

AUGUST 2018

Duncan Schools

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3 A variety of milk is served daily.
6 A variety of fresh fruit and vegetables will be served daily. It's hard to make a menu a month in advance and count on certain fresh ingredients to be available.	7 Get lots of sleep tonight.....school starts tomorrow!!!	8 Granola Bar, Apple Slices Chicken Sandwich Salad Sweet Potato Fries Melon Fast Food: Cheeseburger	9 Cereal, Juice Chicken Taquitos Corn Salsa Grapes Fast Food: Tacos	10 No School
13 Muffin, Applesauce, Cheese Pizza Sticks Salad Garlic Green Beans Pineapples	14 WG Bar, Fruit Cup Bean Burros Green Chile Squash Apples Fast Food: Chicken Soft Tacos	15 Yogurt, Granola, Grapes Sloppy Joes Tots Raw Carrots, Sliced Cucumber Nectarine Fast Food: Chicken Supreme	16 Cereal, Juice Breakfast for Lunch! French Toast Sticks Sausage Patty Hash Brown Cantaloupe Fast Food: Egg & Chorizo Burros	17 No School
20 Banana Bread, Cheese, Raisins Penne with Meatballs Italian Mixed Veggies Breadstick Peaches Fast Food: Chicken Parmesan Sub	21 Bagels with Cream Cheese Mixed Fruit Chicken Nuggets Mac & Cheese Green Beans Frozen Fruit Treat Fast Food: Loaded Baked Potato	22 Crackers, PB, Sliced Apples Riblets Mashed Potatoes Corn Rolls Watermelon Fast Food: Popcorn Chicken Bowl	23 Cereal, Juice Ground Beef Tacos Lettuce, Tomato, Salsa Apricots Fast Food: Carnitas	24 No School
27 Breakfast Bar, Applesauce French Bread Pizza Salad Sliced Peppers, Grape Tomatoes Mixed Fruit	28 Muffin, Cheese, Fruit Cup Cheeseburger Oven Fries Lettuce, Tomato, Pickles Apples Fast Food: Mini Corn Dogs	29 Zucchini Bread, Apples Corn Dog Cheesy Broccoli Strawberries Fast Food: Ham Sub	30 Yogurt, Crackers, Grapes Chicken Enchiladas Refried Beans Salad Melon Fast Food: Ground Beef Enchiladas	31 No School

Welcome back! Who is excited for a four day school week this year? I know I am!
 The cafeteria has exciting changes coming soon. By September you will be able to check your lunch balance and add money to your account online!
 Remember to fill out your free/reduced lunch packet. You have to fill out a new one each school year.
 You can always contact me at spatton@duncanschools.org