

BEFORE YOUR FIRST APPOINTMENT

If you choose to use your health insurance, please note you must call your insurance company prior to your first appointment. We do not verify coverage here in this office and each of our clinicians are independently licensed. Please ask the following questions to the **Mental/Behavioral Health Division** representative so that all of the billing information is complete. If your claims are denied due to "no authorization", you will be responsible for any balance due. Payment is required on your copay, and/or unmet deductible amounts, at the time of your visit.

My appointment with	on	at:
1. Do I need an authorization for counseling se	essions? Yes	. No
2. If so, what is my authorization number		
3. How many sessions are allowed for this autl	horization?	
4. What is my copay amount?	Do I have a ded	uctible?
5. What is my UNMET deductible amount?		
6. Are these services under an Employee Assis	stance Program (I	EAP)?
7. What is the billing address for claims?		

Please feel free to contact our office at 740.587.5252, with any questions. Thank you.

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Client Information

	Date of Birth:	
Address: City	State	Zip
		1
Sex: Male Female Social Security Number:		
Telephone Number: Home ()	Cell ()	
Work () Ext:	_	
Email for appointment reminders		
If necessary, may we call you at work, if we do not identify o		
Responsible I	Party	
Name:	Relationship to client	
Address: City		<u>-</u>
Street City	State	Zip
Email address for payments/insurance		
Primary Insurance Company:	•	
modiumos Company.		
Insurance Company: Employer's Name:		
Employer's Name: Name of Insured:	Insured's SS Number	
Employer's Name:	Insured's SS Number Insured's DOB:	
Employer's Name:	Insured's SS Number Insured's DOB: iild Other ace Policy	
Employer's Name:	Insured's SS Number Insured's DOB: nild Other nice Policy	
Employer's Name: Name of Insured: Insured's Identification Number: Client's relationship to insured: Self Spouse Ch	Insured's SS Number Insured's DOB: nild Other nice Policy	
Employer's Name:	Insured's SS NumberInsured's DOB: iild Other ace Policy	
Employer's Name:	Insured's SS NumberInsured's DOB: nild Other nce Policy Insured's SS Number	

Assignment of Benefits and Release of Information

I authorize NGC to release information necessary to effect treatment and claims payment. I also authorize

Signed:		Date:
	Telephone	Consumer Protection Act (TCPA)
dialing systems, autor	nated messages, email,	ny entity authorized by NGC, including those using automated text messaging or other electronic communication to contact mail address and/or mailing address provided.
Email address:		
Signed:		Date:
		Consent to Treat
I agree to mental heal	h and/or alcohol and dr	rug treatment as offered by NGC for:
Myself	My Child	The person for whom I am legal guardian.
I acknowledge this co	nsent is voluntary and d	loes not include medication/somatic (psychiatric) services.
I give consent for the of Privacy Practices	use of my protected hea	alth information for treatment and payment as described in the
. I further acknowledge on this consent has all		writing, this consent at any time except to the extent that action
Signature:		Reviewed by Clinician:
Date:		Date:
		Emergency Contact



Office Policy

Welcome to *Newark Granville Counseling*. We are pleased that you have selected us to aid you to a healthier life. We want to make your visits as easy as possible by providing information that will help you with our office procedures. Feel free to discuss any concerns you have with your therapist.

Please be sure to bring these items with you for each session: *Insurance Card & Payment (cash, check, or HSA/credit card)*. We may not be able to see you if you do not bring these items.

Are there any considerations I need to know before entering the counseling process?

The treatment process will be most helpful to you when you are honest and trust the process. We honor your presence and will work with you to make this a beneficial experience.

How long does each appointment take and how long will I be in counseling?

Appointments can be anywhere from 45 to 50-minute sessions. Your individual needs are determined by you and your therapist and will dictate the frequency of appointments and the treatment duration.

How can I be assured that my records are confidential?

