



## THE BREAKTHROUGH NEWSLETTER

September 2021

Volume 1

### When the going gets hard: don't lose focus

When the going gets tough, this is when many of us give up. We tend to throw in the towel and sit out the fight. We regress into survival mode trying to just live, but for some, they give up. When the going gets hard, do you just quit or fight your way through? When things get dicey in life, sometimes we think it is only us going through such situations. We are never alone in struggling in this world.

Many people before you and I have had challenges. Some found creative ways of utilizing the challenges to their advantages, and some who cannot see solutions beyond challenges are weighed down and give up. As iron is hardened with its heating in fire, such is it that difficult situations are supposed to build you if you allow it. Learning for challenges allows you to live outside the box, explore your inner being and the gifts nestled within you. But then the real question is, do you consider yourself a source of knowledge and intellect. A source of possibilities?

Many people who started from scratch, from poverty and homelessness will tell you that hitting rock bottom is hard, but they also had the imagination and the audacity to say that they need to change their situation.



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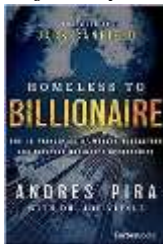
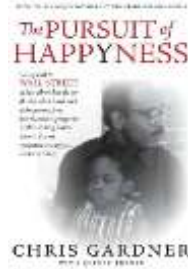


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Check out the lives of Chris Garner's story in the movie, *In the Pursuit of Happyness*, a homeless story to a millionaire story. His success did not happen overnight, but his decision to do something about his situation changed his trajectory in life. A similar example is *From Homeless to Billionaire*, the Andres Pira story. All these people decided to change their trajectory in life by first changing their mindset when the



going was tough. So, the bottom line is, when the going gets tough, do not give up. See the lessons offered in the challenge and dream and work towards solutions. It is possible. *There is no problem without a solution.*

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