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## Vista Law Enforcement Training and Consulting, LLC

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## **Defensive Tactics: Basic Subject Control from the Ground**

Vista Law Enforcement Training and Consulting, LLC, in cooperation with ????, has scheduled this **4-hour POST-approved training program, titled** "Defensive Tactics: Basic Subject Control from the Ground." This training program is presented by current and retired law enforcement professionals who are experts and certified instructors in defensive tactics/ground fighting. Topics include:

- Applicable Missouri State Statutes and United States Supreme rulings regarding the use of force by law enforcement and citizens
- The "reasonableness" standard in the use of force by law enforcement and citizens
- How to fall to the ground to limit injury
- The ability to recover from an unexpected fall into a face-up defensive posture
- The ability to recover to the standing position (tactical stand-up)
- Basic ground body positioning (top mount, guard, cross-body)
- Subject control when in the top mount position, inside guard position, and cross-body position
- Escapes from the bottom mount position, guard position, and from bottom cross-body position
- The need to protect firearms and/or intermediate weapons during a physical encounter to prevent the individual from gaining possession or control
- Demonstrate, in practical training exercises, the proper utilization of these tactics and techniques

This program is designed for any first responders as well as citizens to help protect themselves and/or others from death or serious physical injury with the necessary and legal force to control these types of situations. Weapon retention tactics and techniques will also be presented. Class attendees will achieve the following through class lectures, interactive discussions, and practical application in presented scenarios.

## Email <u>VISTALLC@VISTABLUETRAINING.COM</u> to register

Vista Law Enforcement Training and Consulting, LLC is a Missouri Peace Officer Standards and Training (POST) approved provider for Continuing Law Enforcement Education (CLEE) training hours