State and Federal laws govern that your records are confidential. We release information with your signed permission. Please be aware of several rare exceptions to confidentiality. In situations of possible harm to you or another, suspected child abuse or neglect, or when a court subpoenas your records, your therapist may be required to release confidential material. You should be aware all insurance companies require a clinical diagnosis. Sometimes we have to provide additional information such as a treatment plan or summaries, or copies of the entire record (in rare instances). This information becomes part of the insurance company files. While the insurance companies do have to follow the same practices as we do regarding confidentiality, we have no control over what they do with your records. We will be glad to share with you any information released to your insurance company. Please refer to the Notice of Privacy Practices for additional information.

What if I want to switch therapists?

Signature of Client or Legal Guardian

We believe that you, as a consumer, need to be comfortable with the services provided. If you would like a different therapist, please discuss this in treatment. It is important that you have a therapist that meets your needs.

What if I have an emergency that can't wait until my next appointment?

If you call our office during regular business hours, we will try to have an available therapist respond to your needs. If there is not an available therapist, or if you have an emergency after business hours, please call 911, 211, or the Crisis Line 345-4357 (345-HELP) or go to the nearest emergency room.

Are there special considerations if I am bringing my child for treatment?

If the client is a minor, a custodial parent must sign a permission form authorizing services. Oftentimes the therapist will need to obtain background information from the parent to aid in the treatment process. The therapist will explain to you and your child how confidentiality works in such cases. The sessions may be divided to allow for parental consultation time. Your therapist will discuss this with you. In the case of divorce, both parents will be considered equally responsible for payment. Whoever brings the child to the office is responsible for payment at the time of the visit.

Thank you for reading this information. If you have questions about these or other matters, now or during your treatment course, please discuss them with your therapist. Dealing with these issues is often an important part of treatment. We look forward to meeting with you. If you would like a copy of these office policies for your records, please ask our Office Manager.

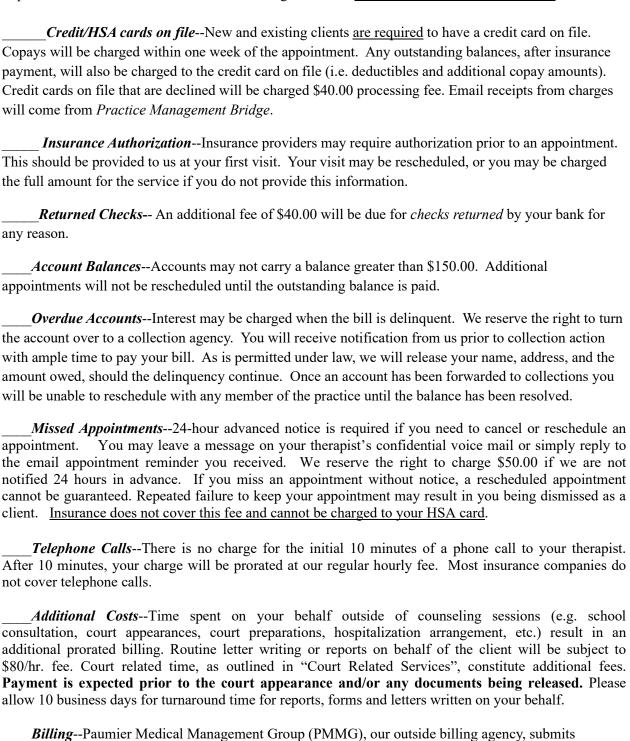
Date

I HAVE READ AND FOLLOW THE POL		HE PRECEDING	INFORMATION	AND AGREE TO
FOLLOW THE FOL	ACI.			



Financial Agreement

Welcome to *Newark Granville Counseling Ltd*. We want to make your visits as easy as possible by providing information that will help you with our billing procedures. This agreement is in place in order to prevent the financial burden of an outstanding balance. *Please read and initial each item*.



insurance claims on your behalf and may send bills for outstanding balances.

FEES

Initial Office Visit -\$185 Ongoing appointments, Individual, 50 minutes \$170 Ongoing appointments, Family, 45 minutes \$160 Ongoing appointments, Individual, 45 minutes \$145

I HAVE READ AND UNDERSTAND THE PRECEDING INFORMATION AND AGREE TO FOLLOW THE POLICY.

