLANTS - SPEAK TO US

Fuller & firmer, healthier breasts - the natural way.

- Active ingredient; hops combined with mixed grains (buckwheat, oats, malt, barley, rye, wheat and maize).
- Suitable for vegetarians.
- DVE hops with a high natural content of phytoestrogens 8-PN and Xanthohumol .
- To be taken together with Phase 2 vitamins by all menopausal women to enhance the activity of these tablets

DVE MenoCool, the safe and effective completely natural alternative to HRT.

WORRIED ABOUT WHAT THE PAPERS SAY... BREAST CANCER RISK FROM USING HRT IS TWICE WHAT WAS THOUGHT.
There is a natural alternative to HRT
Take charge of your health and talk to us now about your options.

IF YOU'RE CONCERNED ABOUT HRT AND ITS LINKS TO CANCER - SPEAK TO US

DVE MenoCool™ and Phase 2 Vitamins
A perfect combination of the correct nutrition and essential vitamins proven by so many women to beat the symptoms of the menopause.
At last a healthy, natural alternative to Hormone Replacement Therapy

- Active ingredient hops, Genistein and Diadzein combined with mixed grains (buckwheat, oats, malt, barley, rye, wheat and maize).
- Suitable for vegetarians .
- DVE hops with a high natural content of phytoestrogens 8-PN and Xanthohumol .
- To be taken together with Phase 2 vitamins by menopausal women to enhance the activity of these tablets.

the new 21care™ HOCl The new advanced all natural germicide

Sanitise all hard surfaces and all soft furnishings; carpets, curtains and all fabrics, clothes and shoes germ free and deodorised. HOCl kills all bacteria that causes odour rather than simply masking one smell with another. Ideal for all your stock, especially together with new LED UVC radiation panel.

Read more facts at [21care LED and HOCl Product Brochure](#)
It is time we all stopped the spread of infection.

Pictured here is the new HOCl germicide and the latest LED anti-virus radiation panel.

21care™ SANITISED

Have a free private consultation now to find out exactly what Natural Push Up will do for you.

Now there is the added worry about breast implant sickness. A natural proven way, proven to increase a small bust or restore larger bust that has suffered after pregnancy or simply with age. Why would anyone considered risking surgery without first checking what Natural Push Up might do for you?

Ask your therapist or contact 21 Clinic. Our experienced staff will answer all your questions, check the cause of your problem and your suitability and advise just how much DVE Natural Push Up will benefit you.

DVE Natural Push Up™ is simply good nutrition. The active ingredient, hops is a vegetable that is also good for your body and your health.

Do take a minute to read the scientific facts at <https://onlinelibrary.wiley.com/doi/pdf/10.1111/1541-4337.12201>

To find out more, talk to your therapist or email or text your contact details to 21 Clinic and state the best time of day for your free, strictly private consultation.

For more information, advice or a consultation email liz@21clinic.co.uk



Experts in non-surgical cosmetic treatments

www.21clinic.co.uk

Customer comments

"Improving the look of my bust changed my life. I feel and look more confident and so much more feminine.. Thank you, NPU really helped me to achieve the look I needed"

"Thank you for Natural Push Up. I have been taking the tablets for 4 months now, but only after 4 weeks I started to realise that my breasts were getting firmer and fuller, better shape. I am a dancer and it's very important to me that my bust looks good. The difference is really amazing!"

My bust has lifted and so has my confidence! But NPU is not only good for my breasts, my hair and nails grow better, quicker, stronger. I only wish I had heard about NPU a lot earlier. When in week 4 I began to notice my bust was firmer and looked perter. Imagine how I felt when I measured my bust increase.

NPU has improved my mood swings and irregular periods and the really good news is that I did not gain weight, all my other measurements remained the same. My bust is improving and at the time of writing this I have gained a total of 2 1/2 inches on my bust."



www.21clinic.co.uk

WORRIED ABOUT BREAST IMPLANT SICKNESS?

