

**Proudly Presents:** 

## **Annual Health Awareness 2025!**

Mind over Matter - It's a state of mind



Dr. Belinda Rowe



Joshua Arce



Gail White-Biggers



**Anh Pham-Stepp** 

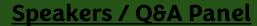
Saturday, April 26, 2025 10:00 am to 1:30 pm

Heritage Inn/Best Western Plus

8179 Spruce Ave.

Rancho Cucamonga, CA 91730

Continental Brunch
Many "Opportunity" Drawings



**Dr. Belinda Rowe**Founder/CEO

Joshua Arce LP, American Center For The Aging

> Gail White-Biggers M.S., M.A

Anh Pham-Stepp
MFT, San Bernardino County Health Dept.

Registration Deadline:

Saturday, April 5, 2025

Register at: Gemssministry.com

Contact: Dr. Belinda Rowe

(626) 422-7669