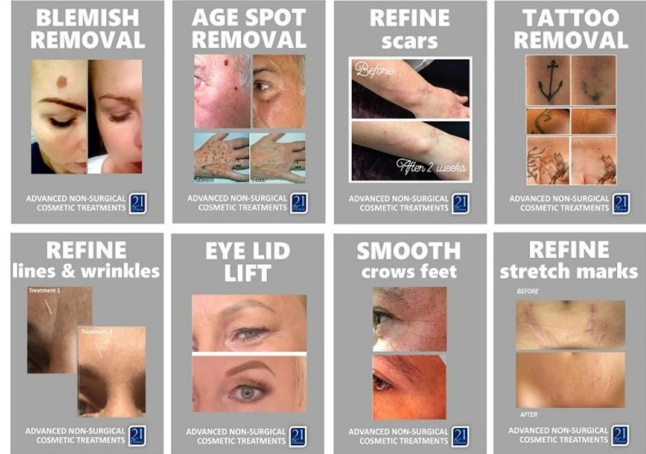


Treatment fact sheet



Simple and significant blemish removal



What to expect...

CONSULTATION

The first step is a free initial consultation to understand exactly what you want to achieve.

Our therapist's objective will be to hear what problems concern you and plan which treatments will solve them for you.

TREATMENT PROGRAMME

Your therapist will need you to complete a strictly confidential client questionnaire. A copy can be sent to you in advance by email or it can be completed when you arrive for your first initial consultation.

Treatments are safe, painless and conducted in a private treatment area. We may combine different treatments and products as appropriate for you but typically; no surgery, fillers or injectable is needed.

21 technology rejuvenates your look while you relax. After your treatment, guided by your therapist, benefits are often visible immediately.

Unlike surgery, there is no risk of any secondary problems or any irreversible error. You do not have to suffer from weeks of recovery or have to hide away.

21 Clinic technology offers an alternative that you can be proud to explain to friends and colleagues. Your look is rejuvenated; younger, healthier and fitter and of course completely natural.

PROBLEM

Blemishes to your appearance such as age spots, freckles and skin tags to significant scars, stretch marks and especially unwanted tattoos are all distressing. Lines and wrinkles are very ageing. Even worse, as eye lids sag they can also impair vision.

Until now, removing blemishes like age spots, tattoos and scars has been extremely painful. Lines and wrinkles can be refined with expensive, face freezing injections that needed repeating every few months. Sagging eye lids were only resolved with worrying surgical procedure that could risk eyes may never close fully.

SOLUTION

The revolutionary new 21 Advanced Skin Cell Regeneration treatments can make blemish removal painless and lifts sagging eye lids without any risk and are far less expensive than other procedures.

Treatment is fast and very effective. Superficial blemishes like age spots and skin tags are often removed in one single treatment. Deeper and more significant blemishes such as stretch marks, scars and tattoos will take a number of treatments as the blemish is removed progressively.

This treatment never penetrates the skin's surface. It repairs skin by stimulating your bodies natural repair mechanism of generating new skin cells and so leave blemish free new skin.

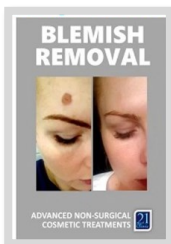
New skin cells created by 21 Advanced Skin Cell Regeneration naturally restores collagen and elastin production giving new elasticity and firmness. This firmness also lifts the surrounding skin and take years off the way you look

Watch a video of a client reporting on her 21 treatment of a significant scar on her arm in the [Gallery](#) . Read examples of other client's treatments and benefits on the next page.

Example Case histories...

TO HEAR AND SEE MORE RESULTS GO TO [GALLERY](#)

TO DISCUSS TREATMENTS [CONTACT US](#) NOW AND BOOK YOUR NO OBLIGATION FREE INITIAL CONSULTATION.



Expectation: This client wanted to have the post pregnancy blemish on her forehead removed.
Principle treatment: 21 Advanced Skin Cell Regeneration.
Supporting treatment: 21 Clinic bespoke skin care preparations used during and after treatment.
Result: Completely removed without any residual blemish.
Number of treatments: Two appointments.



Expectation: Total removal of age spots
Principle treatment: 21 Advanced Skin Cell Regeneration.
Supporting treatments: 21 Clinic bespoke skin care preparations used during and after treatment.
Result: Facial age spots removed from a 21 Cliinic Director. The age spots removed from the hands are an illustration of the benefit but in all cases the nature of an age spot is carefully examined in case there is any more serious issue, in which case medical opinion and approval will be required.
Number of treatments: Typically 1-2 appointments. Treatment is every 4 weeks.

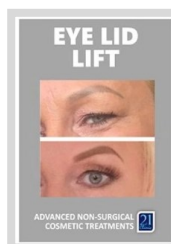
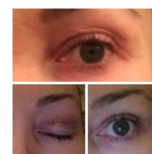


Expectation: Refinement of a deep scar.
Principle treatment: 21 Advanced Skin Cell Regeneration.
Supporting treatments: 21 Clinic bespoke skin care preparations used during and after treatment.
Result: Significant reduction of this deep scar and the return of feeling to the area. This client was so pleased with the progress she was happy for a video of her to be made - watch in Gallery [Videos](#)
Number of treatments: 4 appointments, one every 21 days.



