

**Education:**

December 2015

**East Carolina University, Greenville, NC**

MS Substance Abuse and Clinical Counseling (CACREP Accredited)

December 2010

**East Carolina University, Greenville, NC**

BS Rehabilitation Services

Minor Alcohol and Drug Studies

**Work Experience:**

October 2021-Present

**Addiction Professionals of North Carolina, Raleigh, NC**

Director of Scholastic Recovery

- Serves as subject matter expert for collegiate recovery programs.
- Serves as liaison to NCDHHS, NC Systems Office, and other entities regionally and nationally.
- Serves as Grant Writer for related projects.
- Provides leadership and strategic direction to ensure continued growth and development of scholastic recovery in NC.
- Provides technical assistance to secondary and higher learning institutions.
- Coordinates initiatives to address Social Determinants of Health and root causes of mental health and addictions at the community level.

September 2015-October 2021

**East Carolina University, Greenville, NC**

Center for Counseling & Student Development

Collegiate Recovery Community Coordinator/Alcohol & Other Drug Staff Counselor

- Coordinated and implemented programming related to Collegiate Recovery and Alcohol & other Drug issues on college campuses.
- Managed budgets, fundraising, and donor relationships with campus and community partners.
- Provided counseling and facilitated psychoeducational workshops for BASICS I and BASICS II Motivational Interviewing, incorporating CBT and other theoretical counseling techniques as needed, working with mandated students for first and second offenses of the code of conduct.
- Presented to classes, organizations, and Residence Life on substance use education, harm reduction, and prevention topics.
- Facilitated, planned, and implemented digital marketing strategies overseeing multiple platforms to enhance campus and community networking, communications, and outreach.
- Supervised interns and student workers who assisted with day-to-day operations and planning.
- Coordinated and implemented a food pantry to serve students in need.
- Coordinated and Facilitated University Naloxone Access Expansion Campaign.

January 2011-October 2015

**PORT Human Services, Greenville, NC**

Adolescent Residential

Substance Use Counselor, Primary Counselor

- Worked all shifts around the 24-hour schedule as needed, working both Day Treatment and Residential.
- Providing supervision and assured the safety of clients while planning and

- executing activities within the facility and in the community.
- Facilitated group therapy activities, individual therapy, family therapy and Adventure therapy camping trips.
- Involved in community efforts through Pitt County Coalition on Substance Use.

**Adjunct Teaching:**

May 2022-Present

**Faces and Voices of Recovery, Washington, DC**

National Recovery Institute

Adjunct Faculty

- Provides training, curriculum, and technical assistance for Recovery Community Organizations

January 2021-Present

**East Carolina University, Greenville, NC**

Department of Addictions and Rehabilitation Studies

Adjunct Professor

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problems (3sh)
- Distance Education Instruction, Asynchronous 16 and 5 week, semester terms

**Guest Lectures:**

Spring 2023

**University of Oregon, Eugene, OR**

- CFT 615 - Introduction to Marriage Family Therapy

Fall 2022

**East Carolina University, Greenville, NC**

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problems
- ADRE 2000 - Survey of Community Resources in Rehabilitation and Health Care

Fall 2020

**East Carolina University, Greenville, NC**

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problem

**Consulting & Contracting:**

January 2022-Present

**Truth to Live: Recovery Peer and Consulting Services, Greenville, NC**

Private Contractor/Consultant

- Provides Coaching regarding public speaking, business development, and event planning.

January 2021-Present

**Sustainable Living Made Convenient, Lexington, NC**

Private Contractor/Consultant

- Provides extensive technical assistance related to Business & Organizational Development, Leadership Coaching, and Grant Writing.

April 2020-Present

**American Academy of Addiction Psychiatry, East Providence, RI**

Private Contractor/Subject Matter Expert

- Provides training and technical assistance applying evidence-based practices in prevention, treatment, and recovery to meet locally identified needs through Opioid Response Network (ORN) – State Opioid Response (SOR) Technical Assistance Grant.

