

**Education:**

December 2015

**East Carolina University, Greenville, NC**

MS Substance Use and Clinical Counseling (CACREP Accredited)

December 2010

**East Carolina University, Greenville, NC**

BS Rehabilitation Services

Minor Alcohol and Drug Studies

**Work Experience:**

October 2021-Present

**Addiction Professionals of North Carolina, Raleigh, NC**

Director of Scholastic Recovery of NC Higher Education Consortium

- Serves as subject matter expert for collegiate recovery programs
- Serves as liaison to NCDHHS, UNC Systems Office, and other entities regionally and nationally
- Serves as Grant Writer for related projects
- Provides leadership and strategic direction to ensure continued growth and development of scholastic recovery in NC
- Provides technical assistance to secondary and higher learning institutions
- Coordinates initiatives to address Social Determinants of Health and root causes of mental health and addictions at the community level

September 2015-October 2021

**East Carolina University, Greenville, NC**

Center for Counseling & Student Development

Collegiate Recovery Community Coordinator/Alcohol & Other Drug Staff Counselor

- Coordinated and implemented programming related to Collegiate Recovery and Alcohol & other Drug issues on college campuses
- Managed budgets, fundraising, and donor relationships with campus and community partners
- Provided counseling and facilitated psychoeducational workshops for BASICS I and BASICS II Motivational Interviewing, incorporating CBT and other theoretical counseling techniques as needed, working with mandated students for first and second offenses of the code of conduct.
- Presented to classes, organizations, and Residence Life on substance use education, harm reduction, and prevention topics.
- Facilitated, planned, and implemented digital marketing strategies overseeing multiple platforms to enhance campus and community networking, communications, and outreach.
- Supervised interns and student workers who assisted with day-to-day operations and planning.
- Coordinated and implemented a food pantry to serve students in need.
- Coordinated and Facilitated University Naloxone Access Expansion Campaign.

January 2011-October 2015

**PORT Human Services, Greenville, NC**

Adolescent Residential

Substance Use Counselor, Primary Counselor

- Worked all shifts around the 24-hour schedule as needed, working both Day Treatment and Residential.
- Providing supervision and ensuring clients' safety while planning and executing

activities within the facility and community.

- Facilitated group therapy activities, individual therapy, family therapy, and Adventure therapy camping trips.
- Involved in community efforts through Pitt County Coalition on Substance Use.

**Adjunct Teaching:**  
May 2022-Present

**Faces and Voices of Recovery, Washington, DC**  
National Recovery Institute

**Adjunct Faculty**

- Provides training, curriculum, and technical assistance for Recovery Community Organizations

**East Carolina University, Greenville, NC**  
Department of Addictions and Rehabilitation Studies

**Adjunct Professor**

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problems (3sh)
- Distance Education Instruction, Asynchronous 16 and 5-week semester terms

**Guest Lectures:**

Fall 2024

**Elon University, Elon, NC**

- HHS 3980 - Practicum - Voices from the Field

Spring 2023

**University of Oregon, Eugene, OR**

- CFT 615 - Introduction to Marriage Family Therapy

Fall 2022

**East Carolina University, Greenville, NC**

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problems
- ADRE 2000 - Survey of Community Resources in Rehabilitation and Health Care

Fall 2020

**East Carolina University, Greenville, NC**

- ADRE 2003 - Alcohol and Drug Abuse: Health Issues and Social Problem

**Consulting & Contracting:**

August 2023

**Substance Abuse and Mental Health Services Administration (SAMHSA)**  
**Office of Recovery, Rockville, MD**

Collegiate Recovery Dialogue on Mental Health and Substance Use

Contributor

- Provided insights and identified themes related to Collegiate Recovery to inform the conversations and the following report.

January 2022-Present

**Truth to Live: Recovery Peer and Consulting Services, Greenville, NC**

Private Contractor/Consultant

- Provides Coaching regarding public speaking, business development, and event planning.

January 2021-Present

**Sustainable Living Made Convenient, Lexington, NC**

Private Contractor/Consultant

- Provides extensive technical assistance related to Business & Organizational Development, Leadership Coaching, and Grant Writing.