Client Name:	Reviewed by Clinician:	
Signature:	Date:	



Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The Health Insurance Portability & Accountability Act of 1996 ("HIPAA") is a federal program that requires that all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper, or orally, are kept properly confidential. This Act gives you, that patient, significant new rights to understand and control how your health information is used. "HIPAA" provides penalties for covered entities that misuse personal health information.

As required by "HIPAA", we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment, and health care operations.

- **Treatment** means providing, coordinating, or managing health care and related services by one or more health care providers.
- Payment means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment, or to a collection agency if necessary.
- Health Care Operations include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, cost-management analysis, and customer service. An example would be an internal quality assessment review.

We may also create and distribute de-identified health information by removing all references to individually identifiable information.

We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Any other uses and discloses will be made only with your written authorization. You may revoke such authorization in writing, and we are required to honor and abide by that written request, except to the extent that we have already taken actions relying on your authorization.

You have the following rights with respect to your protected health information. **Protected health** information covers any identifiable information in the file, information compiled in reasonable

anticipation of, or for use in a civil, criminal, or administrative action or proceeding, and certain information used for research situations. You can exercise your rights by presenting a written request to the Privacy Officer, *McKenzie Povlinko*, LPCC-S, MFT, (740) 587-5252.

You have the right to:

- Request restrictions on certain uses and disclosures of protected health information, including those related to disclosures to family members, other relatives, close personal friends, or any other person identified by you. We are, however, not required to agree to a requested restriction. If we do agree to a restriction, we must abide by it unless you agree in writing to remove it.
- Reasonable requests to receive confidential communications of protected health information from us by alternative means or at alternative locations.
- Inspect and copy your protected health information.
- Amend your protected health information.
- Receive an accounting of disclosures of protected health information.

We are required by law to maintain the privacy of your protected health information and to provide you with notice of our legal duties and privacy practices with respect to protected health information.

This notice is effective as of April 14, 2003, and we are required to abide by the terms of the Notice of Privacy Practices currently in effect. We reserve the right to change the terms of our Notice of Privacy Practices and to make the new notice provisions effective for all protected health information that we maintain. We will post and you may request a written copy of a revised Notice of Privacy Practices from this office.

You have recourse if you feel that your privacy protections have been violated. You have the right to file a written complaint with our office, or with the Department of Health and Human Services, Office of Civil Rights, about violations of the provisions of this notice or the policies and procedures of our office. We will not retaliate against you for filing a complaint.

Any individual or others filing a complaint will not be intimidated, coerced, threatened, or discriminated against, provided the individual(s) is acting in good faith, believe the practice opposed is unlawful, and the manner of opposition is reasonable, involving the disclosure of protected health information.

Please contact us for more information:

For more information about HIPAA or to file a complaint:

McKenzie Povlinko, LPCC-S, MFT Privacy Officer Newark Granville Counseling, Ltd 945 River Rd Granville, OH 43023-9169 740.587.5252 The US Department of Health/Human Services Office of Civil Rights 200 Independence Ave., SW Washington, DC 20201 (202) 619.0257 Toll Free: 1.877.696.6775



Notice of Privacy Practice Acknowledgement

I understand that, under the Health Insurance Portability & Accountability Act of 1996 ("HIPAA"), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and certifications.

I have received, read, and understand your *Notice of Privacy Practices* containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its *Notice of Privacy Practices* from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the *Notice of Privacy Practices*.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment, or health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Signature:	
Client Name:	
Relationship to client:	
Date:	

OFFICE USE ONLY

I attempted to obtain the client's signature in acknowledgement on this Notice of Privacy Practices Acknowledgement but was unable to do so as documented below.

Date:	Initials:	Reason:

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Court Related Services

If required to testify in court or at a deposition involving your therapy, regardless of who initiates my involvement, a non-refundable retainer of \$1500 is due within 24 hours of the subpoena being served, to block out my schedule to ensure my availability. If the subpoena is received without a minimum of 10 business days' advance notice, there will be an additional nonrefundable express charge of \$500. You will be responsible for the retainer fee whether I testify or not; further, the cause of cancellation, whether it is initiated by the court or one of the interested parties is irrelevant.