July 2020-Present

**East Carolina University, Greenville, NC**

Department of Addictions and Rehabilitation Studies

Consultant

- American Racism Project
- Provides insight and guidance directly to the Department Chair.
- Provides feedback and technical assistance to students and faculty.

January 2020-Present

**Engage Recovery, LLC, Greenville, NC**

Founder/Chief Executive Officer

- Coordinating community think tanks.
- Providing consultation and technical assistance for podcast incubators.

- Facilitating collaborations to eradicate failed drug policies.
  - Subject Matter Expert on Addictions, Recovery, Community Organizing, and Black Male Mental Health
- December 2021 **Legislative Analysis and Public Policy Association (LAPPA), Washington, DC**  
Model Syringe Services Program Act  
Contributor
- Provided editing and feedback to overall structure, use of language, and needs of people who use drugs and seek resources from Syringe Services Programs.
- February 2021 **The College of New Jersey, Ewing, New Jersey**  
Collegiate Recovery Community  
Consultant
- Provided technical assistance and two-part presentations related to Justice, Equity, Diversity, and Inclusion in Collegiate Recovery spaces.
- November 2017-June 2021 **C4 Innovations, Needham, MA**  
Private Contractor/Subject Matter Expert
- Provided extensive technical assistance to cohort members of various campus populations seeking to build Collegiate Recovery Programs and Communities through SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) and Capacity Building Opportunity (CBO).
  - Provide training and technical assistance applying evidence-based practices in prevention, treatment, and recovery to meet locally identified needs through Opioid Response Network (ORN) – State Targeted Response Technical Assistance Consortium (STR-TA).

**Internships:**

- May 2015-December 2015 **East Carolina University, Greenville, NC**  
August 2014-December 2014 Center for Counseling & Student Development
- Served on a committee for planning concerning Collegiate Recovery Community and activities related to recovery in Eastern NC.
  - Provided counseling and facilitated psychoeducational workshops for BASICS I Motivational Interviewing, incorporating CBT and other theoretical counseling techniques as and I needed for substance use and more severe psychopathology.
  - Participated in prevention efforts during Summer Orientation.
- August 2010-December 2010 **PORT Human Services, Greenville, NC**  
Adolescent Residential
- Exposed to a vast range of services and elements of the 12-core functions.
  - Learned elements of behavior modification, token economy and other incentive-based learning models.
  - Became familiar with Cognitive Behavioral Therapy, Reality Therapy and Seven Challenges, an evidence-based practice, which utilizes elements of Motivational Interviewing and Choice Theory.

**Professional Organizations:**

- March 2019-Present NAADAC, The Association for Addiction Professionals  
March 2019-Present Addictions Professionals of NC  
August 2015-Present Association of Recovery in Higher Education
- Board of Directors
    - President/Co-Chair, February 2021-June 2023
    - President-Elect, June 2020-February 2021
    - Director of Communications, April 2018-September 2018

**Community Involvement:**

January 2022-Present	Sexual Violence Prevention Advisory Council
February 2016-Present	North Carolina Recovery Alliance Initiative <ul style="list-style-type: none"><li>- State-wide Steering Committee, March 2018-January 2021</li><li>- Eastern NC Regional Coordinator, March 2017-January 2021</li></ul>
January 2019-October 2021	Pitt County Sheriff's Heroin Addiction Recovery Program
May 2013-October 2021	Pitt County Coalition on Substance Use

**Higher Education Committees & Involvement:**

January 2022-Present	HBCU Collaborative Network
October 2021-Present	NC Behavioral Health Convening Planning Committee
June 2020-Present	Human Services Advisory Committee, Pitt CC
December 2017-Present	HBCU Collegiate Recovery Network
September 2016-Present	MS Clinical Counseling Advisory Board, ECU
December 2019-October 2021	Student Affairs Food Insecurity, ECU
January 2018-October 2021	The T.E.A.M., ECU Chapter <ul style="list-style-type: none"><li>- Faculty/Staff Advisor</li></ul>
May 2015-October 2021	Alcohol, Tobacco, and other Drugs, ECU

