

## MISSION VALLEY AQUATICS & FITNESS 2024-25 THERAPY POOL SCHEDULE

20 person capacity, ~98\* Fahrenheit, Various classes/aqua PT rehab offered

**CLOSED: DEC 21, 24, 25 & JAN 10; DEC 31 OPEN 6-11AM ONLY**

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>6 AM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public	Pool Closed	Pool Closed
<b>7 AM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public	Pool Closed	Pool Closed
<b>8 AM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public	Pool Closed	Pool Closed
<b>9 AM</b>	Aqua Therapy Closed to public	Men's Aqua Therapy Closed to public	Aqua Therapy Closed to public	Men's Aqua Therapy Closed to public	Open to Public	Pool Closed	Pool Closed
<b>10 AM</b>	Open to Public	Women's Aqua Therapy Closed to public	Open to Public	Women's Aqua Therapy Closed to public	Open to Public	Open to Public	Open to Public
<b>11 AM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public	Open to Public
<b>12 PM</b>	Open to Public	Aqua Therapy Closed to public	Open to Public	Aqua Therapy Closed to public	Open to Public	Open to Public	Open to Public
<b>1 PM</b>	Adult use only (18yrs+)	Adult use only (18yrs+)	Adult use only (18yrs+)	Adult use only (18yrs+)	Open to Public	Open to Public	Open to Public
<b>2 PM</b>	Adult use only (18yrs+)	Adult use only (18yrs+)	Adult use only (18yrs+)	Adult use only (18yrs+)	Pool Closed	Pool Closed	Pool Closed
<b>3 PM</b>	CSKT Aqua Therapy Closed to Public	Open to Public	CSKT Aqua Therapy Closed to Public	Open to Public	Pool Closed	Pool Closed	Pool Closed
<b>4 PM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Pool Closed	Pool Closed	Pool Closed
<b>5 PM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Pool Closed	Pool Closed	Pool Closed
<b>6 PM</b>	Open to Public	Open to Public	Open to Public	Open to Public	Pool Closed	Pool Closed	Pool Closed
<b>7 PM</b>	7pm close	7pm close	7pm close	7pm close	Pool Closed	Pool Closed	Pool Closed