

Education:

East Carolina University, Greenville, NC December 2015
MS Substance Abuse and Clinical Counseling (CACREP Accredited)

East Carolina University, Greenville, NC December 2010
BS Rehabilitation Services
Minor Alcohol and Drug Studies

Work Experience:

Addiction Professionals of North Carolina, Raleigh, NC October 2021-Present
Director of Scholastic Recovery

- Serves as subject matter expert for collegiate recovery programs.
- Provides leadership and strategic direction to ensure continued growth and development of scholastic recovery in NC.
- Provides technical assistance to secondary and higher learning institutions.

East Carolina University, Greenville, NC September 2015-October 2021
Center for Counseling & Student Development
Collegiate Recovery Community Coordinator/Alcohol & Other Drug Staff Counselor

- Coordinated and implemented programming related to Collegiate Recovery and Alcohol & other Drug issues on college campuses.
- Managed budgets, fundraising, and donor relationships with campus and community partners.
- Provided counseling and facilitated psychoeducational workshops for BASICS I and BASICS II Motivational Interviewing, incorporating CBT and other theoretical counseling techniques as needed, working with mandated students for first and second offenses of the code of conduct.
- Presented to classes, organizations, and Residence Life on substance use education, harm reduction, and prevention topics.
- Facilitated, planned, and implemented digital marketing strategies overseeing multiple platforms to enhance campus and community networking, communications, and outreach.
- Supervised interns and student workers who assisted with day-to-day operations and planning.
- Coordinated and implemented a food pantry to serve students in need.
- Coordinated and Facilitated University Naloxone Access Expansion Campaign.

PORT Human Services, Greenville, NC January 2011-October 2015
Adolescent Residential

- Substance Use Counselor, Primary Counselor
- Worked all shifts around the 24-hour schedule as needed, working both Day Treatment and Residential.
- Providing supervision and assured the safety of clients while planning and executing activities within the facility and in the community.
- Facilitated group therapy activities, individual therapy, family therapy and Adventure therapy camping trips.
- Involved in community efforts through Pitt County Coalition on Substance Use.

Consulting & Contracting:

Legislative Analysis and Public Policy Association (LAPPA) December 2021

Contributor

Model Syringe Services Program Act

The College of New Jersey, Ewing, New Jersey February 2021

Collegiate Recovery Community

Consultant

- Provided technical assistance and two-part presentations related to Justice, Equity, Diversity, and Inclusion in Collegiate Recovery spaces.

Sustainable Living Made Convenient, Greenville, NC January 2021-Present

Private Contractor/Consultant

- Provided extensive technical assistance related to Business & Organizational Development, Leadership Coaching, and Grant Writing.

East Carolina University, Greenville, NC July 2020-Present

Department of Addictions and Rehabilitation Studies

Adjunct Professor

January 2021-Present

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problems (3sh)
- Distance Education Instruction, Asynchronous 16 and 5 week, semester terms

Consultant July 2020-Present

- American Racism Project
- Provides insight and guidance directly to the Department Chair.
- Provides feedback and technical assistance to students and faculty.

Engage Recovery, LLC, Greenville, NC January 2020-Present

Founder/Chief Executive Officer

- Coordinating community think tanks.
- Providing consulting and technical assistance for podcast incubators.
- Facilitating collaborations to eradicate failed drug policies.

C4 Innovations, Needham, MA November 2017-Present

Private Contractor/Subject Matter Expert

- Provided extensive technical assistance to cohort members of various campus populations seeking to build Collegiate Recovery Programs and Communities through SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) and Capacity Building Opportunity (CBO).
- Provide training and technical assistance applying evidence-based practices in prevention, treatment, and recovery to meet locally identified needs through Opioid Response Network – State Targeted Response Technical Assistance Consortium (STR-TA).

Internships

East Carolina University, Greenville, NC May 2015-December 2015

Center for Counseling & Student Development

August 2014-December 2014

- Served on a committee for planning concerning Collegiate Recovery Community and activities related to recovery in Eastern NC.
- Provided counseling and facilitated psychoeducational workshops for BASICS I Motivational Interviewing, incorporating CBT and other theoretical counseling techniques as and I needed for substance use and more severe psychopathology.
- Participated in prevention efforts during Summer Orientation.

Adolescent Residential

- Exposed to a vast range of services and elements of the 12-core functions.
- Learned elements of behavior modification, token economy and other incentive-based learning models.
- Became familiar with Cognitive Behavioral Therapy, Reality Therapy and Seven Challenges, an evidence-based practice, which utilizes elements of Motivational Interviewing and Choice Theory.

