

Hello Freedom!
5210 6 Mile Ct.
Comstock Park, Mi. 49321
616.291.2242

website: hellofreedom.me
email: susan@hellofreedom.me

CONFIDENTIAL CLIENT INFORMATION

Name: _____ Date: _____

Address: _____

Allergic to: _____ Blood type _____

Email: _____

Birthdate _____ Age _____ Marital Status M/D/S/W # of children _____

Occupations: _____

Areas of concern: _____

P=past N=now		Health History			
___headaches /migraines	___backaches	___gas/ bloating	___allergies	___cold hands/feet	___panic attacks
___low/high appetite	___insomnia	___heart issues	___asthma	___female concerns	___male concerns
___depression	___lack of energy	___frequent sickness	___diarrhea	___high/low blood pressure	___sinus issues
	___drink alcohol # ___/wk	___eczema/ psoriasis	___constipation	___muscle problems	
___high/low blood sugar	___thyroid issues	___heartburn /acid reflux	___smoke or vape	___joint pain	___ringing in ears

What is your birth order? (oldest, youngest,...of how many) _____

How many bowel movements per day? _____ Drink coffee? _____ # cups _____ Pop?# _____

Surgeries: _____

Typical food eaten in a day _____

<u>Current medication(s)</u>	<u>For what?</u>	<u>How long taking?</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Supplements: _____

Level of Exercise: _____

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1. Physical stress: (falls, accidents, work postures, etc.)
 - a. _____
 - b. _____
 - c. _____
2. Bio-chemical stress: (smoke, unhealthy foods, missed meals, not enough water, drugs/alcohol)
 - a. _____
 - b. _____
 - c. _____
3. Psychological or mental/emotional stress: (work, relationships, finances, self-esteem...)
 - a. _____
 - b. _____
 - c. _____

By signing below, I _____ acknowledge and understand that Susan Bremer, aka, Hello Freedom, is not a medical doctor and that my consent to any education, suggestions, and recommendations, does not in any way hold Susan Bremer, responsible for any past, present, or future health related issues, and I understand that these suggestions do not replace a medical doctor and will not diagnose, prescribe, treat, or make any claims to cure.

I do not hold Susan Bremer responsible for any adverse effects or consequences resulting from the use of any suggestions, information, or procedures.

Our intention is to offer healthful information and education to assist an individual and their primary care physician to facilitate the body's healing process toward good health and longevity.

Our intention is not directly or indirectly to offer medical advice or to prescribe the use of any supplements or techniques suggested or used as a form of treatment for illness, disease, or sickness without prior medical approval.

In the event that you use any of the information from the website, handouts, or staff members without your doctor's prior approval, you are practicing a constitutional right to self-prescribe and assume all responsibility.

Signature

Dr. Susan Bremer

Date

Date