

Poems of Life

Franklin C. Edwards



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This book is dedicated to anyone who is in an internal fight with themselves, and they feel they are losing the fight. You can either be your biggest hero or your own worst enemy. Choose wisely.



ACKNOWLEDGEMENT

I acknowledge God and my mother for always being there for me, and I'd like to share some scriptures that always bring me comfort.

2 Timothy 1:7

The Spirit God gave us does not make us afraid. His Spirit is a source of power and love and self-control. ERV

Joshua 1:9

Remember, I command you to be strong and brave. Don't be afraid, because the Lord your God will be with you wherever you go. ERV

Philippians 4:13

Christ is the one who gives me the strength I need to do whatever I must do. ERV

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True Friendship



A friend will do many things for you.

A real friend will do anything for you.

Whether you're right or wrong.

Whether they understand or they don't.

A real friend will do things for you that sometimes even your family won't.

Y'all aren't real friends until you go through hell and back together.

No matter if it's a storm or sunshine your bond doesn't break no matter the weather.

If you must question if they are your true friend, then the friendship isn't real.

A real friend you can trust with all your possessions because you know they won't steal.

A genuine friendship isn't something you see it's something you feel.

It's better to be alone than to be friends with people who aren't truly loyal to you.

Loyalty in friendship is priceless you're always there for them and they're always there for you, too.

The connection you share with a ride-or-die friend is truly inseparable.

The love that y'all have for each other is surely immeasurable.

Times change, feelings change, people change.

Tables turn, bridges burn, you live and learn.

Although the physical distance between you and a friend may one day grow in range,

The everlasting bond of your friendship should never change.

Improving Your Confidence



If you lack confidence, you care too much about other people's opinions of you.

Only you can judge what you see in the mirror because only you know what you have been through.

If you look in the mirror and love what you see then forget what anyone else has to say.

Honestly ask yourself...why do you care about what other people think anyway?

We all have our issues, we all have our problems, and we all have our flaws that people don't know.

If we all focused on ourselves and didn't judge each other, then a lot of people's confidence wouldn't be so low.

It's your one and only life to live so don't let them judge you because they don't matter in the end.

All that matters is how you see yourself, your relationship with God, your family, and true friends.

Lack of confidence also comes from being too stuck in your own head

Live your life with no regrets because you can't do any of this over once you're dead.

Try but don't try too hard.

Care but don't care too much.

You're human so you're going to win and lose.

Nobody has the magic touch.

Use the losses as motivation, use the wins as preparation because your confidence can be tested at any time.

I never want this world to steal your confidence again so if you need one, this is your sign.

All this time you've had a lack of confidence and survived so that's proof that in the end, you'll be fine!

Follow Your Heart



Your heart will never steer you wrong.
When nobody else believes in you, your heart will always cheer you on.
When nobody will sing with you your heart will always sing along.

Always follow your heart.

When you don't know what is true.
And you don't have a clue,
Your heart will know what to do.
Because your heart truly knows you.

Always follow your heart.

Your heart is that gut feeling.
The same heart that sometimes may need healing
Is the same heart that knows what's truly appealing.

Always follow your heart.

If you don't follow your heart, you'll go crazy.
If you don't follow your heart, you might get lazy.
Not following your heart will feel like slavery.

So always follow your heart.

Your heart tells you how you really feel, it isn't a fraud.
Your heart makes your vision clear when it's flawed.
Your heart will guide you when times feel odd.
Because your heart only listens to God.

So, do yourself a favor, and always follow your heart.

It's OK to Cry



Whoever said that it's not okay to cry told a lie.
Sometimes life gets hard and you wonder why you try.
Can't run from the pain.
And you don't see brighter days.
Everybody telling you, you need to change your ways.
But they don't understand what goes on in your brain.
All the pain and all the stress start turning into shame.
That's when you take a deep breath and let out a sigh!
Don't be ashamed because it's ok to cry!
You need to cry when life is hard because it's therapeutic.
All the tension built up will drive you crazy.
Sometimes you must let it all out so take some time off and cry like a baby.
If they tell you you're weak because you're crying, then that's stupid.
That way of thinking is toxic and their mind is polluted.
Crying is a God-given reaction to emotions.
You cry when you are happy and when you feel hopeless.
Crying will make you feel better in the end.
After you cry you will feel rejuvenated again!
Cry until your nose runs and let it all out.
Healing your broken spirit is what it's all about.
It's ok to cry.