**Professional Development:**

January 2023	LivingWorks Start
November 2021	Bridging Prevention and Recovery
July 2016	SMART Recovery
June 2015	Faces and Voices Recovery Messaging
March 2015	Motivational Interviewing
March 2015	TEDI Bear Stewards of Children

**Keynote Presentations (13):**

- Seaman, D.; LaBelle, O.; Hosni, A.; Ernst.; Vela, M.; Lofgren, J.; Harris, J. (2023, July) Panelist. Staff and Administration: Current State of Collegiate Recovery. Mental Health and Substance Use Collegiate Recovery Dialogue. SAMHSA Office of Recovery, Rockville, MD.
- Clemmons-James, D.; Locklear, R.; Blackmon, B.; O'Brien.; Ferreri, M.; Harris, J. (2022, June). Moderator, ARHE/ARS/AAPG Opening Keynote, Richmond, VA.
- Harris, J. Mental Health Awareness Month - Black Men and & Mental Health (2022) Keynote. NAMI, Minnesota, Virtual
- Harris, Jarmichael R. (2022, Oct). Keynote. "Humanitarian Response to Substance Use Disorder. NC Recreational Therapy Association State Conference, Greenville, NC
- Harris, Jarmichael R. (2021, Sept.). Keynote. "A Different World". Johnson & Wales University, Charlotte, NC.
- Harris, Jarmichael R. (2021, Sept.) Keynote. A.L.A.N.A. Scholars, East Carolina University, Greenville, NC
- Harris, Jarmichael R. (2021, Sept.) Keynote. "The War on Drugs: 50 Years Later." East Carolina University, Greenville, NC.
- Joab, R.; Smith, A.; Murphy, K.; Mizra, D.; Redding, J.; Harris, J. (2021), No Accommodations Necessary. Moderator, Closing Keynote. 12th National Collegiate Recovery Conference
- Harris, J. (2020, July). Keynote. TEDxJHRoseHigh, Greenville, NC.
- Harris, J. (2019, August). Keynote Speaker. Your Profile, Your Platform: Advocacy in a Digital Age. 2019 Marginalized to Empowered Conference, Philadelphia, PA.
- Harris, J. (2019, July). Keynote Speaker. Collegiate Recovery. Omaha Collegiate Consortium, Omaha, Nebraska.
- De Jesus, K.; Reaves, D.; Harris, J.; Hosni, A.; Ramos, S. (2019, July) Panelist. Member's Choice Closing Keynote. Harm Reduction's Role in Collegiate Recovery, 10th National Collegiate Recovery Conference, Boston, MA.
- Harris, J. (2018, May) Keynote Speaker. Emerging Drugs in Pitt County, Pitt County Coalition on Substance Abuse Town Hall, Greenville, NC