There is a better way to improve your bust

Take charge of your health and talk to us now about your options

IF YOU'RE CONCERNED ABOUT BREAST IMPLANTS - SPEAK TO US

visit www.21clinic.co.uk



Natural food tablets that feed your bust and push up the way you look and feel.

Fuller & firmer, healthier breasts - the natural way.

How long has NPU been available?

Natural Push Up (NPU) has been sold in Europe since 1994 and the UK since 1998 until now primarily by mail order. During this time there has never been any complaint about NPU.

You will find other tablets are available that might claim to be effective but 21 Clinic has tested them all and none have proved to be truly effective or as safe. If they were anything better we would supply them.

Many contain unusual ingredients like wild yam and whilst they share similar nutrients these are not native to our diet and so typically cause unwanted adverse side effects.

How can NPU work?

A small bust or one that is lost after pregnancy or in later life is due to the body producing too little oestrogen.

Nature's plan was that we would pick and eat fresh vegetables that contain the same nutrients to support the female body and be prepared for conception.

Nature had no idea that we would store food in supermarkets for months. The problem is that these nutrients can lose their potency very quickly when picked or peeled.

Hops have been found to be the richest natural source of the most important phytoestrogen. This is named 8-PN. There are many scientific studies reporting on the many benefits of hops for our general health and well-being (to read more search "[hops 8-PN](#)" and "[Hops XN](#)" on the internet).



Hops have been a part of our diet for centuries. They are a very safe vegetable, now well proven by beer millions of drinkers. Hops are a key ingredient for giving the bitter flavour to beer. No wonder beer is claimed to be so healthy. To read more see, <https://sommbeer.com/2015/02/15/beer-for-wrinkles/>

Can everyone take NPU?

NPU is not advised if you are pregnant or breast feeding or under 18 as your bust is changing size. If your bust did not develop at all in puberty or pregnancy, NPU will be very unlikely to help you as this indicates some other physiological problem.

While hops are well proven to be a very safe food, even so NPU is not suitable if you have allergies to any one of the ingredients (hops, wheat, oats, barley and malt).

NPU will also relieve menopause and PMS symptoms by also taking two Phase 2 tablets vitamin each day.

If taking HRT, or any other medication, when introducing any food supplement you must check with your Doctor first.



What might NPU do for my bust?

NPU can increase a small bust or maintain and restore a larger bust. The oestrogenic activity from hops stimulates the normal growth of milk glands and so the size of the bust increases as it should. Of course oestrogenic activity also improves all female glands and improves the integrity of the uterus and womb.

What is NPU made from?

The active ingredient is Hops, a vegetable that is the ingredient that gives beer its bitter flavour. NPU also includes mixed grains (oats, wheat, malt rye and maize). There are no pharmaceuticals only food

It is well known that drinking far too much beer can give men breasts (gynecomastia). It is the feminising effect of hops that are to blame, demonstrating the oestrogenic activity of 8-PN

When will I see a benefit?

You will know something is occurring within 4 to 8 weeks and then your bust will continue to improve in the following months.

However, NPU cannot help if you have any medical problem as this may be preventing the normal development of your bust. Provided your bust showed some increase during puberty or during a pregnancy then NPU can help you. If this were likely to be a problem it will be discussed with you in your consultation either in person or by phone before purchasing.

Will NPU make me fat?

No, the few food tablets you will need each day are less fattening than one digestive biscuit.

NPU is simply food, nutrition that feeds the milk glands and builds your bust as nature intended. It does not cause you to gain any weight. In fact, hops contain nutrients that also helps to balance both under and overweight problems.

Isn't it easier to have implants?

Yes, easier but risk serious problems like infection and irreversible mistakes. They are so costly and now that breast implant illness that often occurs after a few years is the greatest concern.

[Read why implants a problem, search "breast implant illness".](#)

Just how much can NPU help my bust?

A small bust will increase by one or more cup sizes. This depends on your body. A large bust that has lost volume, shrunk and sags will refill without growing any more than you would like, unless you want it to.

This depends on how much NPU you eat and of course your bodies ability to respond. A sagging or flat bust can also be firmed, shaped and lifted with the remarkable non-surgical treatments that are offered by 21 Clinics.