When it comes to court actions the retainer will take care of the following:

- Preparation time
- Phone calls
- Preparing and/or filing a document with the court or the party who issued the subpoena.
- Mileage
- Time away from the office, including travel time, due to the subpoena and/or the inability to reschedule with clients once appointments are cleared in order to testify.

The following fees are not included in the retainer fee, and will be billed after the court appearance, and are due upon receipt.

• Actual time required to give testimony or deposition: \$250 per hour.

I understand and agree to pay the fee structure as listed above.

- All attorney fees and costs incurred by the therapist as a result of the legal action.
- If records are requested, an additional cost, depending on who requests the records, will be charged in accordance with the Ohio Department of Health's then effective fee schedule, in accordance with ORC §3701.741.

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Client or Guardian's Signature	Date	
Witness	Date	

Newark Granville Counseling, Ltd
PO Box 481•945 River Rd., Granville, OH 43023-0481
Phone 740.587.5252 Fax 740.587.2571
www.ngcohio.com Email: office@ngcohio.com

CLIENT QUESTIONNAIRE

We are pleased that you have decided to make an appointment at Newark Granville Counseling, LTD. Please complete the following with as much detail as you are comfortable. If necessary, you may attach additional sheets. The information is confidential and will save time in the early appointments.

Name	Today's Date			
Age	Marital Status	StatusWho referred you to our office?		
Please list	name, relationship, and age	of other household members:		
1)				
4)				
Please list	all current medications, inclu	uding over the counter medications and supplements:		
Medication	n Name:	Dosage and frequency:		
Re	eason for medication:	How long used?		
Medication	n Name:	Dosage and frequency:		
Re	eason for medication:	How long used?		
Medication	n Name:	Dosage and frequency:		
Re	eason for medication:	How long used?		
Medication	n Name:	Dosage and frequency:		
Re	eason for medication:	How long used?		
Describe th	ne reasons for making this ap	ppointment:		
How long	have you had these concerns	?		
What have	you tried to help with these	difficulties?		
List recent	stressful events:			
		us needs that may impact treatment?		
What are y	our major sources of emotio	nal support?		
Do you ha	ve cultural, ethnic, or religion	us needs that may impact treatment?		

How would you	consider your present health?	
		List any medical problems you have encountered
List the date and	type of in-patient and out-patien	nt hospitalizations or surgeries you have experienced:
Date:	Reason:	
Date:	Reason:	
Date:	Reason:	
Please list all sub	ostance abuse and mental health	treatments:
Date:	Facility:	
Reason:		Helpful? Yes / No
Age of father: Father's occupati	on	(If deceased, age when died and cause of death)
Age of mother: _		(If deceased, age when died and cause of death)
Are/were your pa	arents divorced?	What age were you when they divorced?
		g up?
Did you have ste	pparents and/or a blended famil	y? Please explain:
List all your sibl	ings, their ages and their occupa	tions:
List any medical	problems, including substance	abuse and psychiatric issues that run in your family:
Briefly describe	major stresses in your childhood	1, including exposure to violence:

Do you have a history of being abused: physical, sexual, emotional, or verbal?			
List any school concerns you had as a child, including special services, repeated grades, or behavior issues:			
Please list any marriages, and the dates of the marriages:			
Please list any children you have and their ages:			
If any significant others have died, please list them and the cause and date of their deaths:			
Describe your relationship with your significant other:			
Highest grade or degree completed:			
Current occupation: Military Service:			
How long at your present job? Describe any current work concerns:			
Briefly describe your work history, prior to the current position:			
Are you currently on social media? How often and for how long?			
Do you participate in online gambling or playing games?			
Describe difficulties with friends, past or present:			
List any legal issues you have encountered:			
What do you consider your greatest accomplishments?			
What do you consider your greatest disappointment?			
What would you like to have happened as a result of participating in counseling?			