April 2020-Present

**American Academy of Addiction Psychiatry, East Providence, RI**

Private Contractor/Subject Matter Expert

- Provides training and technical assistance for applying evidence-based practices in prevention, treatment, and recovery to meet locally identified needs through the Opioid Response Network (ORN)—State Opioid Response (SOR) Technical Assistance Grant.

July 2020-Present

**East Carolina University, Greenville, NC**

Department of Addictions and Rehabilitation Studies

Consultant

- American Racism Project
- Provides insight and guidance directly to the Department Chair.

<p>January 2020-Present</p> <p>December 2021</p> <p>February 2021</p> <p>November 2017-June 2021</p> <p><b>Internships:</b></p> <p>May 2015-December 2015</p> <p>August 2014-December 2014</p> <p>August 2010-December 2010</p>	<ul style="list-style-type: none"> <li>Provides feedback and technical assistance to students and faculty.</li> </ul> <p><b>Engage Recovery, LLC, Greenville, NC</b></p> <p>Founder/Chief Executive Officer</p> <ul style="list-style-type: none"> <li>Providing consultation and coaching on public speaking and presentation design.</li> <li>Providing consultation and technical assistance for podcast incubators.</li> <li>Facilitating collaborations to eradicate failed drug policies.</li> <li>Subject Matter Expert on Addictions, Recovery, Community Organizing, and Black Male Mental Health</li> </ul> <p><b>Legislative Analysis and Public Policy Association (LAPPA), Washington, DC</b></p> <p>Model Syringe Services Program Act</p> <p>Contributor</p> <ul style="list-style-type: none"> <li>Provided editing and feedback on overall structure, use of language, and needs of people who use drugs and seek resources from Syringe Services Programs.</li> </ul> <p><b>The College of New Jersey, Ewing, New Jersey</b></p> <p>Collegiate Recovery Community</p> <p>Consultant</p> <ul style="list-style-type: none"> <li>Provided technical assistance and two-part presentations on Justice, Equity, Diversity, and Inclusion in Collegiate Recovery spaces.</li> </ul> <p><b>C4 Innovations, Needham, MA</b></p> <p>Private Contractor/Subject Matter Expert</p> <ul style="list-style-type: none"> <li>Provided extensive technical assistance to cohort members of various campus populations seeking to build Collegiate Recovery Programs and Communities through SAMHSA's Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) and Capacity Building Opportunity (CBO).</li> <li>Provide training and technical assistance applying evidence-based practices in prevention, treatment, and recovery to meet locally identified needs through the Opioid Response Network (ORN) – State Targeted Response Technical Assistance Consortium (STR-TA).</li> </ul> <p><b>East Carolina University, Greenville, NC</b></p> <p>Center for Counseling &amp; Student Development</p> <ul style="list-style-type: none"> <li>Served on a committee for planning concerning the Collegiate Recovery Community and activities related to recovery in Eastern NC.</li> <li>Provided counseling and facilitated psychoeducational workshops for BASICS I Motivational Interviewing, incorporating CBT and other theoretical counseling techniques as needed for substance use and more severe psychopathology.</li> <li>Participated in prevention efforts during Summer Orientation.</li> </ul> <p><b>PORT Human Services, Greenville, NC</b></p> <p>Adolescent Residential</p> <ul style="list-style-type: none"> <li>Exposed to a vast range of services and elements of the 12-core functions.</li> <li>Learned behavior modification, token economy, and other incentive-based learning models.</li> <li>Became familiar with Cognitive Behavioral Therapy, Reality Therapy, and Seven Challenges, an evidence-based practice that utilizes Motivational Interviewing and Choice Theory elements.</li> </ul> <p><b>Keynote Presentations:</b></p> <ul style="list-style-type: none"> <li>Harris, Jarmichael R. (2025, Dec) Keynote. Grab a Shovel, Treat the Soil. Umoja/HOPE 4 the Future Youth Mental Health Conference. Asheville, NC.</li> <li>Harris, Jarmichael R. (2025, Dec) Keynote. People, Purpose, and the Power of Presence. East Carolina University,</li> </ul>
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College of Allied Health Sciences, Graduation Recognition Ceremony, Greenville, NC.

