

# 4C9ers Clinics – 2022

Tuesdays from 10:00am – 11:00am

## May 24<sup>th</sup>, 2022 – Putting Techniques (Clubhouse Practice Green}

Key Tips from the clinic-

-Don't be afraid to modify your putting grip! Whatever "Takes OUT your dominate hand" and allows your shoulders to power the stroke.

-**Stabilize** your body **below** the waist and **Relax** your body **above** the waist (This will increase the likelihood of contacting the sweet spot)

-The putting stroke should never change pace, only length of stroke (i.e. Short stroke for a short putt and Long stroke for a long putt) \*\*Try and match the length of your back stroke with the length of your forward stroke.

-Establish your line first by aiming your golf ball (Using line on ball). Then solely focus on your Speed. Blending your line and your speed at impact can be difficult. *A **single** thought will always outshine multiple thoughts.*

- Reading Greens: Start reading the green "as a whole" as you approach to determine the "general slope" of the green.

1. Determine Uphill and Downhill from the side of the putt and not from behind/in front of it.

\*\*Remember! Uphill putts break less, and Downhill putts break more.

2. Determine the Left/Right break from BOTH behind the ball looking at the cup and then behind the cup looking at the ball

~Spend 50% of your practice session PUTTING~

Putting is HALF the game, right?

As always... It was a real pleasure Ladies!!!

P.S. If you share this information with others. Make sure you charge them!!!! =-)

Value- Mowed Lawn, Dishes, TV remote for a week and Laundry