Please indicate your usage of the following substances:

Date last used:	How often:	
Alcohol		
Marijuana		
Tobacco		
Cocaine		
Caffeine		
Ecstasy		
Codeine		
Steroids		
Inhalants		
Inhalants Stimulants/Amphetamines Stimulants/Amphetamines		
Sedatives		
Opiates		
	 -	
D1 1 1 41 C 11 ' 41 4	1 4	
Please check the following that ap	oply to you:	
Numbness or tingling	Memory problems	Excessive need for order or
Shortness of breath	Fatigued easily.	counting things.
Racing heart, palpitations	Difficulty sleeping	Inability to throw things
Dizziness, blackouts	Sleeping too much.	away.
Nausea, diarrhea, stomach	Appetite low / high (circle	Failure to complete chores
pain —	the one that applies)	or homework
Hot flashes, chills	Lost interest in usual	Forgetful in day-to-day
Excessive sweating, moist	activities.	activities
palms	Feeling hopeless	Make careless mistakes
Feeling shaky, twitchy.	Binge eating.	regularly
Headaches, body aches	Excessive exercise	Fidget a lot.
Startle easily	 Dieting	Impulsive
Worry a lot.	Self-induced vomiting	Overspending or gambling
Road rage	Using laxatives or diuretics	Sexual problems
Lose temper easily	to lose weight.	Shame
Feeling edgy, restless.	Excessive hand washing,	Fear of criticism or fear of
Difficulty concentrating	fear of germs	being embarrassed.
Confusion, indecisiveness.	Excessive checking (doors,	oemg emourassea.
Confusion, indecisiveness.	locks, etc.)	
	locks, etc.)	
In response to a very stressful exp	berience.	
repeated/unwanted memories.	feeling distant	/cut off
disturbing dreams	super alert or o	on guard
feeling upset when reminded of event	risky behavior	
physical reactions to reminders		fs about self, others, world
avoidance internal/external reminders		e feelings/lack of positive feelings
blame self	2 8	

Thank you. We look forward to working with you.

Page - 4 - 01/23



INFORMED CONSENT ADDENDUM FOR TELEMENTAL HEALTH

This is to be used in conjunction with, but does not replace, the Consent to Treat document that is required of all clients prior to starting therapy services.

What is Tele mental Healthcare?

Tele mental healthcare includes the practice of diagnosis, treatment, education, goal setting, accountability, referral to resources, problem solving, skills training, and help with decision making, through the use of internet-based videoconferencing or phone calls. Telehealth psychotherapy may include psychological health care delivery, consultation, coaching, and/or counseling. Telehealth psychotherapy will occur primarily through interactive audio, video, and telephone communications.

Risks of Tele mental Health

- 1. Technological failure, such as unclear video, loss of sound, poor connection, or loss of connection.
- 2. Nonverbal cues are less readily available to both the therapist and the client.

Benefits of Tele mental Health

- 1. Less limitations by geographical location.
- 2. Reduction of travel to a physical office, which includes decrease in travel time.
- 3. Participation in therapy from your own home or the environment of your choosing.

Tele mental health delivery by *Newark Granville Counseling, LTD* may occur only with current residents of Ohio. The current laws that protect privacy and confidentiality also apply to tele mental health. Any exceptions to confidentiality are described in the Informed Consent document.

All existing laws regarding client access to mental health information and copies of mental health records apply.

No permanent video or voice recordings are kept from tele mental health sessions. Clients may not record or store video conference sessions or face-to-face sessions.

Expectations of client during each session

- 1 Minimum bandwidth connection of 384 kb or higher. (generally, your phone will be sufficient)
- 2. Minimum resolution of 640x360 at 30 frames per second. (generally, your phone will be sufficient)
- 3. Operational web camera (HD 1080p is recommended). (generally, your phone will be sufficient)
- 4. Proper lighting and seating to ensure a clear image of each party's face.
- 5. Dress and environment appropriate to an in-office visit.
- 6. Only agreed upon participants will be present. The presence of any individuals unapproved by both parties and not part of the treatment plan will be cause for termination of the session.

- 7. The client must disclose the physical address of their location at the start of the session. Unknown locations will be cause for termination of the session. This is to ensure we are "meeting" at a place that will protect your confidentiality (no coffee shops, grocery stores, etc.). We may not meet while you are driving.
- 8. The client shall also provide a phone number where they can be reached in the event of service disruption.

