



Breakfast Menu



BREAKFAST SPECIALS

Most items can be made vegan upon request. Tofu scramble can be substituted for eggs. Vegan Daiya can be substituted for cheese

Ye Olde Eggs Naam VO 10⁵⁰

- Two eggs any style with Naam toast
- Add Homefries & Miso Gravy + 4.5
- Add Veggie Sausage or Seven-Star + 4.5
- Sub GF Toast GF + 1.5

Scrambled Tofu V 17⁵⁰

Our own special recipe. Tofu scrambled with tomatoes, mushrooms, zucchini, red peppers, onions, tamari and spices. Served with Naam toast.

- Sub GF Toast GF + 1.5

Screamin' Greens Salad GF V 16⁵⁰

Organic greens topped with scrambled tofu, guacamole, cucumbers, miso ginger dressing & pumpkin seeds.

Breakfast Wrap VO 16⁵⁰

Scrambled eggs, veggie sausage, cheese, guacamole & greens wrapped up in a flour tortilla. Comes with salsa.

Croissant Witch VO 17⁵⁰

Open-faced organic whole wheat vegan croissant topped with cheese, scrambled eggs & veggie sausage. Served with homefries & miso gravy.

Miso Benny VO 18⁵⁰

Two poached eggs on a pita with a Seven-Star patty, topped with spinach. Miso gravy & cheese then broiled. With a side of homefries.

- Sub Tempeh for Seven-Star + 3.0

Veggie Hash & Eggs VO 17⁵⁰

A bed of homefries and grilled veggies, covered with cheese and two over-easy eggs.

Served with Naam toast and & misogravy.

- Sub GF Toast GF + 1.5

Loco Moco VO 17⁵⁰

Organic brown rice topped with a Seven-Star patty, caramelized onions, two over-easy eggs & green onions, smothered in miso gravy. Comes with pineapple salsa.

- Sub Tempeh for Seven-Star GF + 3.0

PANCAKES

All pancakes are served with organic maple OR blueberry syrup.

Naam Special Breakfast 19⁵⁰

Two whole wheat pancakes, two eggs any style, your choice of veggie sausages or Seven-Star patty and homefries & miso gravy.

Sub Vegan Banana Buckwheat Pancakes GF V + 1.0

Two Cakes | One Cake

Whole Wheat Pancake 12⁵⁰ 6⁵⁰

Banana Buckwheat Pancake GF V 13⁵⁰ 7⁵⁰

Add-Ons

Stewed Blueberries	3.5
Extra Syrup	2.0
Whipped Cream	1.0
Ice Cream	3.5
Veggie Sausage	4.5
Seven-Star Patty	4.5

OMELETTES

All omelettes are served with Naam toast. 16⁵⁰

- Sub GF Toast GF + 1.5

Mexican

Stuffed with chili, cheddar & mozzarella. Topped with guacamole, salsa & yogurt.

Spinach & Feta

Sautéed mushrooms, onions, spinach, red pepper, cheddar, feta & mozzarella cheeses.

Make it an Omelette Platter + 6.5

(Homefries & Miso Gravy + Seven-Star Patty OR Veggie Sausages)

SIDES & EXTRAS

	Small	Large
Homefries	3.5	4.5
Miso Gravy	2.5	4.5
Guacamole	3.0	5.0
House Yogurt	2.5	3.5
Salsa	2.5	4.5
Sautéed Tofu	5.25	Veggie Sausage 4.5
Extra Egg	3.5	Seven-Star Patty 4.5
Stewed Blueberries	3.0	Vegan Croissant 4.0
Gluten-Free Toast	4.5	Naam Toast 3.5

Please Note:

Unlisted modifications may result in an additional charge and extra prep time. These may be politely declined during peak times. Please ask your server for complete ingredients as they are not all listed here.

Parties of 6 or more will be charged an automatic gratuity of 18%

GF Gluten-Free

V Vegan

VO Can Be Made Vegan

COFFEE & HOT DRINKS

COFFEE/DECAF	3 ⁵⁰
ESPRESSO	2 ⁹⁵
AMERICANO	4 ²⁵
AMERICANO MISTO	4 ⁵⁰
CAPPUCCINO	4 ⁷⁵
CAFE LATTE	5 ⁷⁵
CHAI LATTE	5 ⁹⁵
MOCHA LATTE	6 ²⁵
HOT CHOCOLATE	5 ⁵⁰
LONDON FOG	5 ⁹⁵

Our coffee is certified organic & fair trade. All espresso drinks are available in water decaf.