- Harris, Jarmichael R. (2025, Sept) Keynote. Finding Your Foothing: Real Talk on Alcohol, Drugs, and Thriving in College. Freshmen Discovery Series. Meredith College, Raleigh, NC.
- Harris, Jarmichael R. (2025, May) TED-Style Talk. Grab a Shovel, Treat the Soil. National Council for Mental Wellbeing NatCon 2025, Philadelphia, PA.
- Harris, Jarmichael R. (2024, April) Keynote. Never the SAME: Self-Assessment Materializes Empowerment. SMART Recovery 30th Anniversary Conference, Salt Lake City, UT.
- Seaman, D.; LaBelle, O.; Hosni, A.; Ernst.; Vela, M.; Lofgren, J.; Harris, J. (2023, July) Panelist. Staff and Administration: Current State of Collegiate Recovery. Mental Health and Substance Use Collegiate Recovery Dialogue. SAMHSA Office of Recovery, Rockville, MD.
- Clemons-James, D.; Locklear, R.; Blackmon, B.; O'Brien.; Ferreri, M.; Harris, J. (2022, June). Moderator, ARHE/ARS/AAPG Opening Keynote, Richmond, VA.
- Harris, J. Mental Health Awareness Month - Black Men and & Mental Health (2022) Keynote. NAMI, Minnesota, Virtual
- Harris, Jarmichael R. (2022, Oct). Keynote. "Humanitarian Response to Substance Use Disorder. NC Recreational Therapy Association State Conference, Greenville, NC
- Harris, Jarmichael R. (2021, Sept.). Keynote. "A Different World". Johnson & Wales University, Charlotte, NC.
- Harris, Jarmichael R. (2021, Sept.) Keynote. A.L.A.N.A. Scholars, East Carolina University, Greenville, NC
- Harris, Jarmichael R. (2021, Sept.) Keynote. "The War on Drugs: 50 Years Later." East Carolina University, Greenville, NC.
- Joab, R.; Smith, A.; Murphy, K.; Mizra, D.; Redding, J.; Harris, J. (2021), No Accommodations Necessary. Moderator, Closing Keynote. 12th National Collegiate Recovery Conference
- Harris, J. (2020, July). Keynote. TEDxJHRoseHigh, Greenville, NC.
- Harris, J. (2019, August). Keynote Speaker. Your Profile, Your Platform: Advocacy in a Digital Age. 2019 Marginalized to Empowered Conference, Philadelphia, PA.
- Harris, J. (2019, July). Keynote Speaker. Collegiate Recovery. Omaha Collegiate Consortium, Omaha, Nebraska.
- De Jesus, K.; Reaves, D.; Harris, J.; Hosni, A.; Ramos, S. (2019, July) Panelist. Member's Choice Closing Keynote. Harm Reduction's Role in Collegiate Recovery, 10th National Collegiate Recovery Conference, Boston, MA.
- Harris, J. (2018, May) Keynote Speaker. Emerging Drugs in Pitt County, Pitt County Coalition on Substance Abuse Town Hall, Greenville, NC

