

MARCH 2020

Duncan Unified Schools

This is an equal opportunity institution

Monday

Muffin Top, Applesauce **2**
Whole Grain Chicken Nuggets
Mac & Cheese
Diced Peaches, Green Beans
Vegetable & Fruit Juice
 HS: Baked Potato Bar

Banana Bread, Oranges **9**
Stuffed Crust Pizza
Green Peas
Mixed Green Salad
Diced Pears
 HS: Buffalo Chicken Pizza

Tuesday

NutriGrain Bar, Peaches **3**
Bean Burrito
Fiesta Corn, Salsa, Sour Cream
Spinach Strawberry Balsamic Salad
Fresh Apples
 HS: Chicken Taquitos

Breakfast Bar, Fruit Cocktail **10**
Chicken Alfredo w/ Penne
Garlic Toast, Italian Mixed Veggies
Parmesan Roasted Asparagus
Pineapples
 HS: Italian Sub

Wednesday

Bagel, Veggie Cream Cheese, Apples **4**
Chicken Sandwich on Whole Grain Bun
Sweet Potato Fries
Romaine, Cucumber, Tomato Salad
Fresh Red Grapes
 HS: Tomato Soup and Grilled Cheese

Cheese, Crackers, Grapes **11**
Cheeseburger on Whole Grain Bun
Oven Fries, Sliced Cucumbers
Lettuce, Tomato, Pickles
Fresh Pears
 HS: Turkey Melt

Thursday

Cereal, Juice, Yogurt **5**
BBQ Shredded Pork
Whole Grain Biscuits
Kale Broccoli Slaw, Baby Carrots
Fresh Orange Slices
 HS: Spicy Chicken Sandwich

Cereal, Juice **12**
Breakfast for Lunch!
Cheesy Eggs, Pancake
Hash Brown, Sausage
Grilled Onions/ Peppers, Tomatoes
Mixed Berries
 HS: Chorizo & Egg Burrito

Friday

Breakfast is served in the Classroom for K-6th Grade.
 7th & 8th can grab and go from the Cafeteria.
 This is free for all students.

Lunch Prices **13**
 K-5th: \$2.50
 6th-12th: \$2.75
 Adults: \$3.00

Enjoy **16**

Your **17**

Spring **18**

Break **19**

!! **20**

Zucchini Bread, Apricots **23**
Spicy Popcorn Chicken
Breadstick
Cheesy Broccoli, Celery Sticks
Mixed Fruit
 HS: BBQ Riblet Sub

Breakfast Bar, Mixed Fruit **30**
Chili Beans w/ Cornbread
Baby Carrots, Sweet Potato Tots
Diced Pears
 HS: Mini Corn Dogs

Blueberry Loaf, Peaches, Cheese **24**
Meatball Marinara w/ Penne
Garlic Breadstick, Mixed Salad
Roasted Vegetables
Fresh Apples
 HS: Chicken Strips

Muffin, Applesauce **31**
Soft Chicken Tacos
Pinto Beans, Sour Cream, Salsa
Spicy Roasted Butternut Squash
Strawberry Cup
 HS: Ground Beef Enchiladas

Crackers, PB, Bananas **25**
Teriyaki Chicken over Rice
Stir Fry Veggies, Glazed Carrots
Pineapples
Fortune Cookie
 HS: Ham Sub

Cereal, Juice, Yogurt **26**
Crunchy Ground Beef Tacos
Salsa, Sour Cream, Black Beans
Green Chile Cheesy Squash
Fresh Melon
 HS: Carnitas

A variety of milk is served daily.
Water is also available.

Questions? Email me at spatton@duncanschools.org. You can pay for student lunches at EZSchoolpay.com or send cash/check. Please see the website for our school's meal charge policy.