**Invited Talks and Presentations (18):**

- Harris, Jarmichael (2023, Sept) Humanitarian Response to Substance Use Disorders. East Carolina University, Virtual.
- Harris, J., Kennedy, C., Kessler, J., Cooper, V. (2023, Sept) Moderator. Collegiate Recovery - How to Manage Recovery in College. NC Department of Health and Human Services, Virtual.
- Harris, J. (2023, June) Facilitator. Virtual Roundtable: Imposter Syndrome: Working with Recovery When You Aren't in Recovery. ARHE/ARS/AAPG National Conference and HECAOD National Meeting. Columbus, Ohio.
- Clemmons-James, D. Harris, J. (2023, June). Collegiate Recovery: A Continuum Connector, North Carolina Association of County Commissioners NC Summit on Reducing Overdoses, Durham, NC
- Harris, J., Campau, C. (2023, May). Advocacy in a Digital Age, NC Coalition Against Sexual Assault Biennial Conference, Virtual.
- Green, J., Taylor, K., Harris, J., Bailey, S., Potter, S. (2022, Feb). Panelist. Tipping the Pain Scale. Addiction Professionals of NC, Shaw University, Raleigh, NC.
- Elbert, S.; Watkins, S.; Smith, A.; Harris, J. (2021), From Prevention to Recovery: Centering Diversity, Equity and Inclusion in ATOD. 2021 APNC Spring Conference, Virtual
- Harris, J. (2020). Grab a Shovel, Treat the Soil. 2020 APNC Fall Conference, Virtual
- Murphy, K.; Smith, E.; Harris, J.; Miller, K. (2020, July). Panelist. "It Takes a Village " Mental Health Panel. Pace Runs Forever 5K Virtual Festival.
- Rabolt, T.; Castedo de Martell, S.; Harris, J.; Harper, K.; Bannard, T. (2020, April). Closing Panel. National Collegiate Recovery Day, Southern West Virginia Collegiate Recovery Network, Virtual.
- Harris, J.; Holmes, M.; Pinti-Dunston, J. (2019, October). Plenary. Collegiate Recovery: New Frontier. 2019 Fall Addictions Professionals of NC Conference, Wrightsville Beach, NC.
- Blackburn, D.; Campau, C; Wright, L.; Harris, J.; Larson, M.; Savitsky, B. (2019, June) Panelist. Exploring Policies for Responsible Benzodiazepine and Stimulant...Greenville, NC.
- Aho, M.; Badwan, S.; Harris, J.; Wall, J. (2019, May) Panelist. Guest Leaders Night Forum. ECU Leadershape, Pine Knoll, Shores, NC.
- Barnhart, C.; Campau, C.; Harris, J.; Morgan, C. (2019, March) Panelist. The Anonymous People Screening, NC State University, Raleigh, NC.
- Harris, J. (2019, March) Faces and Voice of Recovery: Recovery Messaging Training, Pitt County Sheriff's Office, Greenville, NC.
- Harris, J. (2018, April) Change Agents, A Humanitarian Response to Substance Use Disorders", Symposium on Religion and Public Health, Greenville, NC
- Harris, J. (2018, March) Faces and Voice of Recovery: Recovery Messaging Training, The Professional Association of Rehabilitation Counselors (PARC), Pine Knoll Shores, NC
- Murphy, K.; Bannard, T.; Harris, J.; Reaves, D. (2017, Dec) Increasing Postsecondary Success: Leadership Development. SAMHSA, Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS)

**Additional Presentations (13):**

- De Jesus, K.; Harris, J. (2022), Dismantling the Effects of Systemic Racism by Creating Inclusive Spaces for Recovery, 13th National Collegiate Recovery Conference, Richmond, VA.
- Holley, K.; Harris, J. (2022) Recovery Ain't For Everybody: Cultural barriers of "recovery" in the Black Community, APNC Spring Conference 2022, Asheville, NC/NC One Community in Recovery Conference 2022, Greensboro, NC
- De Jesus, K.; Harris, J. (2021), Meeting at the Intersection: Mentoring and Motivation, 12th National Collegiate Recovery Conference, Virtual
- Elbert, S.; Watkins, S.; Smith, A.; Harris, J. (2021), From Prevention to Recovery: Centering Diversity, Equity and Inclusion in ATOD. NASPA Strategies, Virtual
- De Jesus, K.; Harris, J. (2020, June) Self Preservation & Collegiate Recovery: Showing Up Responsibly as a Social Justice Advocate. 11<sup>th</sup> National Collegiate Recovery Conference, Virtual Harris, J.; Dunson, J. (2020, June) Men's Culture and Prevention Efforts in Collegiate Recovery, 11<sup>th</sup> National Collegiate Recovery Conference, Virtual

