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## **Vista Law Enforcement Training and Consulting, LLC**

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### **Defensive Tactics: Defensive Counter Strikes and Takedowns**

Vista Law Enforcement Training and Consulting, LLC, in cooperation with **????**, has scheduled this **4-hour POST-approved training program, titled “Defensive Tactics: Defensive Counter Strikes and Takedowns.”** This training program is presented by current and retired law enforcement professionals who are experts and certified instructors in defensive tactics/ground fighting. Topics include:

- **Applicable Missouri state statutes and U.S. Supreme Court rulings regarding the use of force by law enforcement and citizens**
- **The “reasonableness” standard in the use of force by law enforcement and citizens**
- **Basic mechanics for delivering an effective punch**
- **Basic mechanics for delivering an effective elbow strike**
- **Basic mechanics for delivering an effective knee strike**
- **Basic mechanics for delivering an effective kick**
- **Subject takedown options (arm bar, single leg takedown, rear seatbelt takedown, etc.)**
- **The need to protect firearms and/or intermediate weapons during a physical encounter to prevent the individual from gaining possession or control**
- **Demonstrate, in practical training exercises, the proper utilization of these tactics and techniques**

This program is designed for all first responders and citizens to help protect themselves and/or others from death or serious physical injury with the necessary and legal force to control these types of situations. Weapon retention tactics and techniques will also be presented.

**REGISTRATION:** <https://vistabluetraining.com/training-schedule>

**COURSE POST HOURS:**    *Interpersonal Studies*,    *Legal Studies*,    *Skills Development*,  
   *Skills Firearms*,    *Technical Studies*,    *Racial*,    *Implicit Bias*,    *De-escalation*

Vista Law Enforcement Training and Consulting, LLC is a Missouri Peace Officer Standards and Training (POST) approved provider for Continuing Law Enforcement Education (CLEE) training hours

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**“Professional Law Enforcement Training and Consulting”**

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