Professional Organizations, Development, and Community Involvement:

Professional Organizations

- NAADAC, The Association for Addiction Professionals March 2019-Present
- Addictions Professionals of NC March 2019-Present
- Professional Association of Rehabilitation Counselors March 2018-Present
- Association of Recovery in Higher Education August 2015-Present
 - Board of Directors
 - President/Co-Chair February 2021-Present
 - President-Elect June 2020-Feb 2021
 - Director of Communications April 2018-September 2018
 - Mid-Atlantic Regional Representative September 2017-June 2020

Community Involvement

- NC HBCU Collegiate Recovery Minority Working Group December 2017-Present
- North Carolina Recovery Alliance Initiative February 2016-Present
 - State-wide Steering Committee March 2018-January 2021
 - Eastern NC Regional Coordinator March 2017-January 2021
- Pitt County Sheriff’s Heroin Addiction Recovery Program January 2019-Oct 2021
- Pitt County Coalition on Substance Use May 2013-Oct 2021

Higher Education Committees & Involvement

- Human Services Advisory Committee, Pitt CC June 2020-Present
- MS Clinical Counseling Advisory Board, ECU September 2016-Present
 - Student Affairs Food Insecurity, ECU December 2019-Oct 2021
- The T.E.A.M., ECU Chapter January 2018-Oct 2021
 - Faculty/Staff Advisor
- Alcohol, Tobacco, and other Drugs, ECU May 2015-October 2021

Professional Development

- Bridging Prevention and Recovery November 2021
- SMART Recovery July 2016
- Faces and Voices Recovery Messaging June 2015
- Motivational Interviewing March 2015
- TEDI Bear Stewards of Children March 2015

Invited Talks and Presentations:

- Green, J., Taylor, K., Harris, J., Bailey, S., Potter, S. (2022, Feb). Panelist. Tipping the Pain Scale. Addiction Professionals of NC, Shaw University, Raleigh, NC.
- Harris, Jarmichael R. (2021, Sept.). Keynote. "A Different World". Johnson & Wales University, Charlotte, NC.
- Harris, Jarmichael R. (2021, Sept.) Keynote. A.L.A.N.A. Scholars, East Carolina University, Greenville, NC
- Harris, Jarmichael R. (2021, Sept.) Keynote. "The War on Drugs: 50 Years Later." East Carolina University, Greenville, NC.
- Joab, R.; Smith, A.; Murphy, K.; Mizra, D.; Redding, J.; Harris, J. (2021), No Accommodations Necessary. Moderator, Closing Keynote. 12th National Collegiate Recovery Conference
- Elbert, S.; Watkins, S.; Smith, A.; Harris, J. (2021), From Prevention to Recovery: Centering Diversity, Equity and Inclusion in ATOD. 2021 APNC Spring Conference, Virtual
- Harris, J. (2020). Grab a Shovel, Treat the Soil. 2020 APNC Fall Conference, Virtual
- Murphy, K.; Smith, E.; Harris, J.; Miller, K. (2020, July). Panelist. "It Takes a Village " Mental Health Panel. Pace Runs Forever 5K Virtual Festival.
- Harris, J. (2020, July). Keynote. TEDxJHRoseHigh, Greenville, NC.
- Rabolt, T.; Castedo de Martell, S.; Harris, J.; Harper, K.; Bannard, T. (2020, April). Closing Panel. National Collegiate Recovery Day, Southern West Virginia Collegiate Recovery Network, Virtual.
- Harris, J.; Holmes, M.; Pinti-Dunston, J. (2019, October). Plenary. Collegiate Recovery: New Frontier. 2019 Fall Addictions Professionals of NC Conference, Wrightsville Beach, NC.
- Harris, J. (2019, August). Keynote Speaker. Your Profile, Your Platform: Advocacy in a Digital Age. 2019 Marginalized to Empowered Conference, Philadelphia, PA.
- Harris, J. (2019, July). Keynote Speaker. Collegiate Recovery. Omaha Collegiate Consortium, Omaha, Nebraska.
- De Jesus, K.; Reaves, D.; Harris, J.; Hosni, A.; Ramos, S. (2019, July) Panelist. Member's Choice Closing Keynote. Harm Reduction's Role in Collegiate Recovery, 10th National Collegiate Recovery Conference, Boston, MA.
- Blackburn, D.; Campau, C; Wright, L.; Harris, J.; Larson, M.; Savitsky, B. (2019, June) Panelist. Exploring Policies for Responsible Benzodiazepine and Stimulant... Greenville, NC.
- Aho, M.; Badwan, S.; Harris, J.; Wall, J. (2019, May) Panelist. Guest Leaders Night Forum. ECU Leadershape, Pine Knoll, Shores, NC.
- Barnhart, C.; Campau, C.; Harris, J.; Morgan, C. (2019, March) Panelist. The Anonymous People Screening, NC State University, Raleigh, NC.
- Harris, J. (2019, March) Faces and Voice of Recovery: Recovery Messaging Training, Pitt County Sheriff's Office, Greenville, NC.
- Harris, J. (2018, May) Keynote Speaker. Emerging Drugs in Pitt County, Pitt County Coalition on Substance Abuse Town Hall, Greenville, NC
- Harris, J. (2018, April) Change Agents, A Humanitarian Response to Substance Use Disorders", Symposium on Religion and Public Health, Greenville, NC
- Harris, J. (2018, March) Faces and Voice of Recovery: Recovery Messaging Training, The Professional Association of Rehabilitation Counselors (PARC), Pine Knoll Shores, NC
- Murphy, K.; Bannard, T.; Harris, J.; Reaves, D. (2017, Dec) Increasing Postsecondary Success: Leadership Development. SAMHSA, Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS)

