

LUNCH AUTUMN 2020

**Starters**

**Brussels Sprouts Nachos**- House made Cool Ranch Corn Chips/ banana Peppers/ Fried Brussels/ Crasins/ Grilled Squash/ Melted Cheddar and Bleu 13

**Tempura Autumn Vegetables**- Shanghaied Polynesian sauce 11

**Fried Ribs**- Korean BBQ sauce/shaved carrot/ radish/sesame seed 13

**Shrimp + Grits**- cherry tomatoes/ roasted mushrooms/ NYS Cheddar/ local organic grits 13

**Autumn Flatbread**- sweet potato puree'/crispy bacon/ goat cheese/sliced apples/caramelized onions 11

**Pork + Beans**- honey roasted local pork belly/ bean and bacon stew 12

**Apple + Corn Chowder**- crispy pancetta/roasted butternut squash seed oil 5

**Greens**

**FLX Harvest**-Mixed greens, quinoa, grapes, feta, sliced apples, crispy squash, sweet potato vinaigrette 12

**Obligatory Caesar**- chopped romaine/house croutons/ shredded asiago cheese\_ 9

**Harvard Beet Salad**-shredded Brussels/kale/ roasted carrots/ pickled beets/ sliced red onion/pecans/goat cheese/ apple cider vinaigrette 12

**Mains**

**The Reggie**- local ground beef patty/ NYS cheddar/ lettuce/sliced tomato/red onion 13

**Blue Ribbon Chicken Sandwich**-grilled marinated breast/ honey dijonaise/grilled ham/muenster cheese 13

**Cigar City Cuban**-mojo marinated roasted pork/sliced ham/ garlic aioli/ brown mustard/sliced pickles/melted Swiss cheese/garlic pressed hoagie 12

**Central Grocery Muffuletta** / herb focaccia bread / salami/ham/pickled pepper and olive relish/provolone + Swiss 12

**Korean BBQ Chicken Sandwich**- gochujang bbq sauce/kimchi 13

**Reuben**-grilled rye/beer braised corned beef/melted Swiss/ kraut/ 1000 island 12

**Chicken Sandi**- secret recipe chicken salad/sliced grapes/ toasted almonds/lettuce/tomato/onion/garlic herb wrap 11

**Dagwood**-sliced roast beef/turkey/ham/cheddar/provolone/mayo/brown mustard/lettuce/tomato/ onion/ herb focaccia bread 12

**FLX Hot Brown**- house roasted turkey breast/ parmesan and roasted garlic cream/ sliced tomato/ crumbled bacon/ shredded NY cheddar/over grilled sourdough 14