**Invited Talks and Presentations:**

- Randolph, J.; Harris, J. (2025, Sept) Collegiate Recovery Foundations: New Staff Orientations (Part 1), NC Higher Education Consortium, Virtual.
- Randolph, J.; Harris, J. (2025). Purpose, Principles, & Possibilities. Webinar Series for New Professionals, NC TTA Center, Virtual/APNC Fall Conference, Atlantic Beach, NC.
- Wright, J.; Harris, J. (2025, June.) Walking Love into Spaces, Spindale, NC.
- Drye, S.; Harris, J.; Waldon, S.; Kenley, AJ; McIntosh, J. (2024, Feb) Panelist. Black History Month: Addressing Substance Use Disparities in BIPOC Communities, Shatterproof, UNSHAME KY, Virtual.
- Harris, Jarmichael (2023, Sept) Humanitarian Response to Substance Use Disorders. East Carolina University, Virtual.
- Harris, J., Kennedy, C., Kessler, J., Cooper, V. (2023, Sept). Moderator. Collegiate Recovery - How to Manage Recovery in College. NC Department of Health and Human Services, Virtual.
- Harris, J. (2023, June). Facilitator. Virtual Roundtable: Imposter Syndrome: Working with Recovery When You Aren't in Recovery. ARHE/ARS/AAPG National Conference and HECAOD National Meeting. Columbus, Ohio.
- Clemons-James, D. Harris, J. (2023, June). Collegiate Recovery: A Continuum Connector, North Carolina Association of County Commissioners NC Summit on Reducing Overdoses, Durham, NC
- Harris, J., Campau, C. (2023, May). Advocacy in a Digital Age, NC Coalition Against Sexual Assault Biennial Conference, Virtual.
- Green, J., Taylor, K., Harris, J., Bailey, S., Potter, S. (2022, Feb). Panelist. Tipping the Pain Scale. Addiction Professionals of NC, Shaw University, Raleigh, NC.
- Elbert, S.; Watkins, S.; Smith, A.; Harris, J. (2021), From Prevention to Recovery: Centering Diversity, Equity and Inclusion in ATOD. 2021 APNC Spring Conference, Virtual

- Harris, J. (2020). Grab a Shovel, Treat the Soil. 2020 APNC Fall Conference, Virtual
- Murphy, K.; Smith, E.; Harris, J.; Miller, K. (2020, July). Panelist. "It Takes a Village" Mental Health Panel. Pace Runs Forever 5K Virtual Festival.
- Rabolt, T.; Castedo de Martell, S.; Harris, J.; Harper, K.; Bannard, T. (2020, April). Closing Panel. National Collegiate Recovery Day, Southern West Virginia Collegiate Recovery Network, Virtual.
- Harris, J.; Holmes, M.; Pinti-Dunston, J. (2019, October). Plenary. Collegiate Recovery: New Frontier. 2019 Fall Addictions Professionals of NC Conference, Wrightsville Beach, NC.
- Blackburn, D.; Campau, C.; Wright, L.; Harris, J.; Larson, M.; Savitsky, B. (2019, June) Panelist. Exploring Policies for Responsible Benzodiazepine and Stimulant...Greenville, NC.
- Aho, M.; Badwan, S.; Harris, J.; Wall, J. (2019, May) Panelist. Guest Leaders Night Forum. ECU LeaderShape, Pine Knoll, Shores, NC.
- Barnhart, C.; Campau, C.; Harris, J.; Morgan, C. (2019, March) Panelist. The Anonymous People Screening, NC State University, Raleigh, NC.
- Harris, J. (2019, March) Faces and Voice of Recovery: Recovery Messaging Training, Pitt County Sheriff's Office, Greenville, NC.
- Harris, J. (2018, April) Change Agents, A Humanitarian Response to Substance Use Disorders", Symposium on Religion and Public Health, Greenville, NC
- Harris, J. (2018, March). Faces and Voice of Recovery: Recovery Messaging Training, The Professional Association of Rehabilitation Counselors (PARC), Pine Knoll Shores, NC
- Murphy, K.; Bannard, T.; Harris, J.; Reaves, D. (2017, Dec). Increasing Postsecondary Success: Leadership Development. SAMHSA, Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS)