What is the evidence?

There are two scientific clinical trials, both confirm the fact that the oestrogenic activity produces an increase to bust size and now so many customers have confirmed this by reordering. The proof for you is seeing what happens after a few weeks. If you wish to read this, please ask for a copy.

Is NPU produced under strict controls?

Natural Push Up is produced in a leading laboratory in Holland. They are licensed by the Dutch government to produce health food and vitamin supplements. NPU is prepared according to strict Government controls. These are the same requirements that apply to the production of any medicines.

NPU is not a medicine and not currently available on prescription but they are a far less costly than any surgery and with no health risk and only nutritional health benefits, what have you to lose?

Natural Push Up, food tablets that restored my bust after baby...

"The inset picture on the left shows my shrunk, flat, sagging bust and fatter body after my pregnancy.

The picture on the right shows just how my bust and body have recovered. I have no need to risk implants.

It has lifted, is fuller and much firmer and I have lost 2 stone in weight. It is so much cheaper than breast implants and is made simply with foods that we know are completely safe!

Thank you - Angelique



Now book a free consultation and learn just how much this natural alternative to HRT will help you beat the menopause.

Now with so many reports about the side effects of HRT from fattening fluid retention to cancer risks, isn't it time to choose a truly safe, natural alternative?

DVE MenoCool™ together with Phase 2 vitamins combine to beat hot flushes and support you through the menopause and generally benefit the way you look and feel. Simply nutrition and vitamins proven to be safe and so very effective.

To find out more, phone or text a 21 Clinic advisor and have a free, confidential, private consultation. An experienced 21 Clinic therapist will answer your questions, check its suitability for you and assess just how much this natural nutrition will benefit you.

For advice or to order the DVE MenoCool Phase 2 duo
Call or text 07914 003 894



Experts in non-surgical cosmetic treatments

Hops are the active ingredient in DVE MenoCool. They are reported to have so many benefits. If you wish to read a detailed summary of the scientific knowledge currently known about the benefits of hops read:

<https://onlinelibrary.wiley.com/doi/pdf/10.1111/1541-4337.12201>

www.21clinic.co.uk

Customer comments

The menopause was a disaster for me. Those hot flushes and night sweats made work a nightmare. I tried HRT, my weight rocketed and I lived in fear of the risk of side effects.

I started taking MenoCool and within 16 days my flushes began to subside, fluid retention stopped and my weight gradually went down. I cannot thank MenoCool enough. It is the only natural solution I have found that really does work.

Emma B

Over many years MenoCool has not only relieved my menopause symptoms, but now it is clear to me that is essential to slow the ageing process for women.

I am a retired veterinary surgeon, now aged 68. I believe I am now past the menopause but I still take one tablet every other day. Without them my skin, hair and nails all began to suffer and I gained weight with increasing fluid retention. Every woman will benefit from this food supplement as part of their daily diet at any age.

It is clear to me that phytoestrogens are vital for all women to retain femininity and to hold back the ageing process.

Mrs M



www.21clinic.co.uk

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BREAST CANCER RISK FROM USING HRT IS 'TWICE WHAT WAS THOUGHT'
SOURCE: THE GUARDIAN

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At last a healthy, natural alternative to Hormone Replacement Therapy

HRT and the menopause

Menopausal symptoms occur when a women's ovaries stop producing oestrogen (see <https://www.webmd.com/menopause/guide/menopause-basics#1> to learn when and why).

Hormone replacement therapy (HRT) drugs can help but they do risk health problems and should only be taken for the shortest time possible.

The alternative to HRT is to improve your nutrition.

The best alternative is to eat include foods in your diet that provide phytoestrogens and the important vitamins that we lack in our diet and lifestyle today. Nature provided many vegetables containing nutrients that mimic oestrogen and vitamins provided by foods and sunlight so essential to everyone's well being. All vital for every women's health before, during and after the menopause.

Hops have been discovered to provide the richest natural source of the most important phytoestrogen named 8-PN.

