



Proudly Presents:

Annual Health Awareness 2025!

Mind over Matter – It's a state of mind



Dr. Belinda Rowe



Joshua Arce



Gail White-Biggers



Anh Pham-Stepp

Saturday, April 26, 2025

10:00 am to 1:30 pm

Heritage Inn/Best Western Plus

8179 Spruce Ave.

Rancho Cucamonga, CA 91730

Continental Brunch
Many "Opportunity" Drawings



Speakers / Q&A Panel

Dr. Belinda Rowe

Founder/CEO

Joshua Arce

LP, American Center For The Aging

Gail White-Biggers

M.S., M.A

Anh Pham-Stepp

MFT, San Bernardino County Health Dept.

Registration Deadline:

Saturday, April 5, 2025

Register at: Gemssministry.com

Contact: Dr. Belinda Rowe
(626) 422-7669