**Additional Presentations:**

- Knowles, E., Harris, J (2025, December). From Silos to Synergy: Connecting Substance Use Prevention, Recovery, and Violence Prevention on College Campuses, Solving the Campus Sexual & Dating Violence Puzzle 2025, Virtual
- Harris, J. (2025, April). Scholastic Recovery: A New Frontier for SMART Recovery, 2025 SMART Recovery Conference, Charlotte, NC.
- Harris, J.; Colbert, R. (2025) Collective Minds for the Collective Good: Advancing Impact Through Collaborative Networks and Braided Funding, 2025 Joint Meeting on Youth Prevention, Treatment, and Recovery. Baltimore, MD / APNC Spring Conference 2025, Lake Junaluska, NC.
- Harris, J., Asma, B., Elman, A. (2023). Creating a Collegiate Recovery Continuum of Care, NC Behavioral Health Convening, Chapel Hill, NC / APNC Fall Conference, Beaufort, NC.
- De Jesus, K.; Harris, J. (2022), Dismantling the Effects of Systemic Racism by Creating Inclusive Spaces for Recovery, 13th National Collegiate Recovery Conference, Richmond, VA.
- Holley, K.; Harris, J. (2022) Recovery Ain't For Everybody: Cultural barriers of "recovery" in the Black Community, APNC Spring Conference 2022, Asheville, NC / NC One Community in Recovery Conference 2022, Greensboro, NC
- De Jesus, K.; Harris, J. (2021), Meeting at the Intersection: Mentoring and Motivation, 12th National Collegiate Recovery Conference, Virtual
- Elbert, S.; Watkins, S.; Smith, A.; Harris, J. (2021), From Prevention to Recovery: Centering Diversity, Equity and Inclusion in ATOD. NASPA Strategies, Virtual
- De Jesus, K.; Harris, J. (2020, June). Self-Preservation & Collegiate Recovery: Showing Up Responsibly as a Social Justice Advocate. 11<sup>th</sup> National Collegiate Recovery Conference, Virtual
- Harris, J.; Dunson, J. (2020, June) Men's Culture and Prevention Efforts in Collegiate Recovery, 11<sup>th</sup> National Collegiate Recovery Conference, Virtual
- Harris, J.; Thorn, L. (2020, Feb) First Things First: Student Affairs' Role in Maslow's Hierarchy of Needs. 2020 Behavioral Health Convening, Chapel Hill, NC
- Harris, J.; Howard, L.; Pittman, L.; Cummings, L.; Thorn, L. (2020, Jan) Hunger and Homelessness in Higher Ed: Meeting..., 7th Annual Student Success Conference, Greenville, NC
- Harris, J. (2018, Oct). The Power of Your Story (Recovery Messaging), Mid-Atlantic Collegiate Recovery Conference, Greensboro, NC

- Harris, J.; Roebuck, A.; Clemons-James, D.; Hammonds, S. (2018, Oct) Moderator. Building Inclusive Recovery Communities, 2018 Mid-Atlantic Collegiate Recovery Conference, Greensboro, NC
- Harris, J.; De Jesus, K. (2018, July) Social Media: The Meeting Before the Meeting, 9th National Collegiate Recovery Conference, Houston, TX
- Morphet, Budnick, Campau, Harris, Bashore, Larson, Grubb, Webb, Wright, and Buck (2018, April) Panelist. Clip the Crisis: An ECU Symposium on the Opioid Epidemic, Greenville, NC
- Liles, H.; Harris, J. (2017, Nov) Engaging Adolescents and Emerging Adults in Mandated Substance Use Treatment. 33rd Annual Substance Use Services State of the Art Conference, Greenville, NC
- Harris, Jarmichael R. (2017, July) New Kids on the Block: Establishing Your CRP. 8th National Collegiate Recovery Conference, Washington, DC

#### **Written & Printed Publications:**

- Harris, J (2020). Contributor. Workit Health, Blog <https://www.workithealth.com/blog/author/jarmichaelh/>
- Harris, J (2020). Contributor. Association of Recovery in Higher Education, Blog <https://collegiaterecovery.org/2020/01/30/guest-post-jarmichael-harris-why-im-an-ally/>
- Harris, J.R. & De Jesus, K. (2018). Social Media: The Meeting Before the Meeting. Journal of Recovery Science, 1(2), c12.
- Harris, Jarmichael R. (2016). North Carolina Recovery Program Summit May 24-25, 2016, Recovery Campus

