

JULY POOL SCHEDULE

Starts Week of July 6th

<u>DAYS</u>	<u>HOURS</u>
MONDAY	6:00A – 2:00P <i>(LAP SWIM ONLY)</i>
TUESDAY	6:00A – 2:00P <i>(LAP SWIM ONLY)</i> <i>(CLOSED FOR CLEANING) 2:00P – 4:00P</i> 4:30P – 7:00P <i>(OPEN SWIM)</i>
WEDNESDAY	6:00A – 6:00P <i>(LAP SWIM ONLY) 6:00A – 2:00P</i> <i>(OPEN SWIM) 2:00P – 4:00P</i>
THURSDAY	6:00A – 2:00P <i>(LAP SWIM ONLY)</i> <i>(CLOSED FOR CLEANING) 2:00P – 4:00P</i> 4:30P – 7:00P <i>(OPEN SWIM)</i>
FRIDAY	6:00A – 2:00P <i>(LAP SWIM ONLY)</i>
SATURDAY	<i>CLOSED</i>
SUNDAY	12:00P – 4:00P <i>(OPEN SWIM)</i>

DROP IN VISITORS NOW WELCOME!

- **OPEN SWIM: OPEN POOL AREA FOR FREE STYLE SWIMMING AND PLAY**
- **LAP SWIM: OPEN LANES FOR LAP SWIMMING ONLY**
- **THERAPY POOL: MUST BE SCHEDULED AROUND CLASS TIMES AND IS FOR THERAPY USE ONLY**

JULY CLASS SCHEDULE

POOL

TIMES:	8:00A	9:00A	10:30A	12:00P	4:30P
MONDAY	AQUA-AEROBICS	AQUA THERAPY			
TUESDAY	DANCING AQUATICS	AQUA THERAPY (MENS)	AQUA THERAPY (WOMEN)	AQUA THERAPY	AQUA THERAPY
WEDNESDAY	AQUA-AEROBICS	AQUA THERAPY			
THURSDAY	DANCING AQUATICS	AQUA THERAPY (MENS)	AQUA THERAPY (WOMEN)	AQUA THERAPY	AQUA THERAPY
FRIDAY	AQUA-AEROBICS				

DRY LAND

TIMES:	7:00A	8:00A	5:30P		
MONDAY		WHATEVER IT TAKES			
TUESDAY	WORK TO PROGRESS		YOGA		
WEDNESDAY		WHATEVER IT TAKES			
THURSDAY	WORK TO PROGRESS		YOGA		
FRIDAY	KICKBOXING				