

HOW IT WORKS GROUP

ZOOM MEETING SCHEDULE

Zoom # 396 171 2186

Password: Bluebook

DAY	PST PACIFIC STANDARD	MT MOUNTAIN TIME	CT CENTRAL TIME	ET EASTERN TIME
MONDAY	7:00AM 12:15PM 2:30PM 5:30PM	8:00AM 1:15PM 3:30PM 6:30PM	9:00AM 2:15PM 4:30PM 7:30PM	10:00AM 3:15PM 5:30PM 8:30PM
TUESDAY	7:00AM 12:15PM 2:30PM 5:30PM	8:00AM 1:15PM 3:30PM 6:30PM	9:00AM 2:15PM 4:30PM 7:30PM	10:00AM 3:15PM 5:30PM 8:30PM
WEDNESDAY	7:00AM 12:15PM 2:30PM 5:30PM	8:00AM 1:15PM 3:30PM 6:30PM	9:00AM 2:15PM 4:30PM 7:30PM	10:00AM 3:15PM 5:30PM 8:30PM
THURSDAY	7:00AM 12:15PM 2:30PM 5:30PM	8:00AM 1:15PM 3:30PM 6:30PM	9:00AM 2:15PM 4:30PM 7:30PM	10:00AM 3:15PM 5:30PM 8:30PM
FRIDAY	7:00AM 12:15PM 2:30PM 5:30PM	8:00AM 1:15PM 3:30PM 6:30PM	9:00AM 2:15PM 4:30PM 7:30PM	10:00AM 3:15PM 5:30PM 8:30PM
SATURDAY	6:30AM 9:30AM 12:15PM 2:30PM 5:30PM	7:30AM 10:30AM 1:15PM 3:30PM 6:30PM	8:30AM 11:30AM 2:15 PM 4:30PM 7:30PM	9:30AM 12:30AM 3:15 PM 5:30PM 8:30PM
SUNDAY	6:30AM 9:30AM 12:15PM 2:30PM 5:30PM	7:30AM 10:30AM 1:15PM 3:30PM 6:30PM	8:30AM 11:30AM 2:15 PM 4:30PM 7:30PM	9:30AM 12:30AM 3:15 PM 5:30PM 8:30PM

Notes:: For those of you who do not reside in North America, please Google to calculate time difference and create your own daily list. If you need help with this, reach out to The What's App Chat line.

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