

August 2019

Duncan Schools

This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

A variety of milk is served daily.

5

6

Get lots of rest tonight....school starts tomorrow!

7

Muffin, Peaches
Chicken Nuggets
Mac & Cheese
Fresh Broccoli
Apples
H.S.: BBQ Pork Sandwich

8

Cereal, Juice
Bean Burro
Salad
Corn
Melon
H.S: Chicken Taquitos

9

Breakfast Bar, Applesauce
Pizza Sticks
Green Beans
Salad
Frozen Fruit Treat

12

Banana Bread, Pineapple
Cheeseburgers
Lettuce, Tomato, Pickle
Oven Fries
Nectarine
H.S: Grilled Chicken Sandwich

13

Granola, Apple Slices, Cheese
Chicken Alfredo
Garlic Bread
Roasted Parmesan Zucchini
Grapes
H.S: Popcorn Shrimp

14

Cereal, Juice
Ground Beef Tacos
Salad
Homemade Pinto Beans
Strawberries
H.S: Chicken Tacos

15

16

Please go to dusdwildkats.org, to read the meal charge policy.

Bagel, Cream Cheese, Peaches
French Bread Pizza
Italian Mixed Veggies
Pineapples

19

Muffin, Peaches
Chicken Sandwich
Sweet Potato Fries
Salad
Fresh Pear
H.S: Corn Dog

20

Breakfast Bar, Grapes
Teriyaki Beef & Broccoli Chow Mein
Sliced Peppers
Berries
Fortune Cookies
H.S.: Turkey Sub

21

Cereal, Juice
Riblets
Mashed Potatoes
Corn, Roll
Grapes
H.S: Popcorn Chicken Bowl

22

23

Grahams, Yogurt, Berries
Breakfast for Lunch!
Biscuits and Gravy
Sausage
Hash Brown
Apricots

26

Bar, Applesauce
Penne with Meatballs
Breadstick
Salad
Mixed Fruit
H.S: Italian Sub

27

Crackers, Apples, Peanut Butter
Chicken Strips
Breadstick
Fresh Sliced Veggies
Melon
H.S: Bacon Cheeseburger

28

Cereal, Juice
Sloppy Joes
Tater Tots
Cheesy Broccoli
Fresh Fruit
H.S. Baked Potato

29

30

Menu is subject to change without notice.

Welcome Back! I hope everyone had a great summer! Remember you must fill out a new free/reduced lunch application every school year. That can be done at EZMealApp.com. You can also pay online and keep track of your student's lunch balance at EZSchoolpay.com. Email me at Spatton@duncanschools.org if you need your student's lunch number or if you have comments or concerns.