There are many scientific studies reporting on the many benefits of hops for our general health and well-being (search "[hops 8-PN](#)" and "[Hops XN](#)" on the internet).



Hops have been a part of our diet for many centuries, a very safe vegetable, well proven by beer drinkers. Hops are a key ingredient that is used to flavour beer. No wonder beer is claimed to be so healthy. To read more, see: <https://sommbeer.com/2015/02/15/beer-for-wrinkles/>

Some other products claiming to relieve menopausal symptoms also use the term "menocool" in their name and in the hope of benefitting from the reputation of DVE MenoCool. Some use strange vegetables like Black Cohosh or ineffective legumes for this purpose like soya. The silver DVE symbol on the front of any pack confirms that only the correct strength, quantity and correct varieties of hops are used.



How quickly might DVE MenoCool™ benefit me?

In almost every case most women have found their hot flushes and all other menopause symptoms to have been relieved within a month. The combination of DVE MenoCool and Phase 2's sunshine vitamins are so very effective. Phase 2 provides the Vitamin D3 that Public Health England confirm we all need and also the B vitamin Biotin, well known for its benefits to skin and hair.

How often do I need to take these tablets?

Start with two DVE MenoCool™ tablets and two Phase 2 Melting tablets each day. Have one of each after breakfast and one of each early evening. Once menopause symptoms subside, you will be able to reduce DVE MenoCool to half a tablet in the morning and a whole tablet in the evening and also a Phase 2 tablet at around the same time.

DVE MenoCool™ are simply food tablets dehydrated to protect the nutrients. There are no drugs. You can happily break them up or crush them and mix them with another food.

Phase 2 are very pleasant tasting melting tablets that you simply allow to dissolve under your tongue.

For how long will I need to take DVE MenoCool™ and Phase 2.

The menopause is not an illness, it is simply a lack of the nutrition that nature planned to be in everyone's diet.

Lack of oestrogen combined with a lack of nutrition and vitamins is the cause of most of the health and beauty problems, especially those faced by women in later years. Maintaining oestrogenic activity and vital vitamins are both so important. They are what creates and maintains the female body.

PLEASE NOTE, SOME OTHER FOOD SUPPLEMENTS USE THE TERM MENOCOOL IN THEIR BRAND NAME—ALWAYS LOOK FOR THE DVE SYMBOL

To read more science see: <https://www.drgillbarham.com/gillsblog/2018/09/09/menocool-science>

Are there any side effects?

None have ever been reported – however DVE MenoCool™ will not be suitable if you suffer from any allergy to any one of the ingredients (hops, wheat, malt, oats, maize and barley). The D and B vitamins in Phase 2 are no problem unless overdosed.

How does it work?

Nature provided phytoestrogens in our food to balance our hormone levels. They are not hormones but the phytoestrogen 8-PN mimics oestrogen. Many plants contain small traces of 8-PN but typically too little to provide any benefit unless they are eaten in very large quantities. Others that contain 8-PN like Wild Yam, Red Clover and Black Cohosh also are rich in 8-PN but they also contain other components and these are known to cause unwanted side effects..

What is the evidence?

The clearest evidence for the efficacy of DVE MenoCool is that over the last 18 years so many women have benefited. There has never been any complaint and most women buy it for many years. Who would repeatedly buy any product that does not really work? Many have claimed other benefits such as relief from IBS and improving mood. Hops are known to calm the central nervous system and so are helpful in coping with anxiety and improving sleep.

All of the ingredients in both DVE MenoCool and Phase 2 are regarded as safe by the strict controls of the most important food standards agencies in the UK, Europe and the USA.

All ingredients are natural, none are GM modified and all are suitable for vegans and vegetarians.

Will the tablets interfere with any medicines?

DVE MenoCool benefits are nutritional. Phase 2 is purely vitamins so neither should inter react with any medicine.

However, when taking any prescribed medication do check with your Doctor first, just as you should whenever making any change to your diet, especially if you suffer from any food allergies.

