



## Vista Law Enforcement Training and Consulting, LLC

1550 Wall Street, Suite 16B, St. Charles, Missouri 63303

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### Police Cyclist Course

Vista Law Enforcement Training and Consulting, LLC, in cooperation with **????**, has scheduled this **32-hour POST-approved training program**, titled **“Police Cyclist Course.”** This training program is presented by current and first responder personnel who are experts in patrol-duty cycling and certified cyclist instructors. Topics include:

- Overview of the role and advantages of police bicycle patrol, including community engagement
- Advanced bicycle control, obstacle avoidance, and maneuvering in tight/high-traffic areas
- Development of patrol strategies specific to bicycle units, including maintaining officer safety and awareness in various environments
- Techniques for responding to emergencies using the bike as a tactical tool
- Safety considerations, legal aspects, and policies and procedures
- Overview of essential bicycle patrol equipment, such as lights, sirens, and radio communication

#### COURSE REQUIREMENTS

Attendees must possess the physical strength and stamina to ride for miles. Attendees must bring a quality/operational mountain bike (no hybrid or road bikes allowed) with a rear-mounted bike rack, kickstand, headlight and taillight, ANSI, Snell, or CPSC-approved bicycle helmet, shatter-resistant eye protection for both day and night rides, water bottle or hydration system, padded cycling shorts, rain and/or cold weather gear, basic bike repair tools (e.g., tire levers, spare tubes, tire patch kit, frame pump or air source, Phillips/flathead screwdrivers, Allen wrenches), 200 rounds of handgun ammunition, a department-issued handgun, a duty belt with a holster, 3 magazines, a baseball-style cap with a bill, wrap-around eye protection, hearing protection, body armor, and a handgun cleaning kit and lubricant.

**REGISTRATION:** <https://vistabluetraining.com/training-schedule>

*COURSE POST HOURS:  Interpersonal Studies,  Legal Studies,  Skills Development,  
 Skills Firearms,  Technical Studies,  Racial,  Implicit Bias,  De-escalation*

Vista Law Enforcement Training and Consulting, LLC is a Missouri Peace Officer Standards and Training (POST) approved provider for Continuing Law Enforcement Education (CLEE) training hours

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“Professional Law Enforcement Training and Consulting”