

POOL SCHEDULE

<u>DAYS</u>	<u>HOURS</u>
MONDAY	6:00A – 2:45P <i>(LAP SWIM ONLY)</i> 2:45P - 4:30P <i>(CLOSED FOR CLEANING)</i> 4:30 – 6:30 <i>(SWIM TEAM ONLY)</i>
TUESDAY	6:00A – 2:45P <i>(LAP SWIM ONLY)</i> 2:45P - 4:30P <i>(CLOSED FOR CLEANING)</i> 4:30 – 6:30 <i>(SWIM TEAM ONLY)</i> 6:00p-8:00p <i>(LAP SWIM ONLY)</i>
WEDNESDAY	6:00A – 2:45P <i>(LAP SWIM ONLY)</i> 2:45P - 4:30P <i>(CLOSED FOR CLEANING)</i> 4:30 – 6:30 <i>(SWIM TEAM ONLY)</i> 6:00p-8:00p <i>(LAP SWIM ONLY)</i>
THURSDAY	6:00A – 2:45P <i>(LAP SWIM ONLY)</i> 2:45P - 4:30P <i>(CLOSED FOR CLEANING)</i> 4:30 – 6:30 <i>(SWIM TEAM ONLY)</i> 6:00p-8:00p <i>(LAP SWIM ONLY)</i>
FRIDAY	6:00A – 2:00P <i>(LAP SWIM ONLY)</i> 2:00P - 4:30P <i>(CLOSED FOR CLEANING)</i> 4:30 – 6:30 <i>(SWIM TEAM ONLY)</i>
SATURDAY	12:00p – 5:00p CLOSED SAT. MARCH 6TH FOR SWIM MEET
SUNDAY	12:00P – 5:00P

- **LAP SWIM:** OPEN LANES FOR LAP SWIMMING ONLY
- **THERAPY POOL:** MUST BE SCHEDULED AROUND CLASS TIMES AND IS FOR THERAPY USE ONLY
- **OPEN SWIM:** AREA OPEN TO GROUP SWIMMERS
- ***CALL US TO SCHEDULE:** 406-883-4567

CLASS SCHEDULE

THERAPY POOL

TIMES:	<u>INSTRUCTOR</u>	<u>9:00A</u>	<u>INSTRUCTOR</u>	<u>10:00A</u>	<u>INSTRUCTOR</u>	<u>11:00A</u>	<u>INSTRUCTOR</u>	<u>3:30P</u>	<u>4:30p</u>
MONDAY	<u>LORI</u>	AQUA THERAPY							
TUESDAY	<u>SHARON</u>	AQUA THERAPY (MENS)	<u>SHARON</u>	AQUA THERAPY (WOMEN)	<u>SHARON</u>	AQUA THERAPY	<u>JANET</u>	AQUA THERAPY	AQUA THERAPY
WENDSDAY	<u>LORI</u>	AQUA THERAPY							
THURSDAY	<u>SHARON</u>	AQUA THERAPY (MENS)	<u>SHARON</u>	AQUA THERAPY (WOMEN)	<u>SHARON</u>	AQUA THERAPY	<u>JANET</u>	AQUA THERAPY	AQUA THERAPY

- ***CALL US TO SCHEDULE: 406-883-4567**

MAIN POOL

TIMES:	<u>INSTRUCTOR</u>	8:00A	<u>INSTRUCTOR</u>	11:15A	<u>INSTRUCTOR</u>	11:30A
MOND	<u>LORI</u>	AQUA- AEROBICS			<u>KAREN</u>	DANCING AQUATICS
TUES			<u>JANET</u>	AQUA FIT		
WEDN	<u>LORI</u>	AQUA- AEROBICS				
THURS			<u>JANET</u>	AQUA FIT		
FRID	<u>LORI</u>	AQUA- AEROBICS				

- ***CALL US TO SCHEDULE: 406-883-4567**

DRY LAND

TIMES:	<u>INSTRUCTOR</u>	<u>7:30A</u>	<u>INSTRUCTOR</u>	<u>10:00A</u>	<u>INSTRUCTOR</u>	<u>4:30P</u>	<u>INSTRUCTOR</u>	<u>5:30P</u>
MONDAY	<u>NANCY</u>	WHATEVER IT TAKES						
TUESDAY			<u>DAVID</u>	PILATES	<u>MARCIE</u>	WORK TO PROGRESS	<u>KATIE</u>	YOGA
WEDNESDAY	<u>NANCY</u>	WHATEVER IT TAKES						
THURSDAY			<u>DAVID</u>	PILATES	<u>MARCIE</u>	WORK TO PROGRESS	<u>KATIE</u>	YOGA
FRIDAY								

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