

THE AWAKENING

By Jackie Gutknecht

The day after I surrendered to God, I woke up to this miracle off my deck and I was compelled to take a picture. This is my proof that God heard me let go to him and I was now awake.....



THE STORY STARTS....I was broken open when I married my husband and I forgave God for all the perceived wrong doings in my life. At that time, I was suffering from depression, lower back issues, thyroid condition and developing allergies. I held on to these ailments for about 5 years while I fluctuated back and forth from good to bad depending on what was going on in my life. I managed to physically heal myself to a “60% operating capacity”. What was the most I could expect? I had a deep knowingness and intuition that my body wanted to heal and could heal itself but how could I fully heal? I was on the brink of medication and I tried it but it only masked symptoms, it didn’t heal me. The medication wasn’t getting to the core ailment.

By this time I got a call from my parents in Palm Springs. My dad was given a terminal diagnoses of lung cancer with 1 to 1 ½ years life expectancy. Having gone through burn out and knowing myself fairly well, I knew that my thyroid condition was going to go into full hypothyroidism. I knew deep

down that if I didn't do something that I would not be in any condition to be present with my dad's remaining time on earth and that I would have regretted.

Not knowing what to do next, my family attended a seminar on spiritual growth. I didn't want to go. I barely made it there and had a sore throat seminar day. I asked a question of the presenter and miraculously my sore throat was instantly healed. I had such a profound experience that I started to go to one-on-one sessions, attend workshops, and read books. I gobbled up information as my new diet. A spiritual diet that I was so hungry for that I didn't realize. I was starved. It was then that I surrendered to God and gave myself to his service. That is when "The Awakening" occurred. Just as the picture shows, God was opening up all possibilities to me that day of surrender.

Now....during my father's illness, I began to feel sensations in my body as if it were my own. I could feel my father's numb arm and when I asked him about it he said he felt that since his diagnosis. I could feel a friend's deep emotional sadness that made me cry as if it was my own. I could feel stomach pains from a family member and when we talked it through the miracle of healing happened, the stomach pain went away. I started feeling past experiences from a client's abused womb and I released the energies from that trauma. As I healed myself, I learned how to heal others and others were healing around me. It was the miracle of God.

During these experiences, I learned that I was only balancing my physical needs. I was trying to "control" my physical needs through careful food elimination. I was resting so much that I couldn't work. I couldn't work out as I was too tired. But as I learned, my thinking and my painful experiences were the problem. I learned that balancing my physical, mental, emotional and spiritual needs is what healed me. As I surrendered, forgave, released limiting beliefs, felt my emotions, looked at painful core memories, I was able to see my courage, trust in a higher power, open to the compassion and love for myself and really flow with my highest divine purpose.

The journey continues for me and I am still learning and teaching lessons as we are meant to in this earth school but I can tell you I am no longer experiencing back pain. I no longer have thyroid symptoms. I no longer have allergies and I no longer suffer from depression.

The gift that I received from my father's passing is as a Medical Intuitive and Healer with the ability to feel other people's mental, spiritual, emotional and physical symptoms. I can heal them and guide them to their own healing abilities. For me, this is proof that life's trials are to be rejoiced as a gift. You just don't always see it right away.

May you receive miracles, blessings and healing in your life.

Jackie Gutknecht