TEAS

	CUP	POT
NAAM HOUSE BLENDS	4 ²⁵	6 ⁵⁰

Choose from one of our unique recipes of 40 years

- RAINBOW** - Comfrey, juniper berries, clover, rosebuds
JAMAICAN SPICE - Hibiscus, cinnamon bark, rosehip, cloves, orange
CATNAP - Peppermint, chamomile, rosehip, clove, sage, catnip
HIGH C - Nettle, lemon balm, rosehip, cinnamon, orange
SWEET & SOUR - Lemon balm, hibiscus, star anise, orange
MAMA NAAM - Strawberry+raspberry leaf, nettle, licorice, rose petal
EASY RIDER - Earl Grey black tea, alfalfa, mint, anise

BLACK & GREEN TEAS (Caffeinated)	3 ⁹⁵	6 ²⁵
Earl Grey, English Breakfast, Orange Pekoe, Jasmine, Sencha Green Tea		

HERBAL TEAS (Zero Caffeine)	3 ⁹⁵	6 ²⁵
Alfalfa Mint, Peppermint, Chamomile, Chai Rooibos, Ginseng, Sleepy Time, Lemon Zinger, Mandarin Orange Spice.		

WHITE WINE

	6oz glass	1/2 litre	750mL bottle
HOUSE WHITE (12.0% Peller Estates Pinot Grigio)	7 ²⁵	15 ⁵⁰	20 ⁹⁵
SAUVIGNON BLANC (13.5% Sumac Ridge)	9 ²⁵	19 ⁵⁰	30 ⁰⁰
VIOGNIER (13.5% Cono Sur)	7 ⁷⁵	17 ⁵⁰	24 ⁵⁰
RIGAMAROLE ROSÉ (12.0% Okanagan Valley)	8 ²⁵	18 ⁵⁰	28 ⁰⁰

RED WINE

HOUSE RED (14.0% Copper Moon) Malbec	7 ²⁵	15 ⁵⁰	20 ⁹⁵
TEMPRANILLO (13.5% Lobetia) Organic	8 ²⁵	18 ⁵⁰	28 ⁰⁰
CABERNET SAUVIGNON-SYRAH (12.0% Estrella de Pascua) Chile	7 ⁹⁵	17 ⁵⁰	24 ⁵⁰

JUICES & COLD DRINKS

FRESH JUICES	6 ²⁵
Carrot, Orange, Apple-Raspberry, Orange-Strawberry	
TJ'S ORGANIC APPLE CIDER	4 ²⁵
MONTELLIER SPARKLING WATER	3 ⁷⁵
GOOD DRINK MANGO ICED TEA	4 ²⁵
PHILIPS' INTERGALACTIC ROOT BEER	4 ²⁵
'NOT TOO SWEET' GINGER ALE	4 ²⁵
'NOT TOO SWEET' COLA	4 ²⁵
PURE+ KOMBUCHA	7 ²⁵
Blackberry Charcoal OR Detox (Lemon, turmeric + ginger)	

SHAKES & FLOATS

BLUEBERRY MILKSHAKE	8 ²⁵
Made with organic blueberries, milk & ice cream	
BLUEBERRY SOY SHAKE v	8 ⁷⁵
Organic blueberries, soy milk & vegan ice cream	
FRUIT SMOOTHIE v	8 ²⁵
Strawberries, raspberries, organic blueberries & apple juice	
STRAWBERRY LASSI	7 ⁹⁵
Yogurt and strawberries, sweetened with honey	
ICE CREAM FLOAT vo	8 ²⁵
Vanilla ice cream topped with root beer or cola	

BEER, CIDER, ETC.

DAWN PILSNER	8 ²⁵
(473mL 4.9%) Parkside Brewing	
PREMIUM HELLES LAGER	8 ²⁵
(473mL 4.7%) Barnside Brewing Co.	
GOLDEN GODDESS ALE	7 ²⁵
(355mL 5.0%) Persephone Brewing	
FEATHERWEIGHT IPA	7 ²⁵
(355mL 4.5%) Four Winds Brewina Co.	
33 ACRES OF NIRVANA IPA	7 ²⁵
(355mL 7.0%) 33 Acres Brewing Co.	
FORAGER GLUTEN-FREE LAGER	7 ²⁵
(355mL 5.0%) Whistler Brewing	
APPLE CIDER	7 ²⁵
(355mL 7.0%) Greenhill Cider	
A+ HOPPY APRICOT CIDER	8 ²⁵
(473mL 6.4%) Greenhill Cider	
KIWAMI PLUM SOUR	8 ²⁵
(473mL 6.3%) Fuggles & Warlock Craftworks	
PEACH ELDERFLOWER GIN COCKTAIL	8 ²⁵
(355mL 5.0%) Strait & Narrow	
GRAPEFRUIT+HIBISCUS HARD KOMBUCHA	8 ²⁵
(355mL 5.0%) Plenty Real Brews	
PHILIPS IOTA PALE ALE	5 ⁷⁵
(355mL Non-alcoholic)	
DRAFT BEER	6 ²⁵ 8 ²⁵ 22 ⁰⁰
A rotating selection of local ales. Ask your server!	

10oz glass | 18oz pint | 56oz pitcher