#### **Videos, Podcasts, and Interviews:**

- Bergman, R., Kelley, C., Brown, M., McKeever, J., Harris, J. (2026). Contributor. Collaboration Conversations. LinkedIn Live.
- Howe, S., Coyner, M., Harris, J. (2024). Contributor. Connecting Students with Collegiate Recovery with Jarmichael Harris. Connections Podcast <https://apnc.org/connecting-students-with-collegiate-recovery-with-jarmichael-harris/>
- Dicken, J., Abbott, R., Harris, J., Stein, J. (February 2024). Panelist. Protecting the Next Generation of North Carolinians Webinar Series <https://ncdoj.gov/protecting-the-next-generation-of-north-carolinians-webinar-series/>
- Green, J., Taylor, K., Harris, J., Bailey, S., Potter, S. (February 2022). Panelist. Tipping the Pain Scale. Addiction Professionals of NC, Shaw University, Raleigh, NC. <https://www.tinyurl.com/apncshaw>
- Harper, K.; Hetfield, M.; Harris, J. (2021). Contributor. Changing the Conversation, Podcast. <https://thinkt3.libsyn.com/meghan-hetfield-and-jay-harris>
- Harris, J.; De Jesus, K. (2020). Co-host/Executive Producer. Engage Recovery Presents: Meeting at the Intersection. Podcast. <https://anchor.fm/engagerecovery>
- Schrank, J.; Dresner, A.; Harris, J. (2020). Contributor. Rehab Confidential, Podcast. <https://podcasts.apple.com/us/podcast/rehab-confidential/id1518605107?i=1000493766759>
- Harris, Jarmichael. (2020) TEDxSpeaker. "Grab a Shovel, Treat the Soil". TEDxJHRoseHigh [https://www.ted.com/talks/jarmichael\\_harris\\_grab\\_a\\_shovel\\_treat\\_the\\_soil](https://www.ted.com/talks/jarmichael_harris_grab_a_shovel_treat_the_soil)
- Drawhorn, J.; Harris, J. (2020). Contributor. The Opposite Sex Revealed. <https://www.facebook.com/theoppositesexrevealed/videos/960190167765784/>
- Elias, J.; Harris, J. (2020). Contributor. The Badd Happy Hour. <https://www.instagram.com/tv/CBZchhsnU9y/>
- Finch, J.; Harris, J. (2020). Contributor. Real Conversations. <https://www.youtube.com/watch?v=YrB4Sn4fY44&t=348s>
- Findlay, K.; Rao, A.; Harris, J. (2020). Contributor. The State of Things, WUNC <https://www.wunc.org/health/2020-05-21/embodied-finding-care-for-substance-use-disorders-during-a-pandemic>
- De Jesus, K.; Reaves, D.; Harris, J.; Hosni, A.; Ramos, S. (2019) Panelist. Closing Keynote. Harm Reduction's Role in Collegiate Recovery, 10th National Collegiate Recovery Conference, Boston, MA. <https://www.facebook.com/collegiaterecovery/videos/620528611775365>
- Hinton, H.; Erdmann, M.; Harris, J. (2019). Contributor. Talk of the Town 103.7FM, Greenville, NC
- Harper, K.; Harris, J.; Hosni, A. (2019) Panelist. Transforming Youth Recovery, From Abstinence to Sober Curious: How to Create an Inclusive but Safe and Affirming CRC [https://www.youtube.com/watch?v=fDRgML\\_cAQ&t=9s](https://www.youtube.com/watch?v=fDRgML_cAQ&t=9s)
- Harris, Jarmichael R.; Cooper, Christopher. (2018-2020). Co-Host/Producer. Professional Culture the Podcast,

<https://anchor.fm/profculturepodcast>

- Steen, S.; Harris, J.; Dresner, A.; Spooner, C. (2018). Contributor. Recovery All Ways Podcast, <https://itunes.apple.com/us/podcast/episode-29-on-location-atmindfulrecoverywellness/id1406804037?i=1000422710304&mt=2>
- Bogomolova, I.; Harris, J. (2018). Contributor. A Client-Centered Approach to Recovery, Topic: Collegiate Recovery, Choice in Recovery <https://choiceinrecovery.thinkific.com/collections?category=courses>
- Morphet, R.; Budnick, C.; Campau, C.; Harris, J.; Bashore, T.; Larson, M.; Grubb, C.; Wright, Rebecca, R.; Buck, E. (2018) Panelist. Clip the Crisis: An ECU Symposium on the Opioid Epidemic, <https://www.facebook.com/PiratesSGA/videos/1372174322928818/>
- Shelton, C.; Huiel, K.; Harris, J. Contributor. (2017) ECU Campus Rec and Wellness Live Event, Facebook <https://www.facebook.com/ECUCRW/videos/10155689643039350/>
- Zalkins, T.; Perry, C.; Harris, J. (2017). Contributor. The Z Man Podcast, YouTube [https://youtu.be/K\\_UkJR42mWE/](https://youtu.be/K_UkJR42mWE/) <https://itunes.apple.com/us/podcast/the-z-man-podcastwithtoddzalkins/id1261532100?mt=2&i=1000392576180>