Presentations:

- De Jesus, K.; Harris, J. (2021), Meeting at the Intersection Meeting at the Intersection: Mentoring and Motivation, 12th National Collegiate Recovery Conference, Virtual
- Elbert, S.; Watkins, S.; Smith, A.; Harris, J. (2021), From Prevention to Recovery: Centering Diversity, Equity and Inclusion in ATOD. NASPA Strategies, Virtual
- De Jesus, K.; Harris, J. (2020, June) Self Preservation & Collegiate Recovery: Showing Up Responsibly as a Social Justice Advocate. 11th National Collegiate Recovery Conference, Virtual
- Harris, J.; Dunson, J. (2020, June) Men's Culture and Prevention Efforts in Collegiate Recovery, 11th National Collegiate Recovery Conference, Virtual
- Harris, J.; Thorn, L. (2020, Feb) First Things First: Student Affairs' Role in Maslow's Hierarchy of Needs. 2020 Behavioral Health Convening, Chapel Hill, NC
- Harris, J.; Howard, L.; Pittman, L.; Cummings, L.; Thorn, L. (2020, Jan) Hunger and Homelessness in Higher Ed: Meeting..., 7th Annual Student Success Conference, Greenville, NC
- Harris, J. (2018, Oct) The Power of Your Story (Recovery Messaging), Mid-Atlantic Collegiate Recovery Conference, Greensboro, NC
- Harris, J.; Roebuck, A.; Clemmons-James, D.; Hammonds, S. (2018, Oct) Moderator. Building Inclusive Recovery Communities, 2018 Mid-Atlantic Collegiate Recovery Conf..., Greensboro, NC
- Harris, J.; De Jesus, K. (2018, July) Social Media: The Meeting Before the Meeting, 9th National Collegiate Recovery Conference, Houston, TX
- Morphet; Budnick; Campau; Harris; Bashore; Larson; Grubb; Webb; Wright; Buck (2018, April) Panelist. Clip the Crisis: An ECU Symposium on the Opioid Epidemic, Greenville, NC
- Liles, H.; Harris, J. (2017, Nov) Engaging Adolescents and Emerging Adults in Mandated Substance Use Treatment. 33rd Annual Substance Use Services State of the Art Conference, Greenville, NC
- Harris, Jarmichael R. (2017, July) New Kids on the Block: Establishing Your CRP. 8th National Collegiate Recovery Conference, Washington, DC

Publications:

Print

- Harris, J (2020). Contributor. Workit Health, Blog <https://www.workithealth.com/blog/author/jarmichaelh/>
- Harris, J (2020). Contributor. Association of Recovery in Higher Education, Blog <https://collegiaterecovery.org/2020/01/30/guest-post-jarmichael-harris-why-im-an-ally/>
- Harris, J.R. & De Jesus, K. (2018). Social Media: The Meeting Before the Meeting. Journal of Recovery Science, 1(2), c12. <https://doi.org/10.31886/jors.12.2018.32>
- Harris, Jarmichael R. (2016). North Carolina Recovery Program Summit May 24-25, 2016, Recovery Campus <http://recoverycampus.com/north-carolina-collegiaterecoveryprogramsummit-may-24-25-2016>

Audio

- Harper, K.; Hetfield, M.; Harris, J. (2021). Contributor. Changing the Conversation, Podcast. <https://thinkt3.libsyn.com/meghan-hetfield-and-jay-harris>
- Harris, J.; De Jesus, K. (2020-Present). Co-host/Executive Producer. Engage Recovery Presents: Meeting at the Intersection. Podcast. <https://anchor.fm/engagerecovery>