- Harris, J.; Thorn, L. (2020, Feb) First Things First: Student Affairs' Role in Maslow's Hierarchy of Needs. 2020 Behavioral Health Convening, Chapel Hill, NC
- Harris, J.; Howard, L.; Pittman, L.; Cummings, L.; Thorn, L. (2020, Jan) Hunger and Homelessness in Higher Ed: Meeting..., 7th Annual Student Success Conference, Greenville, NC
- Harris, J. (2018, Oct) The Power of Your Story (Recovery Messaging), Mid-Atlantic Collegiate Recovery Conference, Greensboro, NC
- Harris, J.; Roebuck, A.; Clemmons-James, D.; Hammonds, S. (2018, Oct) Moderator. Building Inclusive Recovery Communities, 2018 Mid-Atlantic Collegiate Recovery Conf..., Greensboro, NC
- Harris, J.; De Jesus, K. (2018, July) Social Media: The Meeting Before the Meeting, 9th National Collegiate Recovery Conference, Houston, TX
- Morphett; Budnick; Campau; Harris; Bashore; Larson; Grubb; Webb; Wright; Buck (2018, April) Panelist. Clip the Crisis: An ECU Symposium on the Opioid Epidemic, Greenville, NC
- Liles, H.; Harris, J. (2017, Nov) Engaging Adolescents and Emerging Adults in Mandated Substance Use Treatment. 33rd Annual Substance Use Services State of the Art Conference, Greenville, NC
- Harris, Jarmichael R. (2017, July) New Kids on the Block: Establishing Your CRP. 8th National Collegiate Recovery Conference, Washington, DC

#### Written & Printed Publications (4):

- Harris, J (2020). Contributor. Workit Health, Blog <https://www.workithealth.com/blog/author/jarmichaelh/>
- Harris, J (2020). Contributor. Association of Recovery in Higher Education, Blog <https://collegiaterecovery.org/2020/01/30/guest-post-jarmichael-harris-why-im-an-ally/>
- Harris, J.R. & De Jesus, K. (2018). Social Media: The Meeting Before the Meeting. Journal of Recovery Science, 1(2), c12. <https://doi.org/10.31886/jors.12.2018.32>
- Harris, Jarmichael R. (2016). North Carolina Recovery Program Summit May 24-25, 2016, Recovery Campus <http://recoverycampus.com/north-carolina-collegiaterecoveryprogramsummit-may-24-25-2016>

#### Podcasts and Interviews (9):

- Harper, K.; Hetfield, M.; Harris, J. (2021). Contributor. Changing the Conversation, Podcast. <https://think3.libsyn.com/meghan-hetfield-and-jay-harris>
- Harris, J.; De Jesus, K. (2020). Co-host/Executive Producer. Engage Recovery Presents: Meeting at the Intersection. Podcast. <https://anchor.fm/engagerecovery>
- Schrank, J.; Dresner, A.; Harris, J. (2020). Contributor. Rehab Confidential, Podcast. <https://podcasts.apple.com/us/podcast/rehab-confidential/id1518605107?i=1000493766759>
- Findlay, K.; Rao, A.; Harris, J. (2020). Contributor. The State of Things, WUNC <https://www.wunc.org/health/2020-05-21/embodied-finding-care-for-substance-use-disorders-during-a-pandemic>
- Hinton, H.; Erdmann, M.; Harris, J. (2019). Contributor. Talk of the Town 103.7FM, Greenville, NC
- Steen, S.; Harris, J.; Gates, T. (2018). Contributor. Recovery All Ways Podcast, <https://itunes.apple.com/us/podcast/wnc-recovery-alliancesummitjarmichaelharris/id1406804037?i=1000423603653&mt=2>
- Steen, S.; Harris, J.; Dresner, A.; Spooner, C. (2018). Contributor. Recovery All Ways Podcast, <https://itunes.apple.com/us/podcast/episode-29-on-location-atmindfulrecoverywellness/id1406804037?i=100042710304&mt=2>
- Harris, Jarmichael R.; Cooper, Christopher. (2018-2020). Co-Host/Producer. Professional Culture the Podcast, <https://anchor.fm/profculturepodcast>
- Zalkins, T.; Perry, C.; Harris, J. (2017). Contributor. The Z Man Podcast, <https://itunes.apple.com/us/podcast/the-z-man-podcastwithtoddzalkins/id1261532100?mt=2&i=1000392576180>