#### **Professional Organizations:**

March 2019-Present	NAADAC, The Association for Addiction Professionals
March 2019-Present	Addiction Professionals of NC
August 2015-Present	Association of Recovery in Higher Education <ul style="list-style-type: none"><li>- Board of Directors<ul style="list-style-type: none"><li>- President/Co-Chair, February 2021-June 2023</li><li>- President-Elect, June 2020-February 2021</li><li>- Director of Communications, April 2018-September 2018</li><li>- Mid-Atlantic Regional Representative, September 2017-June 2020</li></ul></li></ul>

#### **Community Involvement:**

March 2024-Present	APNC Social Justice Committee
January 2022-Present	North Carolina Sexual Violence Prevention Advisory Council
February 2016-Present	North Carolina Recovery Alliance Initiative <ul style="list-style-type: none"><li>- State-wide Steering Committee, March 2018-January 2021</li><li>- Eastern NC Regional Coordinator, March 2017-January 2021</li></ul>
January 2019-October 2021	Pitt County Sheriff's Heroin Addiction Recovery Program
May 2013-October 2021	Pitt County Coalition on Substance Use

#### **Higher Education Committees & Involvement:**

February 2025-Present	Addiction Studies and Mental Health Advisory Board, TCHCP
September 2023-Present	International Collegiate Recovery Leadership Advisory Council
January 2022-Present	HBCU/MSI Collaborative Network
June 2020-Present	Human Services Advisory Committee, Pitt Community College
December 2017-Present	HBCU Collegiate Recovery Network
September 2016-Present	MS Clinical Counseling Advisory Board, ECU
December 2010-Present	ECU Alumni Association
December 2019-October 2021	Student Affairs Food Insecurity, ECU
January 2018-October 2021	The T.E.A.M., ECU Chapter <ul style="list-style-type: none"><li>- Faculty/Staff Advisor</li></ul>
May 2015-October 2021	Alcohol, Tobacco, and Other Drugs Task Force, ECU

#### **Conference and Event Planning:**

July 2024-Present	NC AOD Collegiate Summit
October 2021-Present	NC Behavioral Health Convening Planning Committee
June 2020-Present	ARHE/ARS/AAPG Conference Planning Committee

March 2017-October 2017

July 2016-October 2021

Eastern NC Recovery Alliance Initiative Regional Meet-up

ECU/Pitt County Recovery Month Event Planning

**Professional Development:**

February 2025	National Council for Mental Wellbeing Middle Management Academy
November 2024	Fountainworks Amplify Your Leadership
May 2024	The Management Center - Managing Projects
November 2023	Substance Use And Misuse Prevention Skills Training (SUMPST)
January 2023	LivingWorks Start
November 2021	Bridging Prevention and Recovery
August 2020	Mobilize Recovery 2020
July 2016	SMART Recovery Facilitator
June 2015	Faces and Voices Recovery Messaging
March 2015	Motivational Interviewing
March 2015	TEDI Bear Stewards of Children

**Professional Awards and Honors:**

March 2023	Museum of African American Addictions Treatment and Recovery Inaugural 'Rising Star'
January 2022	ECU '40 Under Forty' Leadership Award
October 2021	ECU DARS Inaugural 'Alumni of the Year'
June 2021	Northwest AHEC 'Eastern Recovery Champion'
April 2019	ECU Omicron Delta Kappa 'Speaker of Repute'
October 2018	Enlighten Recovery 'Recovery Champions & Allies' Honoree
July 2017	ARHE 'Collegiate Recovery Staff Member of the Year'
May 2017	ECU Student Affairs 'Emerging Professional'
April 2017	ECU Omicron Delta Kappa 'Honorary Member'