

Nothern Michigan

Recovery related information

Be the change you wish to see in the world

Ghost Town

Volume 1, Issue 1

January 1st 2022

Alpena, Michigan 49707

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For whatever reason until I reached out to another alcoholic and asked for help, I remained alone and fearful to join the group and be part of recovery, not allowing my past to dictate what was to come, haven faith in faith and the courage to change or accept life on life's terms. Intimacy and lack of trust in others and self, forgiveness of past and present. When I would get close to another person I would be in either fear or over whelming emotions. The warmth of another was confused for sexual feelings and there for brought about mixed feelings about my-self and others.

I find that after trying to help or being help by some-one, there is a point that information is blocked by personal feelings. The best advice can be rejected by positive person just cause of a situation that has occurred in the past or the threatened feeling that some-thing may happen because of the information, lack of trust or just bad timing. Over working a subject over explanation the complexities of being Alcoholic.

This person I have been trying to help, just by being his friend and doing things together, going to meetings and watching movies, and talking on the phone often. He came over this weekend and as we talked and watched the movie "FLIGHT" he was going to leave a couple time and just by me asking "if there was anything I could do to help?" changed his mind and direction as he did not leave when he wanted too. The odd thing is he was saying that he wanted to join the Drug Court program, I said that it would be best to do with-out committing a crime.

He continuously invites people into his life and home that have more troubles than he does, being on disability and haven a home can provide the basic need for survival. Like hostages they seem bound to the conditions of living and in so doing each there is more Alcoholic behaviors and confusion. In reality he wants a friend to be with, lonely as I was I remember, I would friend-ship, obligation of haven people in my life. Know at seems that I do this with being sober, the only advantage I the fact that I'm sober and for now this is enough, more will



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Time is where the act of reconciliation exist. In I come to the conclusion of all sorts of outcomes of any situations, when feeling that I have done some-thing that may have offended somebody, I wait for confirmation, when that does not happen, in most cases the other person responds unexpectedly and out of my perception of what I thought would happen. I had thought that my brother was mad at me for sending a photo of my table at home that looks like a shrine, it had the picture of the funeral information of our dad, for what-ever reason I thought this was offensive too him, he did not respond back right away and there for I felt rejection.

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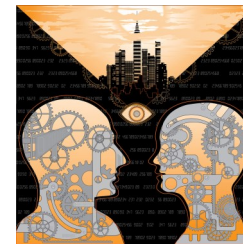
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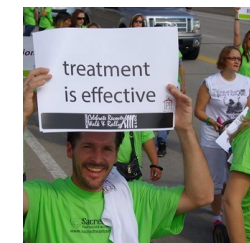
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