Expectation: Removal of lines and wrinkles. No injections or fillers are used.
Principle treatment: 21 Advanced Skin Cell Regeneration.
Supporting treatments: 21 Clinic bespoke skin care preparations during and after treatment.
Result: Appearance of wrinkles virtually completely removed
Number of treatments: 2 appointment.

Note: The pictures on the right are of a therapist working at 21 Clinic at Finishing Touches Birmingham, her eye lid wrinkles were aggravated by too many injections at another clinic. Bottom left picture is immediately after and right a day after treatment.



Expectation: The objective was to lift and improve and rejuvenate the appearance. This is an owner of the technology offering 21 treatments in Cheshire.
Principle treatment: 21 Advanced Skin Cell Regeneration.
Supporting treatments: 21 Clinic bespoke skin care preparations were used during treatment.
Result: Significant improvement.
Number of treatments: 2 monthly appointments.
Note: treatment not only provided cosmetic benefits, it also helped prevent potential future problems with her vision.

Important note: No surgical procedure, injections, implants or fillers were used to achieve the examples shown on this page. Results will vary according to each clients physiology, response to treatment, lifestyle and dietary habits. Photographs not retouched. They were taken by the client's therapist and not by a professional photographer.



Experts in non-surgical cosmetic treatments

More information...

RESULTS

- 21 treatments prove their potential for you. Often providing immediate visible benefits after your very first treatment.

COST

- The total cost of your treatment programme will depend upon the nature and extent of your problem and your budget.

The cost varies according to each treatment session and the time per session but is a very small cost when compared to any surgical procedure. Typically a treatment is a similar cost to any ordinary physiotherapy session.

TIME

- Each treatment will typically be around 30 - 45 minutes. Many treatment programmes will require a number of regular treatments. After treatment there is typically no reason that you cannot return to work or any other activity.

CLOTHING

- No special clothing is required. You will not need to shower or change after treatment, all are relaxing and effortless

APPOINTMENT BOOKING AND CANCELLATIONS

- For booking treatments call or text 07707 860883 , should you have to cancel any appointment please give 48 hours notice. If you do not, we reserve the right to charge you for a missed appointment.

ADVICE AND EVERYDAY SUPPORT

- Your 21 Clinic therapist will keep in contact and will continue to provide advice to help you to maintain an improved diet and healthy lifestyle to maintain all of the benefits of your treatment.

21 CLINIC ADVANCED TREATMENT PROGRAMMES

We have the following advanced 21 treatment technology. Those selected for your treatment will be the most appropriate programmes to resolve your individual problems, the 21 treatments available include:

•**21 ADVANCED CRYOLIPOLYSIS** – targeted fat reduction and tissue firming with a relaxing cold Cryo massage - advanced technology to deplete fat cells treat cellulite, firm, lift and so much more.

21 ADVANCED e-FITNESS - advanced computer software provides a range of unique, perfect exercise programmes. These can simulate running or stimulate perfect resistance exercises delivered precisely and directly to those muscles that require it. This software also enables new exercises that only a computer can instruct. For example; a unique transverse muscle contraction to accelerate the speed your body burns calories, slimming and keeping weight under control and perfectly controlled, fully automated lymphatic drainage.

•**21 ADVANCED SKIN CELL REGENERATION** – a remarkable innovation, perfected for 21 Clinics. An invention that creates new skin cells in the treatment area by accelerating the skin's natural repair mechanism of shedding superficial skin cells as they rise to the skin's surface.

New, young cells are rich in collagen and elastin and create firmer new skin. This also tightens and lifts slack skin smoothing away wrinkles. Removal of superficial skin cells also makes it possible to remove many types of skin blemishes quickly, painlessly and without any risk.

•**21 ADVANCED LED - MICRO THERAPY** - blends advanced micro current waves with near intravenous LED light therapy.

Micro-current is a tiny galvanic electrical current, so small you cannot feel it. The principle benefit is that it improves communication between cells which slow with age, most important for your looks and your health. It can also relax the tension in muscle that holds wrinkles and lines in place.

LED Light therapy delivers specific frequencies of light to repair damaged cells and remove toxins throughout the body. The benefit of light therapy is best illustrated by the use of blue light cradles in every maternity ward to treat babies with neo natal jaundice.

Being in combination with micro-current, the valuable nutrients in 21 Skin care products penetrate the skin rather than them being left and wasted on the surface. This is far more effective than old fashioned "needling" procedures.

•**21 BESPOKE SKIN CARE** - natural creams rich in essential nutrients blended by your 21 Clinic therapist to optimise them for your skin type. These are used to enhance treatment benefits and can also be prepared for you to take home to use between and after treatments to improve and maintain optimum results.

•**21 NUTRITIONAL FOOD SUPPLEMENTS** - will be suggested if needed to restore the nutrition that is essential to your looks and your well-being. Food supplements that balance and improve hormone levels naturally may also be prescribed where appropriate as part of your treatment programme.



Experts in non-surgical cosmetic treatments