



Vista Law Enforcement Training and Consulting, LLC

1550 Wall Street, Suite 16B, St. Charles, Missouri 63303

Crisis Awareness and Response Essentials (CARE) Training (40 Hour)

Vista Law Enforcement Training and Consulting, LLC, in cooperation with **????**, has scheduled this **40-hour POST-approved training program**, titled **“Crisis Awareness and Response Essentials (CARE) Training.”** This training program is presented by current and retired first responder personnel who are experts in identifying, de-escalating, and managing various mental health crises. Topics include:

- Types of crises (maturational, situational, adventitious, sociocultural)
- Types of drugs and their behaviors
- Psychosis, mania, and drunkenness and their behaviors
- Autism/other developmental disabilities and their behaviors
- Suicidality and its behaviors
- PTSD/psychological effects on veterans and their behaviors
- Resources available to those in crisis
- Tactical de-escalation skills and techniques
- Hands-on defensive tactics used to minimize injuries of those in crisis
- Positional asphyxiation/Hyperactive Delirium with Severe Agitation concerns
- Crisis negotiation tactics and techniques
- Consumer and family perspectives from real-life consumers and their families
- Practical exercises of class participants in a variety of scenarios

This program is designed for all first responders, public safety officers, and security officers who must effectively identify, de-escalate, and manage various mental health crises. **Day 3 consists of defensive tactics.** **Day 5 consists of role-playing practical scenarios with critique.**

REGISTRATION: <https://vistabluetraining.com/training-schedule>

COURSE POST HOURS: 16 Interpersonal Studies, 4 Legal Studies, 4 Skills Development,
 Skills Firearms, 16 Technical Studies, Racial, Implicit Bias, 12 De-escalation

Vista Law Enforcement Training and Consulting, LLC is a Missouri Peace Officer Standards and Training (POST) approved provider for Continuing Law Enforcement Education (CLEE) training hours

“Professional Law Enforcement Training and Consulting”