Tele mental health may not be the most effective form of treatment for certain individuals or presenting problems. Arrangements to meet via telehealth must be made in advance. *Newark Granville Counseling Ltd* reserves the right to reject requests to meet via telehealth if the clinician does not think the situation is appropriate or is unable to organize the technology in time to meet client request.

Response to technical difficulties

Should technical difficulties cause session disruption, *Newark Granville Counseling* will contact the client via preferred telephone contact. If the technical difficulties can be resolved quickly, the session will resume, and the client will not experience a shortened session length. If the technical issues cannot be resolved in a timely manner, the session will be rescheduled for a time when functionality is restored. The client will be contacted by telephone to develop a plan for continuation of the session.

Payment

Session costs are outlined in the *Office and Financial Policy*. Please refer to that document for a more detailed discussion of session cost and payment.

Contact between sessions.

Video conference te	echnology	is reserved f	or therapy	sessions or	ıly. Please	refer to 1	the Office a	nd Financial	Policy
document for cost of	of contact	outside of sc	heduled vi	deo confere	nce sessio	ns.			

Client/Parent or Guardian's signature	 Date	

Newark Granville Counseling, Ltd

945 River Rd., Granville, OH 43023-9169 Correspondence Address: PO Box 481, Granville OH 43023

Phone 740.587.5252 Fax 740.587.2571 www.ngcohio.com Email: office@ngcohio.com

Rev 12/23 2



CREDIT CARD PRE-AUTHORIZATION FORM

The current healthcare system requires the client to be financially responsible for a large portion of their healthcare needs. NGC is committed to making the billing and payment process as easy as possible. Our policy **requires all clients** to have a credit card on file. We will run the card for each co-pay, after the insurance processes the claim for those clients who do not have a copay or for self pay clients. We run our payments through a secure HIPAA compliant software where your information is stored in the processing companies' vault. For your protection, only the last four digits of your card will show in our system. You will receive an email receipt from each transaction which will come from *Practice Management Bridge*. (check spam/junk folder)

Cards on file will be used for, co-pay amount, co-insurance amount, unmet deductible amount, no show or late cancellation fee, and outstanding balances. If the outstanding balance is too large for one transaction, a payment plan may be worked out.

Please note if your card is declined there will be a \$40 fee applied per declined transaction.

Client's Name:		
Cardholder's Name:		
Cardholder's Address:		
City: Sta	te: Zip:	
Credit Card Number:	Exp Da	nte:
Cardholder's Signature:	Date:	
If you would like a receipt emailed to you w below.	hen your credit card is charged, please in	nclude your email address
Email address		
Account # (OFFICE USE)		

Rev 12/23

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HSA CARD PRE-AUTHORIZATION FORM

The current healthcare system requires the client to be financially responsible for a large portion of their healthcare needs. NGC is committed to making the billing and payment process as easy as possible. Our policy **requires all clients** to have a credit card or HSA card on file. We will run the card for each copay, after the insurance processes the claim for those clients who do not have a copay or for self pay clients. We run our payments through a secure HIPAA compliant software where your information is stored in the processing companies' vault. For your protection, only the last four digits of your card will show in our system. You will receive an email receipt from each transaction which will come from *Practice Management Bridge*. (check your spam/junk folder)

Cards on file will be used for, co-pay amount, co-insurance amount, and any unmet deductible amount. Please note for HSA cards: no show/late cancellation fees cannot be charged to the HSA card on file. Those will need to be paid either by check, cash, or credit/debit card. If the outstanding balance is too large for one transaction, a payment plan may be worked out.

Please note if your card is declined there will be a \$40 fee applied per declined transaction.

Client's Name:		
Cardholder's Name:		
Cardholder's Address:		
City:	State:	Zip:
HSA Card Number:		Exp Date:
Cardholder's Signature:		Date:
address below.	,	card is charged, please include your email
Email address		
Account #(OFFICE	USE)	

Rev 12/23