

JANUARY 2020

Duncan Unified Schools

This is an equal opportunity institution.

Monday

Tuesday

Wednesday

Thursday

Friday



Granola Bar, Pears

6

Chili Beans w/ Cornbread
Cheesy Broccoli
Peaches
HS-Pizza Sticks

Whole grain bar, Applesauce

7

Meatball Marinara Penne
Garlic Bread, Mixed Veggies
Pears
HS-Cheeseburger w/ Fries

Happy New Year!

1

Grapes, Cheese, Grahams

8

Chicken Quesadillas
Fiesta Corn
Oranges
HS-Steak Finger Melt

Cereal, Juice

9

Teriyaki Beef Broccoli Chow Mein
Spinach Mixed Salad
Fortune Cookie, Apples
HS-Chicken Strips

Breakfast is free for
K-8th Grade

3

Lunch Prices:
K-5th: \$2.50
6th-12th: \$2.75
Adults: \$3.00

10

Muffin, Raisins

13

Biscuits and Gravy
Cheesy Eggs, Sausage
Hash brown, Warm Spiced
Peaches
HS-Chorizo Egg Burro

Zucchini Bread, Pineapples

14

Chicken Alfredo
Garlic Bread, Mixed Veggies
Pears
HS-Meatball Sub

Apples, Yogurt, Granola

15

Ham and Cheese Melt
Oven Fries, Green Beans
Oranges
HS-Green Chile Chicken Sandwich

Cereal, Juice

16

Ground Beef Crunchy Tacos
Pinto Beans
Mango
HS-Carnitas

17

No School

20

Muffin Top, Oranges

21

Pizza
Corn
Pineapple
HS-Corndog

PBJ Crackers, Grapes

22

Cheeseburgers
Oven Fries, Baked Beans
Pears
HS-BBQ Pork Sandwich

Cereal, Juice

23

Chicken Enchiladas
Spanish Rice, Tortilla Chips
Apples
HS-Ground Beef Enchiladas

24

Whole Grain Bar, Peaches

27

Cheese Ravioli
Garlic Bread, Green Beans
Pineapple
HS-Meatball Sub

Cheese, Crackers, Raisins

28

Chicken Sandwich
Tater Tots, Sliced Cucumbers
Frozen Fruit Treat
HS-Tornados

Apples, PB, Granola Bar

29

Beef Nacho Grande
Corn
Pears
HS-Chicken Tacos

Cereal, Juice

30

Cheesy Ham Broccoli Soup
Breadstick
Oranges
HS-Chicken Soup

31

Happy New Year! Remember, you can contact me at any time at spatton@duncanschools.org. I'm always open to ideas and suggestions.

To pay online, go to EZMealpay.com. You will need your student's lunch number to set that up. If something has changed in your household, you can always put in a new free meal application at EzmealApp.com.