

# HOW IT WORKS READINGS FOR 12 STEPS

The How It Works Worldwide Meeting kicks off with Steps 10 and 11

- Step 10: Use this tool to immediately address any "situations" you create during the day, reducing the need for later cleanup.
- Step 11: Start your day with a morning meditation to set a positive tone and end it with an evening meditation to resolve any issues before bed.

This approach stops alcoholics from creating more harm while they complete the rest of the steps.

These are ACTION STEPS, so get moving! Remember, we do this every day!

## Readings for STEP 1

- The Doctors Opinion ( XXV - XXXii )
- Chapter 1 - Bills Story ( Pages 1 - 16 )
- Chapter 2 - There is a Solution ( Pages 17 - 29 )
- Chapter 3 - More About Alcoholism ( Page 30 - 43 )
- Spiritual Experience ( Page 567, 568 )

## Reading for STEP 2

- - We Agnostics (pages 44- 57)

## Reading for STEP 3

- - How It Works (Pages 58-64)

## Reading for STEP 4

- - How it Works (Pages 64-71)

## Readings for STEPS 5, 6 and 7

- - Into Action (Pages 72 -76)

## Readings for STEPS 8 and 9

- - Into Action (Pages 76-84)

## Readings for STEPS 10,11 and 12

- Into Action (pages 84-88)
- Working with others (Pages 89-103)