

# NOVEMBER 2022

Duncan Unified Schools

This is an equal opportunity institution.

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY  
THANKSGIVING

Breakfast Bar, Fruit **7**

Pizza Sticks  
Green Beans  
Pineapple

Bagel, Fruit **14**

Chicken Alfredo  
Garlic Bread, Green Peas  
Apples

Muffin, Fruit **21**

Meatball Marinara  
Breadsticks, Corn  
Pears

Pancake, Fruit **28**

Breakfast for Lunch  
Biscuits & Gravy, Sausage  
Hashbrowns, Bell Peppers  
Warm Cinnamon Apples

Granola Bar, Fruit **1**

BBQ Pork Sandwich  
Baked Beans  
Peaches

Oatmeal Bar, Fruit **8**

Bean Burro  
Green Chile Creamy Corn  
Mixed Fruit

Whole grain bar, Fruit **15**

Hot Dogs  
Mac & Cheese  
Cuties

Granola Bar, Fruit **22**

Corn Dogs  
Tater Tots, Steamed Carrots  
Fruit Cup

Muffin, Fruit **29**

Sloppy Joes  
Oven Fries  
Fresh Broccoli and Cauli  
Peaches

Cereal, Juice **2**

Beef Nacho Grande  
Spanish Rice  
Fruit Slush

Cereal, Juice **9**

Ham & Cheese Bake  
Mixed Veggies  
Oranges

Cereal, Juice **16**

Ham Sub  
Baked Chips, Kiwi  
Fresh Carrots and Celery

**23**

No School

Cereal, Juice **30**

Green Chile Pork Potato Soup,  
warm Flour Tortillas  
Salad, Oranges

Muffin, Fruit **3**

Chicken Pot Pie  
Mashed Potatoes & Gravy  
Apples

Muffin, Fruit **10**

Chicken Tenders  
Cheesy Broccoli  
Breadstick, Grapes

Waffle, Fruit **17**

Chicken Tater Tot Casserole  
Steamed Broccoli  
Dinner Roll, Grapes

**24**

No School

**4**

**11**

**18**

**25**

**If your student hasn't qualified for free lunches, you need to send lunch money for their account.**

If you need to fill out an application to get free/reduced lunches you can do that at [EzmealApp.com](https://ezmealapp.com)

You can contact me at [spatton@duncanschools.org](mailto:spatton@duncanschools.org)