



SMART GOAL-SETTING GUIDE

Goal-setting is a powerful tool for personal and professional growth. By setting clear, actionable goals, you can move with intention and purpose, ensuring that your actions align with your faith, values, and long-term vision. This guide will help you apply the SMART (Specific, Measurable, Achievable, Relevant, Time-bound) framework to your goals while integrating biblical principles to stay rooted in faith.



I HOPE TO...

BY JULY...

I AM FOCUSED ON...

WHY SMART GOALS?

SMART goals help provide clarity and direction, ensuring that your aspirations are well-defined and attainable. Scripture reminds us:

“Commit to the Lord whatever you do, and He will establish your plans.”
(Proverbs 16:3, NIV)

MY GOAL IS TO...





SPECIFIC

Define Your Goal

A goal should be well-defined and focused. Instead of saying, "I want to grow spiritually," a specific goal would be, "I will spend 30 minutes daily in prayer and Bible study to strengthen my faith."

Biblical Principle: *"Write the vision and make it plain..." (Habakkuk 2:2)*

I AM FOCUSED ON...

Example:

✗ Vague Goal:

"I want to be a better leader."

✓ SMART Goal:

"I will complete a Christian leadership course within three months to improve my ability to serve others with wisdom and integrity."



MEASURABLE

Track Your Progress

A measurable goal allows you to track your progress and stay accountable.

Biblical Principle: *“Each one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else.” (Galatians 6:4)*

IN THE NEXT YEAR, I WILL...

Example:

✗ Unmeasurable Goal:

"I want to save money."

✓ Measurable Goal:

"I will save \$200 per month for six months to build an emergency fund."



ACHIEVABLE

Set Realistic and Faith-Filled Goals

Your goals should challenge you while remaining attainable. Set yourself up for success by making sure they align with your resources, time, and God's guidance.

Biblical Principle: *"I can do all things through Christ who strengthens me."*
(Philippians 4:13)

I AM WORKING TOWARDS...

Example:

✗ Unmeasurable Goal:

"I will read the entire Bible in one week."

✓ Achievable Goal:

"I will read one chapter of the Bible daily and complete it within a year."



RELEVANT

Align Goals with Your Faith & Purpose

Your goals should reflect what is important to you and align with your God-given purpose.

Biblical Principle: *“For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.” (Jeremiah 29:11)*

BEFORE NEXT SPRING, I AM DETERMINED TO...

Example:

✗ Irrelevant Goal:

"I will learn French, even though I have no plans to use it."

✓ Relevant Goal:

"I will improve my public speaking skills to serve more effectively in ministry."



TIME-BOUND

Align Goals with Your Faith & Purpose

A time-bound goal creates urgency and helps you stay committed.

Biblical Principle: *“There is a time for everything, and a season for every activity under the heavens.”* (Ecclesiastes 3:1)

BY JULY, I WILL HAVE...

Example:

 **No Deadline:**

"I will start volunteering someday."

 **Time-Bound Goal:**

"I will begin volunteering at my church's outreach program every Saturday for the next three months."

QUESTIONS?

If you have any questions or need clarification regarding this guide, please don't hesitate to reach out. We are here to support and guide you.

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