[Read more about the many remarkable benefits of hops. Search "hops 8-PN" and "hops XN" on the internet.](#)

Is DVE MenoCool produced under strict controls?

DVE MenoCool and Phase 2 are produced in a leading laboratory in Holland licensed by the Dutch government to produce health food and vitamin supplements. Both are prepared according to strict Government controls. These are the same requirements that apply to the production of all medicines.

DVE MenoCool and Phase 2 vitamins are not medicine and so not currently available on prescription but they are very affordable.

A small price to end the misery of night sweats and wave goodbye to hot flushes and with no risk of any unwanted side effects.

[Watch Dr Gillian Barham interview two women discussing their long term experience at https://www.facebook.com/watch/?v=537109636717299.](#)



The sunshine vitamins we all need to look and feel our best.

We all know just how healthy we look and feel after a sunny holiday.

Sunshine delivers Vitamin D3, the only vitamin supplement that Public Health England state we lack and is essential to good health.

Phase 2 also includes the essential B vitamin Biotin. It is found only in fresh, uncooked vegetables.

Together these vitamins are important for our health and vital for the way we look and feel.

Phase 2 delivers these essential vitamins in a perfectly measured dose so that you can enjoy the benefits of sunshine without risking sun damage.



Call or text 07914 003 894

Just ask for advice about Phase 2



Experts in non-surgical cosmetic treatments
READ MORE AT 21CLINIC.CO.UK



www.21clinic.co.uk

Enjoy the healthy benefits of sunshine without risking sun damage.



Just ask for Phase 2 the sunshine vitamin tablets to boost your health.



Phase 2 Sunshine Vitamins



Promote blemish free skin, stronger, more supple, ridge free nails. Restore and condition hair, help prevent osteoporosis and strengthen bones.

Exactly what we all need to look and feel our best.



Health & Beauty from the inside.

Our bodies, our health and our looks, all depend upon sunlight but with our climate and sun blocks we have so little that most of us now have serious vitamin deficiencies.

The essential vitamins that sunlight provides are now available for all without risking sun damage with new Phase 2 vitamin tablets .

Some lotions and creams can help but really good nutrition is the essential foundation for your health and for the way you look and feel.



Phase 2 – vitamin tablets that restore the benefits of summer sunshine. Essential vitamins in a perfectly safe measured dose.

Unlike ordinary vitamin tablets, Phase 2 combines the two most important vitamins that sunshine delivers. First, Vitamin D3 the vitamin that Public Health England stated is essential for health and the Daily Telegraph reported, vitamin D3 'triggers and arms' the immune system.

The second is Biotin, a very important B Vitamin well known to benefit hair, skin and nails.

Only one or two tablets a day are all we need. Phase 2 are pleasant tasting tablets that are simply melted under the tongue.

Search Vitamin D3 and Biotin on the internet. Read just how important they are to your health and well-being.

No wonder hair, skin and nails look so good and we feel so well after every sunny holiday.



Super vitamin conditioning will restore your nails, rejuvenate your skin and help stop and recover thinning hair.*

Phase 2 is so effective and it also benefits men's health, especially helpful to prevent thinning hair and to solve many skin problems.

It can help put a stop to falling hair and it will certainly improve you hair's condition*.

The combination of important vitamins in Phase 2 can also stimulate hair re-growth for men and is especially helpful to restore frail, thinning hair for women.*

Male and female users in Holland and now in the UK have reported that within weeks, when brushing or washing hair, excessive hair loss stopped and in many cases, after two to three month's, hair re-growth became increasingly visible.*

*Benefits vary depending on the cause of these hair problems



"Phase 2 melting tablets restored my thinning hair.

I began to notice some benefit in the first weeks and after 6 months my hair is fully re-grown"

Anita

Even better news

Sunshine helps protect you against colds, flu and viruses. Vitamin D3 is reported to boost the immune system. (<https://www.nhs.uk/news/lifestyle-and-exercise/vitamin-d-immune-system-boost/>)

Just ask for Phase 2 and restore the only essential vitamins that everyone really needs.