#### Video Interviews and Presentations (11):

- Green, J., Taylor, K., Harris, J., Bailey, S., Potter, S. (February 2022). Panelist. Tipping the Pain Scale. Addiction Professionals of NC, Shaw University, Raleigh, NC. <https://www.tinyurl.com/apncshaw>
- Harris, Jarmichael. (2020) TEDxSpeaker. "Grab a Shovel, Treat the Soil". TEDxJHRoseHigh [https://www.ted.com/talks/jarmichael\\_harris\\_grab\\_a\\_shovel\\_treat\\_the\\_soil](https://www.ted.com/talks/jarmichael_harris_grab_a_shovel_treat_the_soil)

- Drawhorn, J.; Harris, J. (2020). Contributor. The Opposite Sex Revealed. <https://www.facebook.com/theoppositesexrevealed/videos/960190167765784/>
- Elias, J.; Harris, J. (2020). Contributor. The Badd Happy Hour. <https://www.instagram.com/tv/CBZcHhsnU9y/>
- Finch, J.; Harris, J. (2020). Contributor. Real Conversations. <https://www.youtube.com/watch?v=YrB4Sn4fy44&t=348s>
- De Jesus, K.; Reaves, D.; Harris, J.; Hosni, A.; Ramos, S. (2019) Panelist. Closing Keynote. Harm Reduction's Role in Collegiate Recovery, 10th National Collegiate Recovery Conference, Boston, MA. <https://www.facebook.com/collegiaterecovery/videos/620528611775365>
- Harper, K.; Harris, J.; Hosni, A. (2019) Panelist. Transforming Youth Recovery, From Abstinence to Sober Curious: How to Create an Inclusive but Safe and Affirming CRC [https://www.youtube.com/watch?v=fDRrgML\\_cAQ&t=9s](https://www.youtube.com/watch?v=fDRrgML_cAQ&t=9s)
- Bogomolova, I.; Harris, J. (2018). Contributor. A Client-Centered Approach to Recovery, Topic: Collegiate Recovery, Choice in Recovery <https://choiceinrecovery.thinkific.com/collections?category=courses>
- Morphet, R.; Budnick, C.; Campau, C.; Harris, J.; Bashore, T.; Larson, M.; Grubb, C.; Wright, Rebecca, R.; Buck, E. (2018) Panelist. Clip the Crisis: An ECU Symposium on the Opioid Epidemic, <https://www.facebook.com/PiratesSGA/videos/1372174322928818/>
- Shelton, C.; Huiel, K.; Harris, J. Contributor. (2017) ECU Campus Rec and Wellness Live Event, Facebook <https://www.facebook.com/ECUCRW/videos/10155689643039350/>
- Zalkins, T.; Perry, C.; Harris, J. (2017). Contributor. The Z Man Podcast, YouTube [https://youtu.be/K\\_UkJR42mWE](https://youtu.be/K_UkJR42mWE)

### **Professional Awards and Honors (10):**

March 2023	Museum of African American Addictions Treatment and Recovery Inaugural 'Rising Star'
January 2022	ECU '40 Under Forty' Leadership Award
October 2021	ECU DARS Inaugural 'Alumni of the Year'
June 2021	Northwest AHEC 'Eastern Recovery Champion'
July 2020	TEDxJHRoseHigh Speaker
April 2019	ECU Omicron Delta Kappa 'Speaker of Repute'
October 2018	Enlighten Recovery 'Recovery Champions & Allies' Honoree
July 2017	ARHE 'Collegiate Recovery Staff Member of the Year'
May 2017	ECU Student Affairs 'Emerging Professional'
April 2017	ECU Omicron Delta Kappa 'Honorary Member'