

Hello Freedom!
9302 Ritzwood NE
Comstock Park, Mi. 49321
616.291.2242

CONFIDENTIAL PATIENT INFORMATION

Name: _____ Date: _____

Address: _____

Email: _____ Male / Female

Birthdate _____ Marital Status _____ # of children _____

Occupations: _____

Areas of concern: _____

Health History: P=past, N=now

___headaches	___backaches	___bad digestion	___allergies	___cold hands/feet	___skin issues
___insomnia	___gas/bloat	___heart problems	___asthma	___female concerns	___male concerns
___depression	___lack of energy	___anemia	___diarrhea	___high blood pressure	___sinus issues
___low blood sugar	___drink alcohol	___eczema	___ringing in ears	___pain in joints	___ulcers
___high blood sugar	___thyroid issues	___migraines	___smoke or vape	___migraines	___constipation /diarrhea

What is your birth order? (oldest, youngest,...of how many, etc.) _____

How many bowel movements do you have per day? _____ Drink coffee? _____ # cups _____

Surgeries: _____

Typical food eaten in a day _____

Diagnosis from physician: _____

Current medication, for what, and how long taking? _____

1. Physical stress: (falls, accidents, work postures, etc.)

- a. _____
- b. _____
- c. _____

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2. Bio-chemical stress: (smoke, unhealthy foods, missed meals, not enough water, drugs/alcohol)
- a. _____
 - b. _____
 - c. _____
3. Psychological or mental/emotional stress: (work, relationships, finances, self-esteem...)
- a. _____
 - b. _____
 - c. _____

By signing below, I _____ acknowledge and understand that Susan Bremer, aka, Hello Freedom, is not a medical doctor and that my consent to any education, suggestions, and recommendations, does not in any way hold Susan Bremer, responsible for any past, present, or future health related issues, and I understand that these suggestions do not replace a medical doctor and will not diagnose, prescribe, treat, or make any claims to cure.

I do not hold Susan Bremer responsible for any adverse effects or consequences resulting from the use of any suggestions, information, or procedures.

Our intention is to offer healthful information and education to assist an individual and their primary care physician to facilitate the body's healing process toward good health and longevity.

Our intention is not directly or indirectly to offer medical advice or to prescribe the use of any supplements or techniques suggested or used as a form of treatment for illness, disease, or sickness without prior medical approval.

In the event that you use any of the information from the website, handouts, or staff members without your doctor's prior approval, you are practicing a constitutional right to self-prescribe and assume all responsibility.

Signature

Date

Witness

Date