

DISASTER GUIDE



FOR FOOD AND AGRICULTURAL WORKERS

EN

ENGLISH

ALSO AVAILABLE IN:

Español



Cal OES

GOVERNOR'S OFFICE
OF EMERGENCY SERVICES

SAFETY STEPS FOR ANY DISASTER



GET ALERTS



Alerts are warning messages from public safety agencies to help you know what to do in an emergency.

- ✓ Sign up at calalerts.org for emergency alerts to be sent to your phone.
 - ✓ Sign up for alerts in the counties where you currently live and work.
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MAKE A PLAN



Make a paper contact list with names and phone numbers of your family and people you care about so you can reach them in a disaster. Give everyone on the contact list a copy of the list.

Pick meeting places outside of your neighborhood to reunite if your family gets separated during the disaster and can't go home.

Make sure that everyone knows where your meeting places are and practices getting to them.

Know that everyone is welcome at emergency shelters. Under California state law, all public shelters must be accessible. No one running an evacuation shelter can ask you for your ID.

PACK A GO BAG



Disasters happen fast. Pack up important items now, so you and your family will have what you need later:

- ✓ Copies of important documents.
 - ✓ Your contact list and a map marked with routes to get to your meeting places.
 - ✓ A list of all prescriptions taken by family members.
 - ✓ A list of what you will grab as you leave, including:
 - Keys
 - Phones and chargers or battery pack
 - Medicine
 - Important documents
 - Personal items
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BUILD A STAY BOX



In some disasters, you may be safer staying at home. Damage from the disaster might mean there is no electricity or water. Save up a little at a time until you have enough for everyone in your household to get by for 3 days:

- ✓ Water for both drinking and washing.
- ✓ Food that doesn't go bad and doesn't need to be cooked. Remember food for any pets.
- ✓ Plastic bags and a bucket for a makeshift toilet.

If you already own a flashlight or a portable radio, keep it someplace easy to find.



SAFETY TIPS



WILDFIRE

A Red Flag Warning means the weather may lead to extreme fire. **Prepare NOW.**

Add food, water, clothing and other necessities to everyone's **Go Bags**. Don't forget to plan for any pets.

Get a mask to protect your lungs. If you are working outdoors and the air quality is poor, wear a N95 or other high filtration mask.

If you are at work, make sure you know the emergency procedures and routes to safety.

Keep your vehicle's gas tank at least half full or have other transportation to evacuate. **Leave when told!**



FLOOD

Get plastic tarps and sandbags to keep out water.

Camping along water is always a risk. You don't know when rivers or streams may flood.

If you've been told to leave, go. Don't wait until you see rising water to go to higher ground.

Do not walk through moving water. It can make you fall, and you can't tell how deep it is or what the water is hiding.

Never drive into flooded areas, even if it means you can't get home or can't get to work.



EARTHQUAKE

Protect yourself when the earth shakes:

- ✓ **DROP** where you are, onto your hands and knees
- ✓ **COVER** your head and neck with one arm and hand
- ✓ **HOLD ON** until shaking stops

If you are inside, stay inside and get under a table. **COVER** and **HOLD ON.**

If you are outside, move away from anything that could fall and hurt you.

Be ready for aftershocks.

If you get trapped in a collapsed building, protect your mouth, nose and eyes from dust. If you have a cell phone, call **911** if you can. Bang on a pipe or wall to help others find you.



HELP OTHERS GET READY

- ✓ Think about who you can rely on in an emergency and who will rely on you.
- ✓ Talk with people you trust about planning ahead: health care workers, school staff, faith leaders.
- ✓ Know what you, your fellow workers, and your employer will have to do if disaster strikes at work.



WHERE ARE YOU FROM?



At listocalifornia.org/farmworker, you can find an audio file or video of this guide in your home language if you are from:

1. San Miguel Cuevas, Juxtlahuaca, Oaxaca (Mixteco)
2. Vicente Guerrero, Metlatonoc, Guerrero (Mixteco)
3. San Sebastián del Monte, Santo Domingo Tonalá, Oaxaca (Mixteco)
4. Yucuquimi de Ocampo, Tezoatlán de Segura y Luna, Oaxaca (Mixteco)
5. San Martin Peras, Juxtlahuaca, Oaxaca (Mixteco)
6. San Juan Piña, Juxtlahuaca, Oaxaca (Mixteco)
7. San Juan Coatecas Altas, Ejutla de Crespo, Oaxaca (Zapoteco)
8. San Martin Itunyoso, Tlaxiaco, Oaxaca (Triqui)
9. Ayotoxtla, Zapotitlán Tablas, Guerrero (Tlapaneco)
10. Turícuaro, Michoacán (Purépecha)



Additional languages are also available.
Scan to connect to audio files and videos at
listocalifornia.org/farmworker



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