Control What You Can Control



Control what you can control and let God handle the rest.

Let go and let God do His thing, He will take care of all your stress.

When things feel strange, when life feels uncertain, and when everything feels odd.

Say a prayer, take a deep breath, let go and let God.

Let Jesus take the wheel on this road we call life.

If you get knocked down once, then you stand up twice!

Stop all that worrying and pray about it.

Once you give it all to God, He will make a way about it.

Finding Peace



True happiness comes from peace, and peace comes from within.

Once you find peace you will never want to go back to being unhappy again.

Close your eyes and ask God may Your will be done on my life.

Forgive those whose lies broke your heart, and forgive those that stabbed you in your back with a knife.

Do this because it's another way you obtain peace, and it shows growth in your mentality.

Once you're at peace with yourself it is easier to create your own reality.

You can do what you want without hesitation and you'll finally feel like you're in control.

No longer will the outside world control your mindset, and you will be mentally free, which is the everlasting goal.

I can't tell you exactly what to do to achieve peace and happiness because that's a war you must fight on your own.

But pray about it, and you'll know the war is over once you've seen how much you've grown.

Chances Make Champions



If you're scared to take a risk how will anything in your life ever change?
If you're scared to take a chance your life will forever remain the same.

And if you're unhappy in the same situation for the rest of your life then only you are to blame.

There's no reason to fear failure if you shoot for the stars when you aim.
Doubt kills more dreams than failure ever will.

If you take a risk and fail, I can honestly tell you it's no big deal.

Let's be honest, you've failed in life before and look at you now... doing just fine. God will work everything out in due time.

Change is a challenge but, staying the same is also a challenge, so choose your challenges in life wisely.

Me personally, I just let God guide me.

Don't Be Afraid



The way I see it you can either run from it or embrace it.
Whether they talk good about you or bad about you doesn't matter because you can't erase it.
It makes you who you are and gives you inner peace.
It brings fulfillment to your life to say the very least.
What are you afraid of? Why do you care anyway?
Everyone has their own flaws so why care what they say?
Embrace everything that makes you who you are.
Embrace everything that makes you who you are not.
The longer you fight with yourself the harder life is.
Embracing yourself will change your perspective a lot.
Running from it will only tire you out in the long run.
Running to it will help you live a happy life and a long one.
A weight will be lifted off your shoulders once you accept it and embrace it.
Acknowledge and appreciate it, don't try to replace it.

Knowing Your Identity



Life can feel hard sometimes. Parents, teachers, and other adults are constantly telling you what to do. They are trying to help you think for yourself because your identity is all about you.

Knowing who you are and learning to be proud of your identity is the first and most important step in building a strong legacy. To be successful in life finding your identity is the recipe!

By being yourself, you put something beautiful into the world that was not there before, and when you know your identity, the world is much more fun to explore.

Good leaders never follow, and great leaders know who they truly are. Copying others will keep you on the ground but finding your identity will make you a shooting star.

You are a one-of-a-kind person with your own personality, style, and look.

Life is like a story, and you are the author of your own book.

Being different from everyone else is something to be happy about, don't follow others and you will always stand out. While people may influence your identity, only you choose who you really are. Love who you see in the mirror, and you will surely go far.

Remember not to compare yourself to anyone, because that might make you feel down, and put your mind in a sad place. You'll be happier if you stay in your own lane and run your own race.

Your identity is like a rainbow of colors that helps you shine when it's dark. Your skin color, your hair, your size, your talents, and your thoughts create a positive spark.

The colors in your rainbow may not always seem to shine, and you may want to hide however every color in your rainbow has a bright side.