

# AUGUST 2018

Duncan Schools

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



		1	2	3 A variety of milk is served daily.
6 A variety of fresh fruit and vegetables will be served daily. It's hard to make a menu a month in advance and count on certain fresh ingredients to be available.	7 Get lots of sleep tonight.....school starts tomorrow!!!	8 Granola Bar, Apple Slices <b>Chicken Sandwich Salad</b> <b>Sweet Potato Fries</b> <b>Melon</b> Fast Food: Cheeseburger	9 Cereal, Juice <b>Chicken Taquitos</b> <b>Corn</b> <b>Salsa</b> <b>Grapes</b> Fast Food: Tacos	10 No School
13 Muffin, Applesauce, Cheese <b>Pizza Sticks</b> <b>Salad</b> <b>Garlic Green Beans</b> <b>Pineapples</b>	14 WG Bar, Fruit Cup <b>Bean Burros</b> <b>Green Chile Squash</b> <b>Apples</b> Fast Food: Chicken Soft Tacos	15 Yogurt, Granola, Grapes <b>Sloppy Joes</b> <b>Tots</b> <b>Raw Carrots, Sliced Cucumber</b> <b>Nectarine</b> Fast Food: Chicken Supreme	16 Cereal, Juice <b>Breakfast for Lunch!</b> <b>French Toast Sticks</b> <b>Sausage Patty</b> <b>Hash Brown</b> <b>Cantaloupe</b> Fast Food: Egg & Chorizo Burros	17 No School
20 Banana Bread, Cheese, Raisins <b>Penne with Meatballs</b> <b>Italian Mixed Veggies</b> <b>Breadstick</b> <b>Peaches</b> Fast Food: Chicken Parmesan Sub	21 Bagels with Cream Cheese Mixed Fruit <b>Chicken Nuggets</b> <b>Mac &amp; Cheese</b> <b>Green Beans</b> <b>Frozen Fruit Treat</b> Fast Food: Loaded Baked Potato	22 Crackers, PB, Sliced Apples <b>Riblets</b> <b>Mashed Potatoes</b> <b>Corn</b> <b>Rolls</b> <b>Watermelon</b> Fast Food: Popcorn Chicken Bowl	23 Cereal, Juice <b>Ground Beef Tacos</b> <b>Lettuce, Tomato, Salsa</b> <b>Apricots</b> Fast Food: Carnitas	24 No School
27 Breakfast Bar, Applesauce <b>French Bread Pizza</b> <b>Salad</b> <b>Sliced Peppers, Grape Tomatoes</b> <b>Mixed Fruit</b>	28 Muffin, Cheese, Fruit Cup <b>Cheeseburger</b> <b>Oven Fries</b> <b>Lettuce, Tomato, Pickles</b> <b>Apples</b> Fast Food: Mini Corn Dogs	29 Zucchini Bread, Apples <b>Corn Dog</b> <b>Cheesy Broccoli</b> <b>Strawberries</b> Fast Food: Ham Sub	30 Yogurt, Crackers, Grapes <b>Chicken Enchiladas</b> <b>Refried Beans</b> <b>Salad</b> <b>Melon</b> Fast Food: Ground Beef Enchiladas	31 No School

Welcome back! Who is excited for a four day school week this year? I know I am!  
 The cafeteria has exciting changes coming soon. By September you will be able to check your lunch balance and add money to your account online!  
 Remember to fill out your free/reduced lunch packet. You have to fill out a new one each school year.  
 You can always contact me at [spatton@duncanschools.org](mailto:spatton@duncanschools.org)