- Schrank, J.; Dresner, A.; Harris, J. (2020). Contributor. Rehab Confidential, Podcast. <https://podcasts.apple.com/us/podcast/rehab-confidential/id1518605107?i=1000493766759>
- Findlay, K.; Rao, A.; Harris, J. (2020). Contributor. The State of Things, WUNC <https://www.wunc.org/health/2020-05-21/embodied-finding-care-for-substance-use-disorders-during-a-pandemic>
- Hinton, H.; Erdmann, M.; Harris, J. (2019). Contributor. Talk of the Town 103.7FM, Greenville, NC
- Steen, S.; Harris, J.; Gates, T. (2018). Contributor. Recovery All Ways Podcast, <https://itunes.apple.com/us/podcast/wnc-recovery-alliancesummitjarmichaelharris/id1406804037?i=1000423603653&mt=2>
- Steen, S.; Harris, J.; Dresner, A.; Spooner, C. (2018). Contributor. Recovery All Ways Podcast, <https://itunes.apple.com/us/podcast/episode-29-on-location-atmindfulrecoverywellness/id1406804037?i=1000422710304&mt=2>
- Harris, Jarmichael R.; Cooper, Christopher. (2018-Present). Co-Host/Producer. Professional Culture the Podcast, <https://anchor.fm/profculturepodcast>
- Zalkins, T.; Perry, C.; Harris, J. (2017). Contributor. The Z Man Podcast, <https://itunes.apple.com/us/podcast/the-z-man-podcastwithtoddzalkins/id1261532100?mt=2&i=1000392576180>

Video

- Green, J., Taylor, K., Harris, J., Bailey, S., Potter, S. (February 2022). Panelist. Tipping the Pain Scale. Addiction Professionals of NC, Shaw University, Raleigh, NC. <https://www.tinyurl.com/apncshaw>
- Harris, Jarmichael. (2020) TEDxSpeaker. "Grab a Shovel, Treat the Soil". TEDxJHRoseHigh https://www.ted.com/talks/jarmichael_harris_grab_a_shovel_treat_the_soil
- Drawhorn, J.; Harris, J. (2020). Contributor. The Opposite Sex Revealed. <https://www.facebook.com/theoppositesexrevealed/videos/960190167765784/>
- Elias, J.; Harris, J. (2020). Contributor. The Badd Happy Hour. <https://www.instagram.com/tv/CBZcHhsnU9y/>
- Finch, J.; Harris, J. (2020). Contributor. Real Conversations. <https://www.youtube.com/watch?v=YrB4Sn4fY44&t=348s>
- De Jesus, K.; Reaves, D.; Harris, J.; Hosni, A.; Ramos, S. (2019) Panelist. Closing Keynote. Harm Reduction's Role in Collegiate Recovery, 10th National Collegiate Recovery Conference, Boston, MA. <https://www.facebook.com/collegiaterecovery/videos/620528611775365>
- Harper, K.; Harris, J.; Hosni, A. (2019) Panelist. Transforming Youth Recovery, From Abstinence to Sober Curious: How to Create an Inclusive but Safe and Affirming CRC https://www.youtube.com/watch?v=fDRrgML_cAQ&t=9s
- Bogomolova, I.; Harris, J. (2018). Contributor. A Client-Centered Approach to Recovery, Topic: Collegiate Recovery, Choice in Recovery <https://choiceinrecovery.thinkific.com/collections?category=courses>
- Morphet, R.; Budnick, C.; Campau, C.; Harris, J.; Bashore, T.; Larson, M.; Grubb, C.; Wright, Rebecca, R.; Buck, E. (2018) Panelist. Clip the Crisis: An ECU Symposium on the Opioid Epidemic, <https://www.facebook.com/PiratesSGA/videos/1372174322928818/>
- Shelton, C.; Huiel, K.; Harris, J. Contributor. (2017) ECU Campus Rec and Wellness Live Event, Facebook <https://www.facebook.com/ECUCRW/videos/10155689643039350/>
- Zalkins, T.; Perry, C.; Harris, J. (2017). Contributor. The Z Man Podcast, YouTube https://youtu.be/K_UkJR42mWE

Awards and Honors:

- ECU '40 Under Forty' Leadership Award January 2022
- ECU DARS 'Alumni of the Year' October 2021
- Northwest AHEC 'Eastern Recovery Champion' June 2021
- TEDxJHRoseHigh Speaker July 2020
- ECU Omicron Delta Kappa 'Speaker of Repute' April 2019
- Enlighten Recovery 'Recovery Champions & Allies' Honoree October 2018
- ARHE 'Collegiate Recovery Staff Member of the Year' July 2017
- ECU Student Affairs 'Emerging Professional' May 2017
- ECU Omicron Delta Kappa 'Honorary Member' April 2017